



the best of care



First Aid for Mental Health 2 day certificated course

First Aid for Mental Health training covers a wide range of wide range of mental health conditions and the support and help provided by healthcare professionals.

On completion of this course, candidates will attain an SCQF Level 6 Award in Leading First Aid for Mental Health in Scotland award.

This will allow them to act as a designated Mental Health First Aider and provide advice and practical support to someone presenting a mental health condition.

To enquire about this course, email diane.scott@vsa.org.uk

vsa.org.uk/qualifications

