

What's on



October 2026 – Aberdeenshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.. **Please contact your Activity Organiser in advance of attending any of the groups. – see contact details below.**

In Person Group	What's On In North Aberdeenshire	
Monday 5th	Musical Memories (Please note new time) Banff Library, High Street, Banff For people living with dementia and their carers. Sing along to some old favourites, have a chat and a coffee. If interested, please get in touch to book a space.	1.00pm-2.30pm
Tuesday 20th	Turriff Hae a News Turriff Library, Grange Villa, The Square, Turriff A social group for people living with dementia and their carers to have a blether, cuppie and join in a fun activity	11am-12.30pm
Tuesday	Fraserburgh Musical Memories & Social Group (No group this month)	
Wednesday 14th	Peterhead Dementia Café Mission Cafe, Union Street A social group for people with dementia and their carers to have a blether, cuppie and join in a fun activity	10.30am-12.00pm
Wednesday 21st	Walk & Talk @ Aden Aden Country Park, Station Rd, Mintlaw Meet in the main car park, join us for a walk round the park followed by a cuppie in the cafe	11am-12.30pm

Thursday 1st & 15th	Mintlaw Hae a News Mintlaw Library, MACBI Community Hub, Newlands Rd, Mintlaw A social group for people living with dementia and their carers to have a blether, cuppie and join in a fun activity	11am-12.30pm
Thursday 8th	Walk & Talk @ Aden Aden Country Park, Station Rd, Mintlaw Meet in the main car park, join us for a walk round the park followed by a cuppie in the cafe	11am-12.30pm
Thursday 22nd	Macduff Hae A News (Please note change of venue) Macduff Library, 17, High Street, Macduff A social group for people living with dementia and their carers to have a blether, cuppie and join in a fun activity	11am-12.30pm

In Person Group	What's On In Central Aberdeenshire	
Tuesday 6th October	Insch Social Group Bennachie Leisure Centre, Largie Rd, Insch A social group for people living with dementia and their carers to have a chat and enjoy a fun activity.	10.45-11.45 am
Tuesday 20th October	Port Elphinstone Social Group Port Elphinstone Community House, Flat 1, Pinewood House, Elphinstone Road, Inverurie. *This location may change, please get in touch, if not on mailing list for this group* A social group for people living with dementia and their carers to come along and enjoy some quality time together. Heather is on annual leave 16 th Oct – 2 nd Nov: please get in touch with Georgina during this period.	11.00 –12.00pm

Wednesday, 21 st October	Westhill Carers Support Group Westhill Library, Westhill Primary, Westhill Drive For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences.	2.00 -3.30pm
Thursday 1 st October	Oldmeldrum Social Group Meldrum Town Hall (downstairs room), The Square, Oldmeldrum Come along & enjoy a social event for people living with dementia and their carers.	1.30 – 2.30pm
Thursday 8 th & 22 nd October	Ellon Social Group The Kirk Centre, Station Road, Ellon (Upstairs – there is a lift) A social group for people living with dementia and their carers to have a blether, a cuppa and join in a fun activity. We will have Alan from the 'Memories Gazette' joining us on the 8 th to talk about local history! Heather is on annual leave 16 th Oct – 2 nd Nov: please get in touch with Georgina during this period.	2.00 -3pm
Thursday, 8 th October	Ellon Carers Support Group The Kirk Centre, Station Rd, Ellon, AB41 9AE For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences. Note: Kerry (Dementia Advisor) is on annual leave from 5 th – 15 th October, so will be unable to attend this month's meeting.	2.00 -3pm

In Person Group	What's On In South Aberdeenshire	
Monday 5 th / 12 th / 19 th & 26 th (this 8-week block ends on 2 nd November)	Visual Arts Workshop Community Education Centre, Bath Street, Stonehaven. Our Visual Arts Workshop is for people living with dementia, or experiencing difficulties with their memory, and their carers to come along and enjoy a morning of creativity and fun. This art group is run by two of our Lead Volunteers. * BOOKING IS ESSENTIAL *	11 -12.30pm

This group is paused until further notice	Portlethen Pastimes Portlethen Library, Bruntland Road, Portlethen. A social group for people living with dementia and their carers to have a chat, a cuppa and join in a fun activity. Please contact Kerry if you would be interested in attending a carers support group in Portlethen.
Tuesday 13th & 27th	Stonehaven Activities & More 10.30- 12.00pm Community Education Centre, Bath Street, Stonehaven. A social group for people living with dementia, and their carers, to meet up for some fun activities whilst enjoying a cuppa & a catch-up. Note: Tuesday 27th October, Live Music with Cate McPherson.
Tuesday 13th October	Stonehaven Carers Group 10.30 - 12.00pm Community Education Centre, Bath St, Stonehaven, AB39 2DH For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences Note: Kerry (Dementia Advisor) is on annual leave from 5th – 15th October, so will be unable to attend this month's meeting. Jeni, one of our Carer Education Facilitators, is coming along to facilitate this meeting and talk about carers education.
Tuesday 27th October	Ballater Drop-in Session 2.00 - 4.00pm Beaton Craigie Room, Victoria & Albert Halls, Station Sq, Ballater, AB35 5QB Drop-in Session open to anyone worried about their memory, people living with dementia and their loved ones and carers. If you are looking for advice and support for yourself or someone you know, please come along and meet with Kerry Canning, Dementia Advisor and Georgina Errington, Community Activities Coordinator.
Wednesday 21st	Aboyne Social Group 2.00 -3.00pm Victory Hall, Ballater Road, Aboyne AB34 5HY A social group for people living with dementia and their carers to meet up for a cuppa and a chat
Wednesday 28th October	In the Same Boat 2.00-3.30pm Stonehaven Library, Evan Street, Stonehaven, AB39 2ET Carers support group for carers who support someone with dementia living in a care home, or about to move into long term care. It's a great opportunity to access peer support, exchange stories and share information.

Thursday 1 st	Banchory Social Group (Please note new time) 1.15-2.15pm Banchory Library, Bridge Street Banchory, AB31 5SU A social group for people living with dementia and their carers to meet up for some fun activities, a cuppa & a chat.
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Online Group	What's On In Aberdeenshire	
Thursday 22 nd October	Online Carers Support Group On Teams For people who support someone with dementia, to get together online for a chat with others in the same situation, share information and experiences. Contact Kerry Canning for link to join.	11:00 -12.30pm

Contact details for groups:

Kerry Canning, Dementia Advisor (Aberdeenshire) KCanning@alzscot.org / 07795 253097	Kathy Fraser, Comm. Activities Organiser Aberdeenshire (North) kfraser@alzscot.org / 07795 391092
Heather Millar, Comm. Activities Organiser Aberdeenshire (Central) hmillar@alzscot.org / 07876 003154	Georgina Errington, Comm. Activities Organiser Aberdeenshire (South) gerrington@alzscot.org / 07825 546006

Should you no longer wish to receive Aberdeenshire What's On or updates, please call or write to:
Val Sleigh, Service Admin Coordinator - 01467-530516 or email vsleigh@alzscot.org



Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/aberdeendr>

What's on

October 2026 – Aberdeenshire



Stonehaven Community Ed Centre, Bath Street, AB39 2DH

Visual Arts Workshop

Come along and enjoy a morning of creativity and fun. Our Visual Arts Workshop is for people with dementia, or experiencing difficulties with their memory, and their carers. There is no charge for attending these workshops but people are welcome to make a donation towards teas & coffees etc.

Date & time:

8-week block, every Monday from 14th September to 2nd November 2026.
11am – 12.30pm

Location:

Stonehaven Community Education Centre, Bath Street, AB39 2DH

Contact:

For more information or to book please contact Georgina Errington, Community Activities Organiser, 07825 546 006 or gerrington@alzscot.org

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