



the best of care



Trauma Skilled Practice

Trauma-Informed/Skilled Practice is a strengths-based approach, which seeks to understand and respond to the impact of trauma on people's lives by emphasising physical, psychological, emotional, social safety and wellbeing for all, with a view to empowering people to re-establish control of their lives.

It draws on information incorporating knowledge from attachment, child development and cognitive memory.

Length: 3 hours

Cost: £60

To enquire about this course, email training@vsa.org.uk

vsa.org.uk/qualifications

