



**Alzheimer
Scotland**
Action on Dementia



North Aberdeenshire in partnership with St Modan's Care Home

Carer Support



Peer support, establish new friendships and get advice from your local Dementia Advisor. Option to bring your loved one with you to take part in an activity while you gain support – contact below for more info.

First Wednesday of the month from **6pm – 7.30pm**

Next session will be **Wednesday 2nd April 2025**

St Modan's Care Home, Fraserburgh, AB43 9TG

For more information please contact: **Laura Crockatt, Dementia Advisor – 07825242381** or email lcrockatt@alzscot.org or **Julie-Anne, Care Home Manager** on 01346 511597

Our community groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with Their memory, and their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from the community groups safely.

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