

VSA

the best of care

vsa.org.uk



VSA Aberdeenshire Carers Service

carers.shire@vsa.org.uk

01224 727670

**CARERS
TRUST**



Aberdeenshire
Health & Social Care
Partnership

Are you an unpaid Male Carer?

Our registered unpaid male carer group meets on the last Tuesday of every month in various locations over North, Central and South Aberdeenshire.

We engage with local activities and organisations to allow a break from your caring role and socialise with other male carers.

This is also a great opportunity to try new activities and hobbies as well as have a bit of fun!

Contact our team today who would be happy to help with any questions...

 01224 727670

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Scan the QR code for further details!

