

CONTACT US.

✉ gram.centralpublichealth@nhs.scot

🌐 https://www.foodstandards.gov.scot/sites/default/files/migration/downloads/Eatwell_Guide

📍 local guide to find your nearest Food support



HELPING YOU MAINTAIN A BALANCED DIET WHILE TACKLING FOOD WASTE

About

Information in this leaflet has been provided by the Garioch Food Provision group. They are a local partnership group which works to make healthy food more accessible. Reducing food insecurity and raise waste awareness.

“Offering local food & support Information in your community, when you need it”.

GARIOCH FOOD PROVISION



LOCAL FOOD SUPPORT INVERURIE, WESTHILL, KEMNAY & INSCH AREAS



gram.centralpublichealth@nhs.scot

INVERURIE

Aberdeenshire North Foodbank
c/o St Andrews Church, High Street Inverurie
• Times: Monday and Friday, 11.00am - 1.00pm
Requires a referral, Citizens Advice or relevant departments within the Local Authority”.

Garioch Community Kitchen
• Cooking Skills Courses & Classes for all ages
• Meal Kit Collections
• No referral required
• See website for details: gariochcommunitykitchen.org

Store House Pantry, Catalyst Vinyard Church, Inverurie
• Mobile Pantry/trailer
• Every 1st Saturday of the Month
Catalyst Vinyard Church, Inverurie
Visits: Kintore 09.30 am; Kemnay 10.30 am and Meldrum 11.30
Every Sunday 9.45 am Inverurie
No referral/no fees/no Registration

Inverurie Community Partnership (ICP)
3 High street Inverurie
Mon, Tue 10.30am-3pm; Thu, Fridays 10.30am - 12.30pm
No Referral necessary

Port Elphinstone Community House (PECH)
• Food Hub
Residents of Port elphinstone & general public
Mon 9.30-11.30, Thu 11.30-1.30, Fri 1.30-3.30

Grampian Opportunities
• Food items and sanitary products
• anyone on Garioch region
Mon-Fri 10am-3pm
No Referral necessary

Kellands Primary School /Nursery Strathburn Primary & Port Elphinstone Primary
Food available at the front entrance of the school for all Parents
Mon-Fri 9am-3.30
No Referral necessary-During school opening times only
From PECH via Fareshare & Co-op

Co-op
Surplus Redistribution: Co-op stores in the area use the “Caboodle” system to donate edible surplus food at the end of each day to local, registered community groups

KEMNAY

Alehousewells Nursery School
See website
9am-3pm
No Referral necessary
Alehousewells School in Kemnay features a FareShare food collection point that operates as a community food share, often located in the undercover area outside the school playground.

Kemnay Parish Church
Church Centre
Tue- Fri 10am-4pm
No Referral necessary
Fareshare

Littlewood Court
Food hub
Station road Kemnay
No referral necessary-for residents at sheltered Housing.
Fareshare

Lend a hand Kemnay
• Food parcels and Sanitary products
Kemnay & surrounding areas
In person on Thursday and Delivery on Friday

Kemnay Primary School Nursery
Food and sanitary products
Kemnay
School time 9am-3pm
No Referral necessary
Fareshare Hub

WESTHILL & INSCH

Westhill Community Church
Foodbank Team, Westhill Community church
• Food items, toiletries & cleaning materials
Westhill Community
Mon-Fri by appointment by contacting our Foodbank team.
No referral necessary

Insch-Leslie-Premnay-Oyne Parish Church

No Food Bank/Larder at our premises now
Emergency provisions can be accessed by contacting:
Diane McCallum Tel: 07828 456651 or email:
ruach71@btinternet.com
Rev. Ian Manson, email:
IManson@churchofscotland.org.uk

“If you would like your Food services to be added to this leaflet for Garioch food provision please email your information below.”

Email address:
gram.centralpublichealth@nhs.scot

If you are worried about money



Scan the QR code for information on mental health support and the interactive version of this leaflet or visit: www.worryingaboumoney.co.uk/aberdeenshire

<https://www.gov.scot/publications/cash-first-towards-ending-need-food-banks-scotland/>

“Providing healthy choices at your doorstep”.

