

Aberdeenshire Carers Service

Carer's Rights Pop-Ups

Visit our forthcoming Carer's Rights Pop-Ups across the region!

These events provide a great opportunity for Carers to come along and find out about their rights, along with Hospital Discharge, Adult Carer Support Plans, Adult Carer Strategy and where we can signpost to. Young Carers information will also be available to access.

North

- **Thursday 9th July (11am-3.30pm)**
Wild About Aden, Aden Country Park

Central

- **Friday 24th July (10am-4pm)**
Aberdeen Royal Infirmary, Main Foyer Yellow Zone
- **Monday 27th July (10am- 12noon)**
ASDA, Steven Road Huntly

South

- **Thursday 9th July (10am-12noon)**
Aboyne Health Centre, Bellwood Road Aboyne

We look forward to seeing you all there - visit vsa.org.uk/carers for more details.

Contact our team today who would be happy to help with any questions...
01224 727670
carers.shire@vsa.org.uk