



the best of care

vsa.org.uk/carers



North Carers Café

First Wednesday of each month, 10.30 – 11.30 am
The Ban-Car Hotel, Lonmay, AB43 8RL

Unpaid carers are warmly invited to join our experienced Carer Advisors at our monthly carers cafe, where carers come together to provide support, information and advice to one another.

Our Carers Café seeks to provide a haven of hope, support and understanding. Refreshments are provided.



Contact our team today who would be happy to help with any questions...

01224 727670

carers.shire@vsa.org.uk

CARERS TRUST



Aberdeenshire
Health & Social Care
Partnership