

# Opening Mantras & Closing Prayer

#### **ENGLISH WRITING:**

#### **GURU MANTRA**

Om Guru Brahma Guru Vishnu Guru Devo Maheshwaraha Guru Sakshat Parabrahmam Tasmayi Sri Guruveyna Namaha

Through the Guru Mantra you can connect to the highest consciousness. A guru is someone who removes the darkness and lets the light grow strong within you. In this tradition, the Guru Mantra establishes the connection to the guru lineage of Sri Kaleshwar and Shirdi Sai Baba through which the sacred knowledge we practice was transmitted.

#### **GANESH MANTRA**

Om Suklam Bharadharam Vishnum Sashivarnam Chatur Bhujam Prasanna Vadanam Dhiaye Sarva Vighnopa Shantaye

Ganesha, also called Vigneshwara, embodies wisdom and intelligence. He supports every new beginning and helps to remove obstacles. As a metaphor, Sri Kaleshwar uses the image of a huge elephant clearing the way through the jungle for you. You ask Ganesha for assistance if you need his blessing for success in a project, for example for a trip, building a house, a wedding, the retreat, your meditation or the beginning of a new day.

## **GAYATRI MANTRA**

Om Bhur Bhuva Svaha Tat Savitur Varenyam Bhargo Devasya Dhimahi Diyo Yo Naha Pratchodayat

The Gayatri mantra is one of the oldest mantras and is aimed at the goddess Gayatri, a feminine aspect of God. Sri Kaleshwar said, "Everyone should know the Gayatri mantra. It is a wonderful mantra in the world. This mantra is equal to the four Vedas. In nature, in spirituality, there are only the four Vedas. That is what the Indian tradition says. Whatever energy the four Vedas give into the creation of nature, the same energy can only give one mantra — the Gayatri mantra." It can remove blocks, build positive energy and support you in your meditation.

#### **CLOSING PRAYER**

Om Shanti Shanti Shanti Loka Samastha Sukhino Bhavantu Loka Samastha Sukhino Bhavantu Loka Samastha Sukhino Bhavantu Shanti Shanti Shanti-Hi

Om peace, peace, peace. May all beings in all worlds be happy.

# TELUGU & TRANSLITERATION:

#### **GURU MANTRA**

ఓం గురు బ్రహ్మా గురు విష్ణుః గురు దేవో మహేశ్వరః గురు సాక్షాత్ పర బ్రహ్మాం తస్స్మై శ్రీ గురవేన నమః

ōm guru brahmā guru viṣṇuḥ guru dēvō mahēśvaraḥ guru sākṣāt para brahmām tasmai śrī guravēna namaḥ

#### **GANESH MANTRA**

ఓం శుక్లాం బరధరం విష్ణుం శశివర్ణం చతుర్భుజం ప్రసన్న వదనం ధ్యాయే సర్వ విఘ్నాప శంతయే

ōm śuklām baradharam viṣṇum śaśivarṇam caturbhujam prasanna vadanam dhyāyē sarva vighnōpa śantayē

### **GAYATRI MANTRA**

ఓం భూర్భువః స్వాహా తత్సవితుర్వరేణ్యం భర్గో దేవస్య ధీమహి ధియో యో నః ప్రచోదయాత్

ōm bhūrbhuvaḥ svāhā tatsavitur varēṇyam bhargō dēvasya dhīmahi dhiyō yō naḥ pracōdayāt