

NOVEMBER 13TH 2020

## What will your Random act of kindness be?

HERE ARE SOME EXAMPLES...



PAYING FOR  
SOMEONES COFFEE



ORDERING FLOWERS  
FOR A FRIEND OR  
FAMILY MEMBER



ALLOWING SOMEONE TO  
GO IN FRONT OF YOU IN  
THE SUPERMARKET QUEUE



SEND A MESSAGE TO  
SOMEONE YOU'VE  
LOST TOUCH WITH

YOU MAY ALSO WISH TO DONATE AND HELP VSA CHANGE  
THE LIVES OF VULNERABLE CHILDREN AND ADULTS

Scan here  
to donate:



SHARE YOUR RANDOM  
ACT OF KINDNESS WITH US!



VSA Aberdeen



@SupportVSA