

What's on



Sept 2026 – Aberdeenshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.. **Please contact your Activity Organiser in advance of attending any of the groups. – see contact details below.**

In Person Group	What's On In North Aberdeenshire	
Monday 14th	Musical Memories Banff Library, High Street, Banff For people living with dementia and their carers. Sing along to some old favourites, have a chat and a coffee. If interested, please get in touch to book a space.	2.00pm– 3.30pm
Monday 21st & 28th	Walk & Talk @ Aden Aden Country Park, Station Rd, Mintlaw Meet in the main car park, join us for a walk round the park followed by a cuppie in the cafe	11am–12.30pm
Tuesday 15th	Turriff Hae a News Turriff Library, Grange Villa, The Square, Turriff A social group for people living with dementia and their carers to have a blether, cuppie and join in a fun activity	11am–12.30pm
Tuesday 22nd	Fraserburgh Musical Memories & Social Group Fraserburgh Library, King Edward St Fraserburgh For people living with dementia and their carers. Sing along to some old favourites, have a cuppie and a chat	11am–12.30pm
Tuesday 29th	Banff Castle Gardening Group Banff Castle, Castle Street, Banff Come along and help to lift our tatties and put our garden to sleep for the wintertime, followed by a cuppie in the cafe.	11am–12.30pm

Wednesday 16th	Peterhead Dementia Café (Please note, change of date) Mission Cafe, Union Street, Peterhead A social group for people with dementia and their carers to have a blether, cuppie and join in a fun activity	10.30am– 12.00pm
Thursday 17th	Mintlaw Hae a News (Please note, no group on Thursday 3rd) Mintlaw Library, MACBI Community Hub, Newlands Rd, Mintlaw A social group for people living with dementia and their carers to have a blether, cuppie and join in a fun activity	11am–12.30pm
Thursday 24th	Banff Hae A News Banff Library, High Street, Banff A social group for people living with dementia and their carers to have a blether, cuppie and join in a fun activity	11am–12.30pm

In Person Group		What's On In Central Aberdeenshire
Tuesday 1st	Insch Social Group Bennachie Leisure Centre, Largie Rd, Insch A social group for people living with dementia and their carers.	10.45–11.45 am
Tuesday 15th	Port Elphinstone Social Group Port Elphinstone Community House, Flat 1, Pinewood House, Elphinstone Road, Inverurie. A social group for people living with dementia and their carers to come along and enjoy some quality time together.	11.00 –12.00pm
Wednesday 2nd	Westhill Social Group Westhill Library, Westhill Primary, Westhill Drive A social group for people living with dementia and their carers to have a blether, a cuppa and some activities.	2.00 -3.00 pm
Wednesday 16th	Westhill Carers Support Group Westhill Library, Westhill Primary, Westhill Drive For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences.	2.00 -3.30 pm

Thursday 3 rd	Oldmeldrum Social Group Meldrum Town Hall (downstairs room), The Square, Oldmeldrum Come along & enjoy a social event for people living with dementia and their carers.	1.30 – 2.30pm
Thursday 10 th	Ellon Social Group The Kirk Centre, Station Road, Ellon (Upstairs – there is a lift) A social group for people living with dementia and their carers to have a blether, a cuppa and join in a fun activity.	2.00 -3pm
Thursday 10 th	Ellon Carers Support Group The Kirk Centre, Station Rd, Ellon, AB41 9AE For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences.	2.00 -3pm

In Person Group	What's On In South Aberdeenshire	
Mondays Note – new block starts 14th September for 8 weeks – ends on 2nd November	Visual Arts Workshop Community Education Centre, Bath Street, Stonehaven. Our Visual Arts Workshop is for people living with dementia, or experiencing difficulties with their memory, and their carers to come along and enjoy a morning of creativity and fun. This art group is run by two of our Lead Volunteers. - BOOKING IS ESSENTIAL *	11 -12.30pm
Tuesday 1st	Portlethen Pastimes Portlethen Library, Bruntland Road, Portlethen. A social group for people living with dementia and their carers to have a chat, a cuppa and join in a fun activity.	10.30 -11.30am
Tuesday 8 th & 22 nd	Stonehaven Activities & More Community Education Centre, Bath Street, Stonehaven. A social group for people living with dementia, and their carers, to meet up for some fun activities whilst enjoying a cuppa & a catch-up. Note: Tuesday 8th September Live Music with Jack McPherson	10.30 12.00pm

Tuesday 8th	Stonehaven Carers Group Community Education Centre, Bath St, Stonehaven, AB39 2DH For people who support someone with dementia, to get together for a chat with others in the same situation, share information and experiences	10.30-12.00pm
Wednesday 16th	Aboyne Social Group Victory Hall, Ballater Road, Aboyne AB34 5HY A social group for people living with dementia and their carers to meet up for a cuppa and a chat	2.00-3.00pm
Wednesday 30th	In the Same Boat Stonehaven Library, Evan Street, Stonehaven, AB39 2ET Carers support group for carers who support someone with dementia living in a care home, or about to move into long term care. It's a great opportunity to access peer support, exchange stories and share information.	2.00-3.30pm
Thursday 3rd	Banchory Social Group Banchory Library, Bridge Street Banchory, AB31 5SU A social group for people living with dementia and their carers to meet up for some fun activities, a cuppa & a chat.	1.30-2.30pm

Contact details for groups:

Kerry Canning, Dementia Advisor (Aberdeenshire) KCanning@alzscot.org / 07795 253097	Kathy Fraser, Comm. Activities Organiser Aberdeenshire (North) kfraser@alzscot.org / 07795 391092
Heather Millar, Comm. Activities Organiser Aberdeenshire (Central) hmillar@alzscot.org / 07876 003154	Georgina Errington, Comm. Activities Organiser Aberdeenshire (South) gerrington@alzscot.org / 07825 546006



Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/aberdeendrc>

What's on



Sept 2026 – Aberdeenshire

Alzheimer Scotland Annual Conference 2026

Our Annual Conference will be held on **Friday 18 September at the Edinburgh International Conference Centre (EICC)**. Our conference is a wonderful opportunity for people from the dementia community to come together and hear from a range of speakers, meet up with friends and visit our exhibitor's space. As always, tickets for people with dementia and carers are free – please email conference@alzscot.org for more information about free tickets. For everyone else, tickets are available to buy at Eventbrite at <https://www.alzscot.org/events/conference/>

Aberdeen Memory Walk

Join us for a gentle 5k walk around the athletics track at Aberdeen Sports Village while raising vital funds for people living with dementia.

- Date: 20 September 2026
- Location: Aberdeen Sports Village, Linksfield Rd, Aberdeen AB24 5RU

Adult tickets are £10. Children's tickets are free – children must be registered for a ticket to take part in the walk and must be accompanied by an adult.

Please note, only guidance dogs are permitted on this walk.

We can't wait to see you there!

Register here: <https://memorywalk.alzscot.org/event-info-aberdeen>. Any questions, please contact: **01224 644077** or aberdeencityservices@alzscot.org



Stonehaven Community Ed Centre, Bath Street, AB39 2DH

Visual Arts Workshop

Come along and enjoy a morning of creativity and fun. Our Visual Arts Workshop is for people with dementia, or experiencing difficulties with their memory, and their carers. There is no charge for attending these workshops but people are welcome to make a donation towards teas & coffees etc.

Date & time:

8-week block, every Monday from 14th September to 2nd November 2026,
11am – 12.30pm

Location:

Stonehaven Community Education Centre, Bath Street, AB39 2DH

Contact:

For more information or to book please contact Georgina Errington, Community Activities Organiser, 07825 546 006 or gerrington@alzscot.org

Our community groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with Their memory, and their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from the community groups safely.

Alzheimer Scotland – Action on Dementia is a company limited by guarantee, registered in Scotland SC149069
Registered office: 69 North Gyle Terrace, Edinburgh EH12 8JY.
It is recognised as a charity by the Office of the Scottish Charity Regulator SC022315



Should you no longer wish to receive Aberdeenshire What's On or updates, please call or write to:
Val Sleigh, Service Admin Coordinator - 01467-530516 or email vsleigh@alzscot.org

