

What's on



June 2026 – Aberdeenshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below. **Please contact your Activity Organiser in advance of attending any of the groups. – see contact details below.**

In Person Group	What's On In North Aberdeenshire	
Monday 8th	Musical Memories Banff Library, High Street, Banff For people living with dementia and their carers. Sing along to some old favourites, hear different musicians, have a chat and a coffee. If interested, please get in touch to book a space.	2.00pm- 3.30pm
Monday 15th	Walk & Talk @ Aden Aden Country Park, Station Rd, Mintlaw Meet in the main car park, join us for a walk round the park followed by a cuppie in the cafe	11am-12.30pm
Monday 29th	Banff Castle Gardening Group Banff Castle, Castle Street, Banff Come along and help to plant our raised beds ready for the spring/summer season, followed by a cuppie in the cafe.	11am-12.30pm
Tuesday 2nd	Banff Castle Gardening Group Banff Castle, Castle Street, Banff Come along and help to plant our raised beds ready for the spring/summer season, followed by a cuppie in the cafe.	11am-12.30pm
Tuesday 9th	Walk & Talk @ Aden Aden Country Park, Station Rd, Mintlaw Meet in the main car park, join us for a walk round the park followed by a cuppie in the cafe	11am-12.30pm

Tuesday 16th	Turriff Hae a News Turriff Library, Grange Villa, The Square, Turriff For people living with dementia and their carers to meet others, gain social stimulation in a dementia friendly environment	11am-12.30pm
Tuesday 30th	Fraserburgh Musical Memories & Social Group (Please note change of date) Fraserburgh Library, King Edward St Fraserburgh For people living with dementia and their carers. Sing along to some old favourites, hear different musicians, have a cuppie and a chat.	11am-12.30pm
Wednesday 10th	Peterhead Dementia Café Mission Cafe, Union Street, Peterhead For people living with dementia and their carers to meet others, have a cuppie and a blether.	10.30am- 12.00pm
Thursday 4th & 18th	Mintlaw Hae a News Mintlaw Library, MACBI Community Hub, Newlands Rd, Mintlaw For people living with dementia and their carers to meet others, gain social stimulation in a dementia friendly environment.	11am-12.30pm
Thursday	Banff Hae A News (No group this month) Banff Library, High Street, Banff For people living with dementia and their carers to meet others, gain social stimulation in a dementia friendly environment	

In Person Group What's On In Central Aberdeenshire		
Tuesday 2nd	Insch Social Group Bennachie Leisure Centre, Largie Rd, Insch A social group for people living with dementia and their carers.	10.45-11.45 am
Tuesday 9th	Kemnay Social Group Kemnay Library, Kendal Rd, Kemnay AB51 5RN A social group for people living with dementia and their carers. Come along for some coffee, chat and fun.	1.30-2.30pm

Tuesday 16th	Port Elphinstone Social Group Port Elphinstone Community House, Flat 1, Pinewood House, Elphinstone Road, Inverurie. A social group for people living with dementia and their carers to come along and enjoy some quality time together.	11.00 –12.00pm
Wednesday 3rd	Westhill Social Group Westhill Library, Westhill Primary, Westhill Drive A social group for people living with dementia and their carers to have a blether, a cuppa and some activities.	2.00 -3.00 pm
Thursday 4th	Oldmeldrum Social Group Meldrum Town Hall (downstairs room), The Square, Oldmeldrum Come along & enjoy a social event for people living with dementia and their carers.	1.30 – 2.30pm
Thursday 11th & 25th	Ellon Social Group The Kirk Centre, Station Road, Ellon (Upstairs – there is a lift) A social group for people living with dementia and their carers to have a blether, a cuppa and join in a fun activity.	2.00 -3.30pm
Thursday 11th	Ellon Carers Support Group The Kirk Centre, Station Rd, Ellon, AB41 9AE For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences.	2.00 -3.30pm

In Person Group	What's On In South Aberdeenshire	
Tuesday 2nd	Portlethen Pastimes Portlethen Library, Bruntland Road, Portlethen. A social group for people living with dementia and their carers to have a chat, a cuppa and join in a fun activity.	10.30 -11.30am
Tuesday 9th & 23rd	Stonehaven Activities & More Community Education Centre, Bath Street, Stonehaven. A social group for people living with dementia, and their carers, to meet up for some fun activities whilst enjoying a cuppa & a catch-up.	10.30 12.00pm

Tuesday 9th	Stonehaven Carers Group Community Education Centre, Bath St, Stonehaven, AB39 2DH For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences	10.30 12.00pm
Wednesday 17th	Aboyne Social Group Victory Hall, Ballater Road, Aboyne AB34 5HY A social group for people living with dementia and their carers to meet up for a cuppa and a chat	2.00 -3.00pm
Wednesday 24th	In the Same Boat Stonehaven Library, Evan Street, Stonehaven, AB39 2ET Carers support group for those carers who support someone with dementia living in a care home, or about to move into long term care. It's a great opportunity to access peer support, exchange stories and share information. Please contact Georgina if you are interested in attending.	2.00-3.30pm
Thursday 4th	Banchory Social Group Banchory Library, Bridge Street Banchory, AB31 5SU A social group for people living with dementia and their carers to meet up for some fun activities, a cuppa & a chat.	1.30-2.30pm

Contact details for groups:

<p>Kathy Fraser, Community Activities Organiser Aberdeenshire (North) kfraser@alzscot.org / 07795 391092;</p>
<p>Heather Millar, Community Activities Organiser Aberdeenshire (Central) hmillar@alzscot.org / 07876 003154</p>
<p>Georgina Errington, Community Activities Organiser Aberdeenshire (South) gerrington@alzscot.org / 07825 546006</p>



Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/aberdeendrc>

What's on



June 2026 – Aberdeenshire



Dementia Awareness Week

1-7 June 2026

From diagnosis to advanced care, support should be there at every stage.

Not just when things reach crisis point.

*Better care,
full stop.*

#DAW26

#DementiaAwareness



Scan the QR code or visit
www.alzscot.org/daw to get involved.



Alzheimer Scotland - Action on Dementia is a company limited by guarantee, registered in Scotland SC149069.
Registered office: 69 North Gyle Terrace, Edinburgh EH12 6JY.
It is recognised as a charity by the Office of the Scottish Charity Regulator SC022315.

**Should you no longer wish to receive Aberdeenshire What's On or updates, please call or write to:
Val Sleigh, Service Admin Coordinator - 01467-530516 or email vsleigh@alzscot.org**



Making sure *nobody* faces dementia alone.