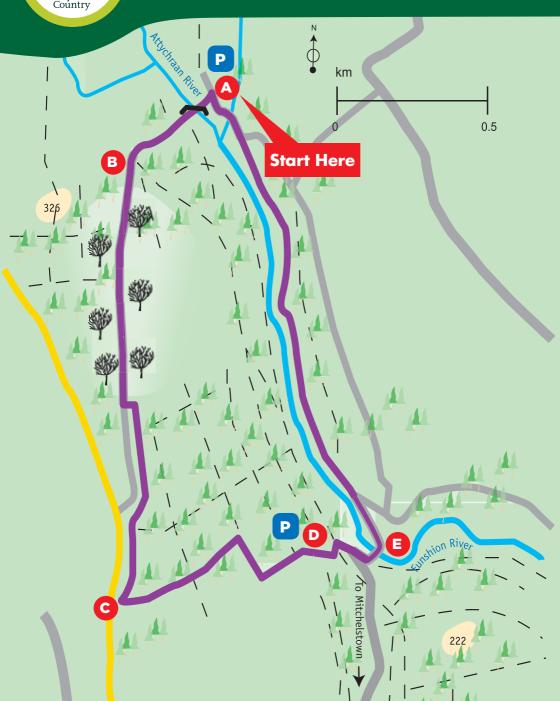


Trailhead 20 Ballyhoura Country Walks Attychraan Loop





TRAILHEAD Kings Yard, Kilbehenny, Co Limerick **SERVICES** Kilbehenny (4km), Mitchelstown (10km)

DIST / TIME 5km / 1hr 30mins - 2hrs

DIFFICULTY Easy

TERRAIN Woodland trails, sandy roadways and forest tracks

MIN. GEAR Walking boots, raingear and liquids

GPRS 5 10'39"W (Galtee Wood Car park Kilbehenny) 52 19'16"N



Attychraan Loop

Ballyhoura Country offers the visitor a wide varity of walking experiences – from exploring rivers, quiet country roads, rugged mountains, rich bogs, and mythical landscapes. Mitchelstown is the ideal base to explore the walking trails of the three counties, Limerick, Tipperary and Cork.

Galtee Castle Woods lies 10km Northeast of Mitchelstown. A local farming family have developed a trailhead at Kinas Yard which consists of toilets, shower, car park, a small coffee shop and a camping area. Sadly, there is no castle! Built in the late 1700s as a hunting lodge for the second Earl of Kingston. It was remodeled by the third Earl in the 1820s but was demolished in 1940. The stone was then used to build the Catholic Church in Glanworth. All that remains are the red sandstone stables and an outline of the tennis courts - and you will pass the remnants of a water mill which functioned as a turbine generating electricity for the castle. The loop provides spectacular views of the Galtee Mountains.

Directions

- A-B. Starting from Kings Yard walk downhill towards the river (approx. 100m) turn right and go over the style. Having crossed the stile, the loop follows a grassy path for 200m to cross the Attychraan River via a footbridge. Joining a wooded pathway the loop starts an uphill climb at the top of which it swings left and joins a 'forestry road'. Fine views of the countryside open up on your left as you travel.
- B-C. After 500m the loop leaves the forest road and enters forestry patch of beech and pine and follows a path through broadleaf woodland to reach a forest road with barrier to the right. Cross the forest road and continue along path through beech trees to farmhouse in front of you.
- C-D. Turn left here and follow path back towards Galtee Castle Wood Carpark with fine views of the Galty's on your right.
- D-E. Cross the car park and continue on the trail until you come to a fence and steps leading to the road. From here cross the road and walk towards the bridge for 50m and then turn right through a gate. There are steps on the left leading down to the river. Follows these and continue on the path which goes under the bridge. As the river marks the boundary between the counties of Limerick and Tipperary, you have now passed from one county into another.
- E-A. The loop now follows a forestry road along the east bank of the river with fine views up into the Galtee Mountains opening up. Joining a tarred road, the loop crosses a bridge over the Funshion (returning to County Limerick!) and veers left onto a winding farm road. Continue straight up the road to the farm yard.

Ballyhoura Office 063 91300, Emergency 112, Office hours Monday to Friday from 9am - 5pm Dogs must be kept on a lead at all times. www.visitballyhoura.com

















