



VSA

the best of care

vsa.org.uk

VSA Aberdeenshire Carers Service

carers.shire@vsa.org.uk

01224 727670

**CARERS
TRUST**



Aberdeenshire
Health & Social Care
Partnership

Do you look after someone?

If you provide unpaid support to a relative, friend or neighbour who could not manage to live independently without your support, then **you are a carer.**

VSA's Aberdeenshire carers service, supports adults, children, and young people who care for someone living in Aberdeenshire.

The advantage of our information and support is that we are a locally based organisation. We have an in-depth understanding of the people of Aberdeenshire and take a localised approach to all our information and carers services.

We are also network partners with the National Carers Organisations, Carers Trust and Coalition of Carers which keeps us briefed on all matters relating to unpaid carers.

VSA's Aberdeenshire Carers Service provides...

- Confidential advice, support and information on a wide range of topics
 - Access to charitable grants
 - Support groups for carers
- Access to training and learning opportunities
- Signposting to other organisations
- Adult Carers Support Plans / Young Carer Statements

Scan the QR code for further details!



Contact our team today who would be happy to help with any questions...



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