



1. Quarterly Theme

Life Saving Rules (LSRs)

Regardless of what we call them or what icons we choose to represent them, they do the same job – they save lives!

- View an [Introduction to Life Saving Rules Podcast](#)

View each of the individual Life Saving Rules and their associated resources, alerts and moments:

- [Bypassing Safety Controls](#)
- [Driving](#)
- [Confined Space](#)
- [Working at Height](#)
- [Line of Fire](#)
- [Work Authorisation](#)
- [Safe Mechanical Lifting](#)



The remaining Life Saving Rules & the associated supporting resource packs will be released on the website within Q1.

2. Resources Published

Totally Enclosed Motor Propelled Survival Craft (TEMPSC) Familiarisation Guidance

This publication has been specifically created with the sole purpose of providing guidance on TEMPSC familiarisation for all workers offshore.





[Download here](#)



3. Upcoming Events

All events can be viewed and booked via the [EVENTS](#) section of the website

 <p>4 March</p> <p>ESR Network General update</p>	 <p>11 March</p> <p>Competence Forum Developing Core Profiles</p>	 <p>17 March</p> <p>Level 1 Awareness of First Aid for Mental Health for Energy Workers</p>	 <p>14 April</p> <p>Human Factors Available Human Factors Analysis Tools</p>
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4. Safety Alerts, Moments & HighValue Learnings

Safety Moment – Under Pressure

Based on an incident where 2 people were seriously injured when a 3.4l nitrogen cylinder was being filled to 200bar. [Download here](#)



Safety Alert – Casing stud failure on water injection pump

A stud (fastener) from the pump casing failed and was projected in the air. The system was operating at 120bar at the time. The stud landed on the deck approximately 1.4 meters away from the Operator. To find out more, [Download the alert.](#)



5. Focal Point News and Updates

Focal Point Network

The Focal Point Teams Network has now been established. The purpose is to provide additional communication links between Focal Points and Step Change in Safety whilst providing networking opportunities for Focal Points to discuss safety issues and share good practice. If you would like to be a part of the Focal Point Network, please contact aimie@stepchangeinsafety.net.

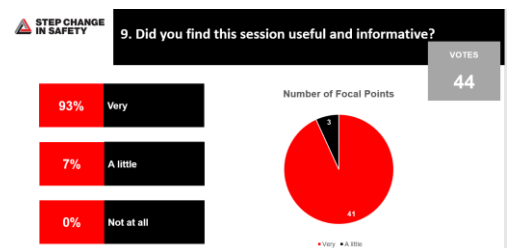


5. Focal Point News and Updates (continued)

Q1 Focal Point Engagement Sessions

All Focal Points were invited to join 1 of 2 sessions which took place 10th & 18th February. The agenda:

- The Importance of a focal point
- Focal Point Charter
- Focal Point engagement survey results
- Methods of workforce engagement (Mini poll and discussion)
- Quarterly Themes overview
- Upcoming events



The sessions were well attended with good discussions and sharing of good practice regarding methods of communicating SCIS information to the workforce.

The recordings, slide packs, 'mini poll' results and reference materials for each of the sessions can be accessed via the Focal Point Network [here](#).

Dates for the remaining quarterly sessions will be confirmed soon.

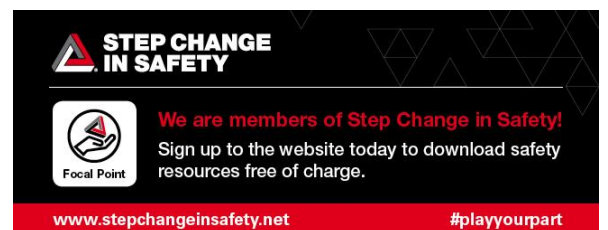
Focal Point Email Banners Available

Focal Point email banners have been created and are available for download from the Focal Point Network.

There are two versions for you to choose from:

- Full size
- Half size

Download and add to your email signature today - let the workforce know your company is a member of Step Change in Safety and that you are the Focal Point!



If you have any feedback, queries or improvement suggestions, let us know:

aimie@stepchangeinsafety.net