



**BISHOP  
GROSSESTE  
UNIVERSITY**

**Programme Area: Education, Health and Lifelong  
Learning**

**BA (Hons) Psychology and Sport**

**Programme Specification**

This document provides a concise summary of the main features of the course(s) & associated award(s) offered through this Programme Specification and includes the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if they take full advantage of the learning opportunities provided. More detailed information on the learning outcomes, curriculum content, teaching/learning, assessment methods for each module and on the Programme's relationship to QAA Subject Benchmark Statements may be found in the dedicated student handbook for the Programme. The accuracy of the information in this document is reviewed periodically by the University and may be subject to review by the Quality Assurance Agency for Higher Education or by other national bodies.

## Versioning of Programme Specification

*This programme specification is valid for the period of approval confirmed at the time of the approval/last review event and relates to provision approved at that point. Programme specifications may be updated during the period of approval to include modifications approved through the University's quality assurance processes.*

*This version provides a description of the programme as approved for the academic session(s) indicated in section 3 of the following table.*

<b>1</b>	<b>BGU approval – date and outcome of last approval</b>	<b>28 March 2022</b> Amended September 2025
<b>2</b>	<b>Next Scheduled Review Date: [Month/Year]</b>	March 2028 <b>Foundation Degree &amp; Combined Honours</b> Curriculum specifically attached to this programme specification will be reviewed at the same time.
<b>3</b>	<b>Programme Specification - Effective date: [Day/Month/Year]</b>	BA (Hons) Psychology and Sports: 01 September 2023
<b>4</b>	<b>Version Number</b>	1.1

## Modifications to Programme Specification

*Modifications to the programme specification since approval/ last review, and the cohort(s) of students affected by the change, are listed in Section H (Log of Modifications) at the back of the document.*

## Cross Referencing of Programme/Module Specifications

*Modifications to any elements of Module Specifications attached to this Programme will be updated and then changes made to this document to reflect that. On each Module Spec the Programmes it relates to are clearly indicated for cross referencing.*



# Programme Specification

**The information in this document is organised into the following sections:**

Section A – Administrative and Regulatory Information

Section B – Outcomes

Section C – Structure

Section D – Teaching, Learning and Assessment

Section E – Programme Management

Section F – Mapping

Section G – Graduate Attributes

Section H – Log of Modifications

## SECTION A – ADMINISTRATIVE AND REGULATORY INFORMATION

<b>1</b>	<b>Programme Specification Title</b>
	BA (Hons) Psychology and Sport
<b>1a</b>	<b>Programme Code</b>
	BAPSSP01F22
<b>2</b>	<b>Brief Summary (for Marketing Purposes)</b>
	<p>The BA (Hons) Psychology &amp; Sport joint programme provides students the opportunity to engage in study that offers a balanced range of modules from both disciplines. In undertaking a joint programme, students can develop in-depth knowledge and understanding which reflects their passion and interests in the chosen subjects. The combination of the two subjects offers students the opportunity to apply psychological knowledge to wider sport, exercise and educational settings. The joint honours degree may expand career options and lead to a broader range of transferable skills.</p> <p>Teaching and learning on the programme are research-led and informed, enabling students to develop transferrable skills in data management and analysis using a wide range of both quantitative and qualitative methods. Students work with a research-active, expert team and are introduced to the relevance and practical applications of psychological and educational knowledge through research opportunities. Students will engage in a diverse range of assessments to demonstrate their learning.</p> <p>The specific psychology modules studied on the BA (Hons) Psychology and Sport offers students on this programme eligibility for the <i>Graduate Basis for Chartership</i> with The British Psychological Society (BPS). Students will be immersed within a contemporary curriculum based on innovative research.</p> <p>The Sport joint programme provides a thorough grounding in physical education, sports development, health and fitness, and coaching. It will develop a deep and broad academic, critical and reflective knowledge and understanding of the physiological, psychological, sociological features of sport and physical education. Students will receive the chance to work with a wide variety of organisations through our links with industry and the opportunity to develop projects and expertise in areas that you are interested in. You will acquire and be able to apply a range of generic and transferable intellectual, research, practical and professional skills appropriate to an undergraduate programme and applicable to a wide range of career choices. Modules are contemporary in nature and tackle key issues facing sport, coaching and physical education. Modules are taught and assessed using a variety of active learning techniques where you are encouraged to take charge of your own learning through engaging with academic knowledge and research,</p>

tutors, external organisations, and your peers. You will have the opportunity to undertake a work placement in the second year of the programme.

The distinctiveness of the programme is grounded in the following:

- A focus on sport and physical education in the community;
- Extensive links with local partners;
- A consistent applied approach;
- A strong community facing, cross-cultural 'real world' focus;
- A practitioner/researcher identity for students.

<b>3</b>	<b>Awarding institution</b>	Bishop Grosseteste University		
<b>3a</b>	<b>Programme Length</b>	<b>Full-Time</b> 3		
<b>3b</b>	<b>Mode(s) of Study</b>	Full-time		
<b>4</b>	<b>Home Academic Programme Portfolio</b>	Education, Health and Lifelong Learning		
<b>5</b>	<b>HECoS/UTT/UCAS code(s)</b>	<b>HECoS/CAH2</b>  100493 CAH04-01-02 (Applied psychology)  100433 CAH03-02-01 (Sport)	<b>ITT</b>	<b>UCAS code</b> <b>CC86</b>
<b>6</b>	<b>Framework for HE Qualifications position of final award(s)</b>	Certificate (Level 4) Diploma (Level 5) Honours (Level 6)		
<b>7</b>	<b>Alignment with University Credit Framework</b>	Foundation* Undergraduate*		
<b>8</b>	<b>Compliance with University Assessment Regulations</b>	Academic Regulations Governing Taught Qualifications		
<b>9</b>	<b>Progression routes with Foundation Degree (FdA) or Top-up</b>	n/a		

## Awards

<b>10</b>	<b>Final Award title</b>	BA (Hons) Psychology & Sport
<b>10a</b>	<b>Exit or Fall back Award title(s)</b>	CertHE Psychology & Sport DipHE Psychology & Sport BA Psychology & Sport
<b>10b</b>	<b>Pathway</b>	n/a
<b>11</b>	<b>(i) Combined Honours Awards available eg:</b> <ul style="list-style-type: none"><li>• BSc/BA (Hons) XX</li><li>• BSc/BA (Hons) XX and YY</li></ul>	n/a

## Arrangements with Partners

<b>12</b>	<b>Approved Collaborative partner(s)</b>	Partner Name	Type of Collaborative Partnership
			n/a
<b>13</b>	<b>Articulation Arrangements with Partners</b>	Partner Name	Details of Arrangements
			n/a

## Professional, Statutory and Regulatory Bodies

<b>14</b>	<b>PSRB(s) associated with final award of any route within the programme specification</b>	British Psychological Society (BPS) Standards for the accreditation of undergraduate, conversion and integrated master's programmes in Psychology (2019).
<b>15</b>	<b>Date and outcome of last PSRB approval/accreditation</b>	2015 Successful
<b>16</b>	<b>Expiry Date of PSRB approval</b>	2019/2020

## SECTION B - OUTCOMES

17	<b>QAA Benchmark Statements</b>
The joint degree is aligned with the QAA level descriptors for Level 6 Undergraduate Degrees (QAA, 2018) and QAA Subject Benchmark statements for Psychology (QAA, 2019) and Sport (QAA, 2019).	
18	<b>Programme Aim</b>
<p><b>The aims of the BA (Hons) Psychology and Sport are listed to:</b></p> <ul style="list-style-type: none"> <li>provide students with a comprehensive and critical understanding of the scope of both of the disciplines through active learning experiences that allow them to understand the ways that psychological and the academic disciplines that underpin physical education, sports development, health and fitness and coaching theory and how these concepts are applied in practice;</li> <li>provide students with extensive research training that develops psychological and sport science research skills which, in turn, allows them to undertake their own research;</li> <li>allow students to follow programmes of study that enable them to study aspects of psychology and sports development, issues and research that inform physical education, sports development, health and fitness and coaching in the UK in more detail and to develop expertise based on their interests;</li> <li>enable students to develop a range of transferable skills (cognitive and intellectual, and generic and key skills) that will equip them to function effectively in contemporary study and work environments, and which will also provide the basis for continuing personal development in line with the BGU Graduate attributes.</li> <li>prepare students for further postgraduate study generally but specifically: <ul style="list-style-type: none"> <li>For psychology to pursue careers as academic or practitioner psychologists (via their BPS eligibility status)</li> <li>For sport to prepare students for effective employment or future study by developing graduate attributes including problem solving, research skills, inter-personal skills, global citizenship (diversity &amp; sustainability), flexibility and adaptability (life-long learning), effective communication and creativity &amp; innovation.</li> </ul> </li> </ul>	
19	<b>Programme Specific Outcomes</b>
<p><b>(a) <u>Final Award Learning Outcomes</u></b></p> <p>On successful completion of <b>BA (Hons) Psychology &amp; Sport</b>, students will be able to:</p> <p><b>Knowledge &amp; Understanding (K&amp;U) Psychology</b></p> <p><b>KU1</b> Demonstrate a comprehensive, sophisticated, and critical knowledge and understanding of the six topic areas and the two, core compulsory elements of Psychology, as prescribed by the British Psychological Society (BPS), Partnership &amp; Accreditation Committee (PAC).</p> <p><b>KU2</b> Articulate the scope of psychology as a discipline from both an historical and a contemporary perspective, and to select appropriate sources to discuss issues at the forefront of the discipline.</p> <p><b>KU3</b> Demonstrate a balanced, in-depth, and critical understanding of the relationship between theory and method in the discipline of Psychology.</p>	

**KU4** Apply psychological knowledge and recognise the major intra-disciplinary boundaries and divisions.

### **Knowledge & Understanding (K&U) Sport**

**K&U1** Demonstrate a systematic, coherent, detailed and confident conceptual understanding of the different contexts in which Sport, Physical Education and Coaching take place and the effects they have on social, economic and cultural factors;

**K&U2** Critically review, consolidate and extend an extensive, systematic and coherent body of knowledge related to contemporary practice in a wide range of sport, physical education and coaching settings;

**K&U3** Demonstrate a confident, balanced and in-depth understanding of the nature and processes of learning in sport, physical education, and coaching exploring key paradigms and their impact on participation, practice and performance in diverse populations.

### **Subject Specific Skills (SPS) Psychology**

**SPS1** Formulate sophisticated and advanced arguments through critical learning and research in a range of psychological contexts.

**SPS2** Evaluate critically and objectively the significance and validity of established evidence and, where appropriate, make clear their own theoretical orientation.

**SPS3** Act with autonomy and independence in undertaking psychological research and critically evaluating primary and secondary evidence.

**SPS4** Demonstrate comprehensive and detailed awareness of personal responsibility and effectively apply appropriate ethical codes of conduct in psychology projects.

**SPS5** Identify and deploy accurately established analytic techniques to empirical data, interpret outputs and present findings in an intelligible format.

### **Subject Specific Skills (SPS) Sport**

**SPS1** Demonstrate initiative and personal responsibility both independently and collaboratively as part of a team;

**SPS2** Communicate with and present articulately and appropriately to a range of audiences in a variety of ways;

**SPS3** Exercise decision making in complex and unpredictable contexts;

**SPS4** Demonstrate a perceptive and critical awareness of personal responsibility and professional codes of conduct and demonstrate the learning ability needed to undertake appropriate further training of a professional or equivalent nature.

### **Intellectual Skills (IS) Psychology**

**IS1** Articulate critical arguments on specialist and complex subject matter adopting and defending an evidence-based position.

**IS2** Abstract, synthesize and analyse secondary and primary sources.

**IS3** Apply specialist knowledge to frame and solve problems of a predictable, unpredictable, and complex nature.

### Intellectual Skills (IS) Sport

**IS1** Critically evaluate arguments, assumptions, abstract concepts and data (that may be incomplete), on specialist and complex subject matter, adopting and defending an evidence-based personal position;

**IS2** Demonstrate the ability to manage their own learning, and to make use of scholarly reviews and primary sources (for example, refereed research articles and/or original materials appropriate to the discipline);

**IS3** Apply the methods and techniques that they have learned to review, consolidate, extend and apply their knowledge and understanding, and to initiate and carry out projects with the incorporation of an appropriate ethical dimension;

**IS4** Comprehend the contested and pluralistic nature of their specialist areas of study.

### Transferable Skills (TS) Psychology

**TS1** Demonstrate effective time and resource management in relation to their own learning, be able to reflect upon and evaluate their own learning and be able to work with minimum guidance.

**TS2** Demonstrate a wide range of effective oral, written and presentation skills for a number of specialist and non-specialist audiences.

**TS3** Confidently and correctly use a range of software applications both discipline-based and generic IT packages.

**TS4** Plan and manage their own time effectively in order to achieve objectives and meet deadlines, either independently or as part of a team.

**TS5** Articulate and reflect on their own learning and skills development in order to construct effective and evidence-based applications for employment or further study.

### Transferable Skills (TS) Sport

**TS1** Develop a range of employability skills appropriate to the subject area;

**TS2** Demonstrate a wide range of effective oral, written and presentation skills for a number of audiences;

**TS3** Be able to use and apply a wide range of information and communications technology and other learning and communications resources;

**TS4** Plan and manage their own learning effectively in order to achieve objectives and meet deadlines, either independently or as part of a team.

<b>20</b>	<b>Exit Award Learning Outcomes</b>
On successful completion of a Level 4 CertHE Psychology & Sport, students will be able to:	
<b><u>K&amp;Ua Psychology</u></b>	
<p><b>KU1a</b> Demonstrate an initial knowledge and understanding of the six topic areas and the two, core compulsory elements of Psychology as prescribed by the British Psychological Society (BPS), Partnership &amp; Accreditation Committee (PAC).</p> <p><b>KU2a</b> Describe the scope of psychology as a discipline from an historical and a contemporary perspective, and with guidance select appropriate sources to discuss issues at the forefront of the discipline.</p> <p><b>KU3a</b> Demonstrate an understanding of key theories and methods in the discipline of Psychology.</p> <p><b>KU4a</b> Begin to demonstrate psychological knowledge and recognise the major intra-disciplinary boundaries and divisions.</p>	
<b><u>K&amp;Ua Sport</u></b>	
<p><b>K&amp;U1a</b> Develop an understanding of the different contexts in which Sport, Physical Education and Coaching take place and the effects they have on social and cultural factors;</p> <p><b>K&amp;U2a</b> Review a body of knowledge related to contemporary practice in a range of sport, physical education and coaching settings;</p> <p><b>K&amp;U3a</b> Develop a balanced understanding of the nature and processes of learning in sport, physical education, and coaching.</p>	
<b><u>SPSa Psychology</u></b>	
<p><b>SPS1a</b> Formulate arguments through guided reading and research in a range of psychological contexts.</p> <p><b>SPS2a</b> Describe the significance and validity of established evidence and, where appropriate, begin to engage with different theoretical orientations.</p> <p><b>SPS3a</b> Undertake psychological research and evaluate primary and secondary evidence with guidance and direction.</p> <p><b>SPS4a</b> Demonstrate an awareness of personal responsibility and describe appropriate ethical codes of conduct in psychology projects.</p> <p><b>SPS5a</b> Demonstrate an introductory knowledge of established analytic techniques to identify empirical data, interpret outputs and present findings in an intelligible format according to guidance.</p>	
<b><u>SPSa Sport</u></b>	
<p><b>SPS1a</b> Develop initiative and personal responsibility both independently and collaboratively as part of a team;</p>	

**SPS2a** Communicate with and present appropriately in a variety of ways;

**SPS3a** Exercise decision making in unpredictable contexts;

**SPS4a** Develop an awareness of personal responsibility and professional codes of conduct.

### **ISa Psychology**

**IS1a** Begin to develop sound arguments on specialist subject matter adopting an evidence-based position.

**IS2a** Articulate an understanding of the difference between secondary and primary sources.

**IS3a** With guidance, begin to apply specialist knowledge to frame and solve problems of a predictable, unpredictable and complex nature.

### **ISa Sport**

**IS1a** Integrate ideas and evidence to present arguments;

**IS2a** Develop the ability to manage their own learning, and to make use of scholarly reviews and primary sources (for example, refereed research articles and/or original materials appropriate to the discipline);

**IS3a** Make use of the methods and techniques that they have learned to carry out projects with the incorporation of an appropriate ethical dimension;

**IS4a** Comprehend the contested and pluralistic nature of their specialist areas of study.

### **TSa Psychology**

**TS1a** Articulate the importance of effective time and resource management in relation to their own learning, be able to reflect upon their own learning and be able to work with guidance.

**TS2a** Demonstrate a range of oral, written and presentation skills for a specialist audience.

**TS3a** Correctly use a range of software applications, selecting both discipline-based and generic IT packages with guidance.

**TS4a** Plan and manage their own time in order to achieve objectives and meet deadlines, either independently or as part of a team.

**TS5a** Audit their own learning and skills development with guidance and identify areas for further development.

### **TSa Sport**

**TS1a** Develop employability skills appropriate to the subject area;

**TS2a** Develop a range of effective oral, written and presentation skills for a number of audiences;

**TS3a** Be able to use a range of information and communications technology and other learning and

communications resources;

**TS4a** Plan and manage their own learning effectively in order to achieve objectives and meet deadlines, either independently or as part of a team.

On successful completion of a Level 5 DipHE Psychology and Education Studies students will be able to:

### **K&Ub Psychology**

**KU1b** Demonstrate a critical knowledge and understanding of the six topic areas and the two, core compulsory elements of Psychology as prescribed by the British Psychological Society (BPS), Partnership & Accreditation Committee (PAC).

**KU2b** Articulate the breadth of particular disciplines in psychology from both an historical and a contemporary perspective and select appropriate sources to discuss issues at the forefront of the discipline.

**KU3b** Demonstrate a critical understanding of the relationship between theory and method in the discipline of Psychology.

**KU4b** Apply psychological knowledge with guidance and recognise the major intra-disciplinary boundaries and divisions.

### **K&Ub Sport**

**K&U1b** Develop a coherent, detailed and conceptual understanding of the different contexts in which Sport, Physical Education and Coaching take place and the effects they have on social, economic and cultural factors;

**K&U2b** Review and extend a systematic and coherent body of knowledge related to contemporary practice in a range of sport, physical education and coaching settings;

**K&U3b** Develop a balanced understanding of the nature and processes of learning in sport, physical education, and coaching exploring key paradigms and their impact on participation, practice and performance in diverse populations.

### **SPSb Psychology**

**SPS1b** Formulate sophisticated arguments through critical learning and research in a range of psychological contexts.

**SPS2b** Evaluate the significance and validity of established evidence and, where appropriate, consider their own theoretical orientation.

**SPS3b** Act with some autonomy and independence in undertaking psychological research and critically evaluating primary and secondary evidence.

**SPS4b** Demonstrate a detailed awareness of personal responsibility, and effectively apply appropriate ethical codes of conduct in psychology projects.

**SPS5b** Identify and deploy accurately established analytic techniques to identify empirical data, interpret outputs and present findings in an intelligible format with limited guidance.

### **SPSb Sport**

**SPS1b** Develop initiative and personal responsibility both independently and collaboratively as part of a team;

**SPS2b** Communicate with and present appropriately to a range of audiences in a variety of ways;

**SPS3b** Exercise decision making in complex and unpredictable contexts;

**SPS4b** Develop a perceptive awareness of personal responsibility and professional codes of conduct.

### **ISb Psychology**

**IS1b** Articulate arguments on specialist and complex subject matter adopting and defending an evidence-based position.

**IS2b** Abstract and analyse secondary and primary sources.

**IS3b** Apply specialist knowledge to frame and solve problems of a predictable, unpredictable and complex nature with limited guidance.

### **ISb Sport**

**IS1b** Select and integrate ideas and evidence to develop arguments.

**IS2b** Demonstrate the ability to manage their own learning, and to make use of scholarly reviews and primary sources (for example, refereed research articles and/or original materials appropriate to the discipline);

**IS3b** Apply the methods and techniques that they have learned to review, consolidate, and apply their knowledge and understanding, and to initiate and carry out projects with the incorporation of an appropriate ethical dimension;

**IS4b** Comprehend the contested and pluralistic nature of their specialist areas of study.

### **TSb Psychology**

**TS1b** Demonstrate time and resource management in relation to their own learning, be able to reflect upon and evaluate their own learning and be able to work with limited guidance.

**TS2b** Demonstrate a wide range of oral, written and presentation skills for a number of specialist and non-specialist audiences.

**TS3b** Correctly use a range of software applications, selecting both discipline-based and generic IT packages with limited guidance.

**TS4b** Plan and manage their own time with some guidance in order to achieve objectives and meet deadlines, either independently or as part of a team.

**TS5b** Articulate their own learning and skills development in order to develop a reflective and evidence based skills audit.

**TSb Sport**

**TS1b** Develop a range of employability skills appropriate to the subject area;

**TS2b** Develop a wide range of effective oral, written and presentation skills for a number of audiences;

**TS3b** Be able to use a wide range of information and communications technology and other learning and communications resources;

**TS4b** Plan and manage their own learning effectively in order to achieve objectives and meet deadlines, either independently or as part of a team.

***In order to qualify for an Ordinary Degree (Level 6):***

- *The student must meet the requirements as laid down in the [Regulations for Undergraduate Awards](#) (which is available from the University Website).*

## SECTION C – STRUCTURE

<b>21a</b>	<b>Structures, modes of delivery (e.g., FT/PT etc), levels, credits, awards, curriculum map of all modules (identifying core/option status, credits, pre or co-requisites) potential entry/exit points and progression/award requirements</b>
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### Level 4 – 120 credits

<b>Level 4</b>	Semester 1	PSY40622 Introduction to Psychology across the lifespan 15c	PSY40522 Researching Psychology, I 30c	SPO40122 Introduction to Sport and Physical Education 30 Credits
	Semester 2	PSY40822 Conceptual and Historical issues in Psychology (CHiP) 15c		SPO40322 Young People and Physical Activity 30 Credits

### Level 5 – 120 credits

<b>Level 5</b>	Semester 1	PSY50722 Social Psychology 15c	PSY40522 Researching Psychology II 30c	SPO50122 Physical Education and Coaching Pedagogy 15c	SPO50822 Health, Fitness and Wellbeing 15c
	Semester 2	PSY50422 Personality and individual differences 15c		SPO50422 Sport Development, Promotion and Leadership 15c	SPO50622 Methods of Analysis in Sport and Physical Education 15 Credits GA Enhancement Module 15c

### Level 6 – 120 credits

<b>Level 6</b>	Semester 1	PSY607_1.1 Cognitive psychology 15c	PSY60622 Psychology research design and project preparation 15c	SPO60522 Emotion in Sport and Physical Education Roles GA Enhancement Module 15c	SPO60122 Measurement and Evaluation in Sport and Exercise 15 Credits
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	Semester 2	PSY60822 Biopsychology 15c	PSY60122 Psychology dissertation 30c	SPO60422 Contemporary Issues in Sport and Exercise 15 Credits
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### 21b | Module Structure

#### Level 4

Core Modules				
Code	Status	Module Title	Period (number)	No of credits
PSY40622	Mandatory	Introduction to psychology across the lifespan	1	15
PSY40822	Mandatory	Conceptual and Historical Issues in Psychology	2	15
PSY40522	Mandatory	Researching Psychology, I	4	30
SPO50122	Mandatory Existing	Introduction to Sport and Physical Education	1	30
SPO40322	Mandatory Existing	Young People and Physical Activity	2	30

#### Level 5

Core Modules				
Code	Status	Module Title	Period (number)	No of credits
PSY50822	Mandatory	Researching Psychology II	4	30
PSY50722	Mandatory	Social Psychology	1	15
SPY50422	Mandatory	Personality and individual differences	2	15
SPO50122	Mandatory Existing	Physical Education and Coaching Pedagogy	1	15
SPO50722	Mandatory New	Nutrition for Sport and Exercise	1	15
SPO50422	Mandatory 'Placement'	Sport Development, Promotion and Leadership	2	15
Option Modules				
Code	Type	Module Title	Period (number)	No of credits

SPO50622	GA New	Methods of Analysis in Sport and Physical Education	2	15
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**Level 6**

<b>Core Modules</b>				
Code	Status	Module Title	Period (number)	No of credits
PSY607_1.1	Mandatory	Cognitive Psychology	1	15
PSY60622	Mandatory	Psychological research design and project preparation	1	15
PSY60822	Mandatory	Biopsychology	2	15
PSY60122	Mandatory	Psychology dissertation	2	30
SPO60122	Mandatory Existing	Measurement and Evaluation in Sport and Exercise	1	15
SPO60422	Mandatory Existing	Contemporary Issues in Sport and Exercise	2	15
<b>Option Modules</b>				
Code	Type	Module Title	Period (number)	No of credits
SPO60522	Subject Enhancement Module	Emotion in Sport and Physical Education Roles	1	15

## SECTION D - TEACHING, LEARNING AND ASSESSMENT

22	Curriculum Design
<p>The BA (Hons) Psychology and Sport will be completed in three years of full-time study in order to achieve the programme aims and learning outcomes. This section outlines the curriculum design for each of the two disciplines which are embed their subject specific requirements and provide the student with a breadth of transferrable skills and opportunities for cross disciplinary knowledge and application. At BGU, common programme outcomes relating to intellectual and transferable skills for students studying all subjects within the modular framework are used. This reflects our collective understanding of the essential skills of a BG graduate who, through the study of one of our degrees, will be equipped with intellectual and transferable skills suitable for a range of professional careers and lifelong learning</p> <p>To ensure that students on this programme are eligible for the <i>Graduate Basis for Chartership</i> with The British Psychological Society by delivering the BPS core curriculum at least 60 credits of core Psychology modules have to be studied at levels 4 and 5 and 75 credits, including a psychology project studied at level 6. At Level 4 students are introduced to the history and development of Psychology as a discipline and contextualizes issues of cultural bias and ethnocentrism. Students also begin to develop their knowledge and understanding of the core areas through a year-long research-based module which frames core areas in the context of the approaches which drive the continuing development of psychological knowledge. Students are also introduced to the concept of psychological change through the framework of an introduction to developmental psychology which adopts a lifespan perspective. At Level 5, the five core areas are taught and assessed in greater depth. Specifically, students' understanding of Social Psychology; Researching Psychology II assesses students' research design and analytic skills through applied developmental research examples, and Personality and Individual Differences engages students with Psychometric training to investigate personality and individual differences. At Level 6, students engage in more in-depth exploration of the breadth of cognitive psychology and develop a critical understanding of the impact of greater understanding of biopsychological processes. In their 30 credit empirical project students demonstrate the application of their research training.</p> <p>Students conclude the programme by gaining a clear and in-depth knowledge of specific areas of the field of Psychology, and by designing and undertaking an empirical study. The successful completion of this empirical study is essential for the graduate to be eligible for Graduate Membership of the BPS.</p> <p>The BA (Hons) in Psychology and Sport programme aims to produce high-calibre graduates who are autonomous, reflexive, critical and analytical. Throughout the programme, the inclusion of research-informed and research-led module content ensures that the curriculum maintains its currency in the broader landscape of the discipline. The curriculum design aims to equip students with the qualities and transferable skills which comprise Psychological Literacy:</p> <ul style="list-style-type: none"> <li>• a scientific understanding of the mind, brain behaviour and experience, and how they interact with the complex environments in which they exist;</li> <li>• knowledge and the acquisition of a range of research skills and methods for investigating experience and behaviour, culminating in an ability to conduct research independently;</li> <li>• an understanding of the role of empirical evidence in the creation and constraint of theory, and also in how theory guides the collection and interpretation of empirical data;</li> <li>• to present multiple perspectives in a way that fosters critical evaluation and reflection;</li> <li>• to develop knowledge, leading to an appreciation of theory and research findings, including relevant ethical and socio-cultural issues, and an understanding of real life applications of theory to the full range of experience and behaviour, and the application of psychological understanding to real world questions.</li> </ul> <p>The programme has been designed with appropriate reference to the academic infrastructure (<i>Higher education credit framework for England: guidance on academic credit arrangements in higher education in</i></p>	

*England, Quality Assurance Agency (QAA) 2021; the QAA Benchmark Statement for Psychology (2019) and the British Psychological Society (BPS) Standards for the accreditation of undergraduate, conversion and integrated master's programmes in psychology, 2019).* BPS accreditation ensures the development of, from the outset, a robust, rigorous and challenging programme, and that the highest of professional standards in ethical practice are both maintained and taught.

In Sport the curriculum has been designed in line with the Subject Benchmark Statement for Event, Hospitality, Leisure, Sport and Tourism (QAA, 2019) and aims to develop enquiring, critical and reflective students that respond well to challenge enabling them to contribute proactively to the world of sport, coaching and physical education.

At Level 4, students' study four distinctly varied 30-credit modules that give them a solid foundation for further study. Students are introduced to sport and physical education and anatomy and physiology in Semester 1. In Semester 2, students study modules in young people and physical activity and the fundamentals of sports coaching and start to develop their understanding of the four main themes that run throughout the programme, physical education, sports coaching, health and fitness and sports development. At Levels 5 and 6, students study a diverse array of contemporary 15-credit modules and undertake a 45 credit Dissertation at Level 6. Relevant practical, transferable and research related skills are delivered progressively across the programme. Learning is scaffolded in line with the FHEQ level descriptors. Teaching, learning and assessment will be scheduled over two 12-week semesters within each year. In Semester 2 of Level 5, four weeks (120 hours) is dedicated to undertaking a work-placement as part of the module SPO50422. There will also be opportunities to work on community projects throughout all levels of the programme.

Whilst there is a strong focus on the individual and their own development within these modules and across the programme there is also an equally strong focus on students working collaboratively to undertake group activities in formative settings. Students will also be challenged to come together to design and deliver physical education/coaching sessions and sporting events and from these experiences, students will develop an understanding of what it means to be both an individual member, team member and leader / manager within a team / work environment. The curriculum therefore promotes the development of leadership, organisation and team skills, all of which are key skills for sport graduates

## 23 | Learning and Teaching Strategies

Teaching will be delivered through interactive lectures, workshops, tutorials, and seminars to promote engagement and independent learning with opportunities for cross-disciplinary learning aligned with the student's particular interests and aspirations. A core and central tool for supporting teaching and learning will be the use of Blackboard as a Virtual Learning Environment. Students will be invited to use both asynchronous web tools, such as blogs, wikis and Padlet, as a strategy for sharing resources and discussions. Students will also be invited to engage with online synchronous collaborative learning spaces through *Blackboard Collaborate™* software to engage in interactive formative sessions to develop academic writing and analytic skills.

The programme team works in partnership with students and external stakeholders to enhance the student experience and develop innovative learning and teaching strategies. The programme team makes effective use of BGU's *Students Creating Change* resource, which involves students in the co-creation of learning projects at both modular and programme level. This approach aligns with effective practice in student engagement in Higher Education.

In this section the specific learning and teaching strategies aligned with the two subjects are detailed.

### Psychology

Psychology is a research-engaged and research-based discipline and as such, robust research methods training is a core element of an undergraduate psychology degree. In addition, research training is a core element of the BPS standards for accreditation of undergraduate programmes. In accordance with BPS requirements, at least 80% of the Psychology joint honours subject curriculum content will be delivered by permanent academic Psychologists who are research active.

In the programme structures, research training has been embedded throughout the programme, and developing research design and analytic skills have been mapped against key paradigms and BPS Supplementary Guidance for research and research methods on Society accredited undergraduate and conversion programmes (2017), (see table 1). At Level 4, students are introduced to simple experimental designs and an introduction to parametric testing. As part of researching psychology, they are also introduced to qualitative research approaches.

The programme strategically and systematically builds research skills using directed independent learning from Level 5 onwards, to engage students in using their increasing knowledge of research design in producing original research projects under the guidance and direction of module leaders and tutors. At the end of Level 5, the final assessment is a group project which requires students to design, conduct and report on an original piece of psychological supervision under direction and guidance from the module leader and tutors. This small-scale empirical project enables students to experience the research process, and receive guidance and feedback before embarking on their dissertations

Table 1: Research training

Research skills	Module
Simple experimental design Descriptive statistics Non-parametric tests T-tests	PSY40522: Researching Psychology, I
Complex & factorial design Analysis of Variance (ANOVA)	PSY50822: Researching Psychology II PSY607_1.1: Cognitive Psychology
Regression, moderation/mediation	PSY50822: Researching Psychology II PSY50422: Personality & individual differences
Qualitative design	PSY40522 & PSY50822: Research Psychology I & II
Qualitative analysis	PSY40522 & PSY50822: Research Psychology I & II

### Research ethics and integrity training

Alongside their increasing knowledge of psychological research-design and analysis, students also receive continued training in research ethics and integrity to ensure that by their final year they enter the dissertation process able to engage with institutional and professional body codes of conduct. Ethical competency is a core requirement of BPS standards, and an embedded curriculum of ethical practice underpins all Psychology

modules. The scope and focus of training in ethical practice has been designed using guidance drawn from *BPS Guidance on Teaching and Assessment of Ethical Competence in Psychology Education* (2015), (see table 2).

At Level 4, students are introduced to research ethics and will consider contemporary and historical ethical dilemmas in designing and conducting psychological research, using case studies and exercises. Students are also introduced to the *BPS Code of Human Research Ethics* (2014); the *BPS Ethics Guidelines for Internet-Mediated Research* (2017) and the *BPS Code of Ethics & Conduct* (2018) in accordance with section 4.2 of the aforementioned BPS guidance.

Table 2: Research ethics & integrity training

Ethical sensitivity	Ethical motivation	Ethical reasoning	Ethical implementation
PSY40522 & PSY50822: Researching psychology, I Researching Psychology II	PSY50422 & PSY50822: Personality & individual differences Researching psychology II	PSY50422 & PSY50822: Personality & individual differences Researching psychology II	PSY50822: Researching psychology II

The Psychology subject group thrives on an environment of research integrity, featuring several additional opportunities for students to contribute to the research culture, featuring, for instance, the Summer Research Internship Scheme, the Student Research Participation scheme (managed through Sona Systems® software), and a programme of optional research seminars throughout the year.

Psychology staff are all research-active, and interest in their subjects gives students the opportunity to learn about methodological approaches, topics and skills that go above and beyond, yet compliant with, core BPS content. For instance, students can join the DrEAMSLab, learn about and use Virtual Reality, and employ sophisticated qualitative methods and critical approaches. Staff deliver research seminars via the Psychology Society and via their own extensive professional networks. Staff also contribute to the BGU *Psychology, Health and Wellbeing Research and Knowledge Exchange Unit*.

Learning and teaching throughout the Sport, Coaching and Physical Education degree programme, and across the Sport subject area more generally, is aligned with BGU's 'Learning, Teaching and Assessment Strategy' which supports the University's aim 'to enable all students to achieve at the highest possible standard in their chosen field of study' with a commitment to 'support active and accessible learning'.

Teaching within the programme is delivered through a range of styles and methods including face to-face lectures, workshops, seminars, practical's, labs and tutorials and through the dynamic use of the University's VLE (Blackboard) and other relevant digital tools such as MS Teams. Individual support is offered to all students on all modules through one-to-one tutorials, often focused on reinforcing understanding of topics and ensuring appropriate preparation is being made for assignment tasks. Across the programme, students progressively develop more specific based subject knowledge and understanding through a diverse range of contemporary modules. During seminar, practical, lab and workshop activities students are encouraged to develop their subject knowledge and understanding, and to build subject specific and intellect skills by assembling evidence, presenting ideas, concepts, and findings, and constructing and defending arguments. Interactive lectures practical's and workshops sit at the core of Sport teaching at BGU. Whenever possible opportunities are taken to enhance learning and teaching using innovative practices and approaches, such as 'flipped' curricula, role-play, and group-based activities. In addition, where relevant, the opportunity is taken to engage students with project based and experiential learning through specialist teaching, guest lectures and/or virtual and physical external visits. Several modules afford students with the opportunity to immerse themselves within the inner workings of sporting organisations and students can expect to visit sites and organisations (virtually/ physically)

that are diverse in nature ranging from County Sport Partnerships, National Governing Bodies, Sport Clubs and Leisure Providers. As student numbers grow a wider variety of experiences may be provided although students may be required to self-select ones that are best suited to their overarching career plans as some trips / industry visits may be subject to maximum numbers. Reflective practice is encouraged and embedded throughout the programme and is core to student's professional development. Reflective practice encourages students to make sense and meaning from their experiences and transforms insights into practical strategies for personal growth and future impact.

### **Knowledge and Understanding**

Adopting an explicit and broadly constructivist view of knowledge, the programme will offer students a range of tutor and peer-led opportunities to facilitate knowledge transfer and re-creation. In addition to traditional methods of pedagogy (lecture, seminar etc) the students will be engaging in enquiry-based approaches. Assessment will, in all cases, test knowledge as well as skills

### **Intellectual Skills**

Building on the toolkit of analytical practices developed at levels 4 and 5, students are provided with opportunities to apply concepts to real-life situations. In addition to dialogic classroom and VLE practices, students will achieve the required levels of intellectual skills through the rigours and framework of deliberately varied assessment practices.

### **Practical/Professional/Transferable Skills:**

Experiential, individualised and self-directed teaching and learning strategies are used to enable students to develop personal, professional and transferable skills. Independent and peer-supported strategies, which draw heavily on professional experiences, are manifest in the projects and studies undertaken at this level.

## **24 | Assessment Strategies**

The assessment strategy for BA (Hons) Psychology and Sport supports the overall demonstration of the programme learning outcomes and is designed to engage students in a range of assessments throughout the programme in both subjects. It systematically builds knowledge and understanding to support the skills required. The assessment strategies specific to the two subjects are outlined below.

### **Assessment strategy: American Psychological Association (APA) style report writing & formulating credible analytic conclusions**

The overarching assessment strategy is to develop academic writing and skills in research reporting in preparation to produce a high-quality APA style research report as part of the dissertation module (see table 3).

At Level 4, students are supported to provide report sections based on research practical sessions conducted in small groups. At Level 5, students are encouraged and supported to write reports using structured feedback from previous assessments. Throughout Levels 4 and 5, feedback on APA reference-style reports is provided on standardised templates, to enable students to monitor and track their progression (see attached template).

Table 3: summative assessment strategy: report writing

Lit review/rationale	Method section	Results/analysis	Discussion	APA Style Research Report
PSY40822 Researching Psychology, I	PSY40822 Researching Psychology, I	PSY40822 Researching Psychology, I	Researching Psychology II PSY50822	Researching Psychology II PSY50822
Social psychology PSY50722	Researching Psychology II PSY50822	Researching Psychology II PSY50822		

In Psychology the assessment strategy scaffolds knowledge and skills development to enable students to: (1) synthesise and critically evaluate existing research and theory and (2) ultimately design, implement and report a coherent and original piece of empirical research.

The assessment strategy allows students to demonstrate their confidence in articulating their ideas and knowledge, orally (researching Psychology II; cognitive psychology), visually (Introduction to lifespan psychology; cognitive psychology) and in their academic writing (all modules).

In Sport multi method weighted assessments form a key feature of the 30-credit modules at Level 4 (50:50 e.g., coursework/exam, practical/coursework). At Levels 5 and 6 students are assessed by a single piece of assessment within each module (apart from SPO60322 and SPO60422, which contain 2 modes of assessment). Across the programme the workload for students is also carefully managed through the effective scheduling of assessments and the use of a consistent rubric. For written work at Level 4 a rubric of 2,000 words per 15 credits is applied. At Level 5, a rubric of 2,500 words per 15 credits is applied and at Level 6 a rubric of 3,000 words per 15 credits is applied. There is an allowance of +/-10% on submitted work, across all levels. Where practical assessment takes place, students are supported with skills development during taught sessions prior to delivery. This may include specialist digital input from the Centre for Enhancement in Learning and Teaching (CELT). CELT work closely with the programme team to support students to develop and enhance their digital and academic literacy throughout the programme. Group work is not used as a summative assessment strategy although students can expect to work with others throughout the duration of their programme as noted in Section 22. Students' knowledge, skills and critical understanding of the subject will be assessed by a variety of methods.

Module Code	Module Description	Credits	Year	Assessment and learning methods		
				Exam/Written	Practical	Coursework
				%	%	%
PSY40522	Researching Psychology, I	30	1	50		50
PSY40622	Introduction to Psychology across the lifespan	15	1			100
PSY40822	Conceptual and Historical Issues in Psychology (CHiPs)	15	1			100
SPO40122	Intro to Sport and PE	30	1	-	50	50
SPO40322	Young People & PA	30	1		50	50
PSY50722	Social Psychology	15	2			100
PSY50822	Researching psychology II	30	2		30	70
PSY50422	Personality and Individual Differences	15	2			100
SPO50122	PE & Coaching Pedagogy	15	2	100		

SPO50422	Sports Development	15	2		100	
SPO50722	Nutrition for Health and Exercise	15	2			100
SPO50622	Methods of Analysis	15	2			100
PSY607_1.1	Cognitive Psychology	15	3			100
PSY60822	Biopsychology	15	3			100
PSY60622	Psychology research design and project preparation	15	3			100
PSY60122	Psychology dissertation	30	3			100
SPO60122	Measurement & Evaluation	15	3		100	
SPO60422	Contemporary Issues	15	3	50	50	
SPO60522	Emotion in Sport & PE	15	3			100

### Indicative Assessment Strategy

Module Code	Module Description	Credits	Year	Indicative Assessment Type and weighting	Indicative Assessment Loading	Indicative submission
PSY40522	Researching Psychology, I	30	1	Report 50% Exam 50%	2000 words MCQ 2 hours	January Semester 1 May semester 2
PSY40822	Conceptual and historical issues in Psychology (CHiPs)	15	1	Essay 100%	200 words	January semester 1
PSY41022	Introduction to Psychology across the lifespan	15	1	Poster presentation 100%	15minutes	January Semester 1
SPO40122	Introduction to Sport & PE	30	1	Presentation (50%)	15 minutes	
				Report (50%)	2000 words	
SPO40322	Young People & PA	30	1	Presentation (50%)	2000 words	
				Essay (50%)	2000 words	

PSY50722	Social Psychology	15	2	Literature Review 100%	2500 words	January Semester 1
PSY50822	Researching Psychology II	30	2	Portfolio 70% Video paper 30%	3000 words (2x1500 word reports) 20 minutes	January Semester 1 May Semester 2
PSY50422	Personality and Individual Differences	15	2	Report 100%	2500 words	May Semester 2
SPO50122	PE and Coaching Pedagogy	15	2	Written Exam (100%)	24 Hour (open book)	
SPO50722	Nutrition for Health and Exerciser	15	2	Portfolio (100%)	2500 words	
SPO50422	Sports Development	15	2	Presentation (100%)	20 minutes	
SPO50622	Methods of Analysis	15	2	Portfolio (100%)	2500 words	
PSY61022	Psychology Dissertation	30	3	Empirical research report 100%	6000-8000 words	May Semester 2
PSY607_1.1	Cognitive psychology	15	3	Report 100%	3000 words	January semester 1
PSY60822	Biopsychology	15	3	Essay 100%	3000 words	May Semester 2
PSY60622	Psychology research design and project preparation	15	3	Ethics pack and research protocol 100%	3000 words	December Semester 1
SPO60122	Measurement & Evaluation	15	3	Practical (100%)	35 minutes	
SPO60422	Contemporary Issues	15	3	Presentation (50%)	15 minutes	
				Exam (50%)	24 hours (open book)	
SPO60522	Emotion in Sport & PE	15	3	Essay (100%)	3000 words	

25	<b>Inclusive Practice and Personal Development Planning</b>
<p>BGU is committed to widening access and participation and adheres to a strict policy of non-discrimination. Students will be supported throughout their programme through the full access to the range of services offered through the Centre for Enhancement in Learning and Teaching (CELT), Student Advice and Library Services.</p> <p>The programme will support personal development planning through the use of the BGU Development and Career Plan (DCP) and the personal tutor system. Students will be encouraged to access the wider services of BG Futures for professional career advice and opportunities.</p> <p>All students develop an e-portfolio, the DCP. This is a detailed record of the development of skills, experience, and knowledge which:</p> <ul style="list-style-type: none"> <li>• supports reflection on academic and assessed work, and ensures students are able to respond effectively to feedback from tutors and improve their grades;</li> <li>• allows students to collect evidence of the things that they achieve during their studies that promote their employability;</li> <li>• makes explicit links between students' work experience and professional standards and in both subject areas supports the development of a close and well-informed relationship with their personal tutor.</li> </ul> <p>Employability is an important issue to all students, and careers in graduate employment are particularly competitive. When our joint honours students graduate, they will find themselves competing with large numbers of graduates and need to distinguish themselves from them in their application and interview. The DCP ties in with the employability award plan and careers services and provides students with a means of gathering evidence of all the things they do that would be of interest to an employer. It enables them to frame their skills, knowledge, and work experience in such a way as to make explicit how these are relevant for the posts for which they are applying.</p> <p>The structure of Psychology modules aligns to the development of BGU Graduate attributes as follows:</p> <p><b>1: Academic Literacies</b> - students are enabled to develop academic literacy through engagement with evaluating and synthesizing original empirical research into their assignments. These skills are developed at Level 4 from semester 1 onwards, as students engage with evaluating original research papers in considering the relevance of classic studies as part of their introduction to conceptual and historical issues in Psychology assignment. At Level 5 students are supported to develop strategies to synthesise literature to produce coherent and evidence-based rationales in their assignments for Researching Psychology II and a Social Psychology literature review.</p> <p><b>2: Global Citizenship</b> – students engage with the international contexts within which Psychology operates in the following modules: CHiPs at level 4. Through the programme, students engage with the development of Psychology as a discipline and the culture-bound constructions of construct including selfhood, diagnosis and 'mental health'. In their assignments for Personality &amp; individual differences students engage with cross-cultural understandings of Psychology, and the implications of these understandings, for designing Psychometric tests and assessments.</p> <p><b>3: Information Literacy</b> – literature searching using online specialist psychological databases is a core requirement of the BPS curriculum. Students are supported at Level 4 to begin to develop advanced searching skills using Boolean operators, and at Levels 5 and 6 to develop search protocols. In addition, through linking the Psychology dissertation to writing in journal format, students are supported to critically evaluate the impact and credibility of publications.</p>	

**4: Digital Fluency** – students engage with a range of specialist software and resources throughout the programme. In addition to the use of SPSS Statistics and EPrime® software, students are trained to work with online survey software in individual differences. Students are also supported to develop skills in qualitative analysis software (Researching Psychology I & II).

**5: Employability** – the Psychology curriculum equips students with a range of transferrable skills to enable employability including – data management; working with large databases and specialist software; interviewing skills; listening skills; and developing and delivering presentations for specialist audiences, in addition to a range of Psychology specific skills which include knowledge of psychological assessment techniques and tools. Students are supported through the Psychology tutor system to develop their CV's and translate their learning into evidence-based statements to demonstrate these transferrable skills to potential employers. Students are assigned to a dedicated Psychology tutor at the start of their studies and engage in a series of small group and individual meetings throughout Levels 5 and 6 which are timetabled into their programmes of study. The focus of the Level 4 and 5 meetings is to enable them to identify transferrable skills, and to develop personal statement writing and CV building.

**6: Being Enterprising** – students are supported to develop creative problem-solving skills through directed independent learning embedded at Levels 4 and 5 in modules Researching Psychology I, Individual differences, and Researching Psychology II during which they design research projects to test hypotheses and develop applied research questions in order to apply psychological research and theory to address social issues. At Level 6, students develop project management skills through designing and delivering original psychological research projects, and in addition consider the implications for practice from their findings.

In Sport the programme structure and curriculum aligns to the development of BGU Graduate attributes as follows:

**1: Academic Literacies** - students are enabled to develop academic literacy through engagement with evaluating and synthesizing original empirical research into their assignments. These skills are developed from the start of study at Level 4 (SPO40122 and SPO40322) with an increase in complexity in the types of sources used through the course of study (Level 5 – SPO50122 and SPO50622 / Level 6 – SPO60422). Additionally, assessments are specifically designed to support students in developing their academic competency, with levels of complexity increasing as the students' progress through the programme.

**2: Global Citizenship** – Students will develop a global perspective of sport and exercise through specific modules such as SPO40122 and SPO60422.

**3: Information Literacy** – Information literacy will be developed throughout the programme although specifically in modules SPO131, SPO132, SPO231, SPO23-, SPO334, - in which students will be required to independently search for academic sources

**4: Digital Fluency** – Assessments are designed to support students in developing digital fluency through a range of assessments including group (SPO40122), individual presentations (SPO60422), poster presentations (SPO40322) and reflections on practice (SPO50122). In addition, students will be encouraged through their studies to engage in online group work, forums and discussion groups. The teaching team will also model the use of technology through session delivery as appropriate.

**5: Employability** – Employability is a key focus of the programme, and a balance has been sought between creating vocational elements while meeting the demands of degree level study. As graduate attributes are embedded into all modules, it is anticipated that all students will develop the transferable skills necessary for employment or postgraduate study. The modules SPO40122, SPO50422, and SPO60522 have been specifically designed to build and enhance employability skills.

**6: Being Enterprising** – the course discipline coupled with the practical nature and characteristics of the programme means that students are supported to develop creative problem-solving skills through directed independent learning. At all levels of study students are given the opportunity to engage in the design and delivery of sport, physical education and health projects (Level 4 -SPO40122 / Level 5 SPO50422).

## 26 Technology Enhanced Learning

Students will be encouraged to apply technology and digital skills that they already have and to develop new ones. A central tool for technology enhanced learning is through the use of Blackboard, BGU's Virtual Learning Environment (VLE), which is used to augment the in-person classes by organising access to learning resources, preparatory and follow-up learning activities and tasks as part of the pedagogical approach for the programme. Students will have a range of opportunities for critical discussion and active engagement with VLE materials through a range of synchronous and asynchronous learning spaces including module blogs, wikis and discussion forums.

Learning materials will be sign-posted and accessed through the module areas on the VLE which through digital reading lists will link through to the Library Systems for access to journals and specific subject related learning resources. Students will engage with research for relevant literature through online databases and electronic search engines as part of BGU's library provision.

In addition, Psychological research tools such as EPrime® and SPSS, along with referencing systems, for example Refworks, will be embedded within the modules. Students will also have access to a Psychology research area on Blackboard. This area is designed to help support students with conducting, and engaging with, psychological research throughout their degree. This is achieved by providing students with a level of autonomy to: view and hire available equipment; book time in the lab and interview rooms; check for ongoing student/staff research projects within Psychology, and to advertise their own research projects to other students studying Psychology. Students are supported with the use of this area of Blackboard by the Psychology technician.

The University's virtual learning environment (Blackboard) is used throughout the Sport programme with every module having a relevant course area. The course areas are used to provide information on the schedule of teaching, announcements, and an extensive volume of supporting materials. These include reading materials that are continually reviewed and enhanced by module leaders in conjunction with the sport subject librarian. Included within the Library Systems are access to journals and specific subject related learning resources. Module specific elements are laid down within individual modules. Links to on-line digital resources podcasts and videos are also provided through the VLE. Lectures, seminars, and workshops use technology to support and enhance learning and students can expect to use a variety of digital applications. Students will also benefit from the digital expertise and resources of Lincolnshire Open Research and Innovation Centre (LORIC). Visiting speakers may make virtual guest appearances and students may experience virtual industry visits via live links. In addition, tutorials may be facilitated virtually through online applications.

## 27 Work-related Learning and/or Placement

Students on the BA (Hons) Psychology and Sport will have the opportunity to undertake a work-related placement as part of their programme. This will usually be embedded into one of the subjects and typically provides at least one placement during their academic study.

Joint honours graduates develop a range of skills transferable to graduate careers. These include:

- communication – oral, visual and written;
- understanding and using data;

- decision making;
- organisational skills;
- information technology;
- handling of data/statistics;
- problem-solving, and
- the ability to work in teams.

The Quality Assurance Agency's Subject Benchmark Statement for Psychology outlines the importance of transferable skills. Such skills 'encapsulate the contributions a Psychology graduate can make to the workplace and to society more generally.' (BPS, 2019, p.23). It is also a requirement of BPS accredited courses that Psychology graduates 'should explicitly understand how their training equips them with transferrable skills that are of value to employers' (BPS, 2019, p.22).

The Sport programme has been designed with action at its core with the intention being to equip students with future-fit skills that will empower them to improve their lives and futures. Opportunities for work-related learning arise at all levels within the programme through the core curriculum design. The opportunity to undertake a work placement occurs in the Level 5 module Sports Development, Promotion and Leadership. The placement duration is 15 days/120 hours and normally occur over four weeks during the second semester at Level 5. This work-related learning experience seeks to enhance students' subject specific skills, knowledge and understanding, intellectual and transferable skills' (see: Code of Practice for Work-based Learning). Subject area staff and designated personal tutors support individual students to determine what placement to undertake, and planning for these work-related learning experiences occurs early on in Semester 1 at Level 5. Students are responsible for identifying their own placement provider although they may seek assistance from BG Futures and the module tutor. Once a student has identified a placement provider the module tutor supports the student (with appropriate support from the Placement Office), in completing the necessary paperwork as required by the University and, where required, the provider.

## 28 Employability

This joint honours degree offers a firm base for students hoping to enter a variety of career pathways including but not limited to education-related, health, mental health, or voluntary sector careers. The ability to critically analyse a problem, formulate a considered response, create an argument, and generate new ideas, lend themselves well to careers in the creative industries, the legal sector, government administration and education. Maintaining the focus on real-world application throughout the programme is vital for providing students with a sustained focus on employability and possible career routes.

Possible future career paths for BA (Hons) Psychology and Sport graduates may include:

- teaching;
- clinical psychology;
- research assistant roles;
- counselling and coaching (including school-based counselling);
- human resources management;
- local or central government administration;
- voluntary sector roles;
- community-based mental health support and advocacy, or
- a range of employment opportunities in the helping professions.

The scientific aspects of the psychology elements of the programme, including the application of a reasoned approach, problem-solving and manipulation of data, provide useful tools for careers in healthcare, law enforcement, finance, IT and research.

The Sport team are committed to developing employable graduates and the curriculum has been designed to enhance employability at all levels of study. Employability is seen as an intrinsic aspect of all degree programmes offered by BGU and Graduate Attributes are embedded within each undergraduate programme. The Sport team, pride themselves on being able to assist students acquire the skills they need to foster their initiative and creativity as responsible global citizens. The Sport team and BG Futures have strong links with a wide range of sporting organisations including, Active Lincolnshire, National Governing Bodies of Sport, Sport England, Inspire+, Youth Sports Trust, Sports Clubs One You Lincolnshire, Positive Futures and Goalball UK. Through working with employers and key stakeholders this programme has been designed to equip students with future-fit skills that will empower them to improve their lives and futures. While employers are not directly involved in providing substantive programme content, relevant individuals are engaged to provide specific guest lectures and live sport project-based learning experiences. As student numbers increase, the programme team, along with BG Futures will work with connected stakeholders from the sport community to source relevant experiences. The programme team will continue to foster positive working relationships with both apprentices, their mentors, and organisations to build a community of connected and engaged stakeholders that will support sport programmes and activities at BGU. This community will be encouraged to support BSc Students with guest lectures, work placements, the provision of live project briefs and coaching and mentoring. Wherever relevant, the programme level Learning Outcomes that describe 'Transferable Skills' are embedded within specific module level Learning Outcomes. Consequently, such generic employability related skills are often reflected in assignment tasks. The programme provides a credible and valid academic pursuit for those students interested in a wide range of career options, with students gaining transferable skills relevant to many employment routes. Employment in sport, leisure, tourism, management, education, research and health are common graduate pathways for students completing this programme, as well as other wider career destinations. Many students go on to postgraduate qualifications to further enhance their employability or to pursue a particular career such as teaching.

## SECTION E - PROGRAMME MANAGEMENT

<b>29</b>	<b>Programme Specific Admission Requirements</b>
<p>Students will normally need 96-112 UCAS tariff points (from a maximum of four Advanced Level qualifications). A range of qualifications that meet this requirement, include A/AS Levels, BTEC, Access Courses, International Baccalaureate (IB), Cambridge Pre-U, Extended Project etc.</p> <p>Students will also need GCSEs in English Language and Mathematics at grade 4 (previously C) or above (or equivalent).</p> <p>In line with the priority which it gives to promoting opportunities for lifelong learning and widening access to Higher Education, the University welcomes applications from prospective students who are seeking to gain exemption from some parts of an academic programme by Recognition of Prior Learning (RPL). In accordance with University conditions, students are entitled to apply for RPL for credit awarded based on either relevant credit achieved at another HE institution (RP(C)L), or credit awarded for Experiential Learning, (RP(E)L).</p>	
<b>30</b>	<b>Programme Specific Management Arrangements</b>
<p>The Programme Leader for both subject areas will each lead and manage their specific parts of the programme. The programme will be taught by module leaders and tutors, who are all research-active subject specialists.</p>	
<b>31</b>	<b>Staff Responsibilities</b>
<p>Staffing expertise within the respective subject teams is a close match to the module content. Leadership of modules will be designated to those with particular interests and research-informed understandings to support the varied modules. Staff on the programme will be allocated to students as personal tutors and, in the third year of the programme, as research supervisors.</p> <p>The programme team also includes specialist support roles as detailed below:</p> <p><b><u>Psychology Technician</u></b></p> <p>In accordance with BPS regulations, the programme draws on the specialist support of a Psychology technician who plays a crucial role in supporting both students and staff in maintaining specialist resources and software. In addition, and again in accordance with BPS guidance, the Psychology Technician has a crucial role in supporting research informed and research focused curriculum and engages in supporting research skills development on both a modular and individual level by providing students with support for developing expertise with specialist equipment and software. In particular, the Psychology Technician provides modular and individual support for students to engage with virtual reality equipment, biopack, eye tracker, SPSS, EPrime®, as well as specialist qualitative and Q-method software packages.</p> <p><b><u>Professional, Regulatory and Statutory Bodies</u></b></p> <p>British Psychological Society (BPS) Standards for the accreditation of undergraduate, conversion and integrated master's programmes in psychology (2019).</p>	
<b>32</b>	<b>Programme Specific Academic Student Support</b>

Close engagement with the wider professional services as part of the student experience will be embedded within each module. Sessions led by the Library Services team and Centre for Enhancement in Learning and Teaching (CELT) staff, specifically from Digital Learning and Learning Development, will support academic literacies and work towards assessments. Each student will be allocated a designated research supervisor in the third year of study who will oversee, with the student, the development of the research design and ethics forms for submission to the Ethics committee, and the collection and analysis of data for the dissertation. Students will also have an allocated tutor, who will act as personal tutor as part of the Development and Career Plan (DCP) process.

### **33 | Programme Specific Student Evaluation**

The Programme complies with current institutional evaluation policies. Through the Students' Union Representative Feedback System (RFS), a formal procedure has been established to enable students to contribute to the enhancement of the programme through their elected Student Representative. In addition, the Psychology team run twice-yearly Programme Boards which act as a forum for discussion of student representative feedback, as well as feeding-forward news and enhancements to the programme.

# SECTION F – MAPPING

## ASSESSMENT /OUTCOMES MAP

MAP I

### Level 6

Module Name	K&U1	K&U2	K&U3	K&U4	K&U5	K&U6	SPS1	SPS2	SPS3	SPS4	SPS5	IS1	IS2	IS3	IS4	TS1	TS2	TS3	TS4	TS5
PSY61022 Psychology dissertation	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓
PSY60622 Biopsychology	✓	✓		✓			✓	✓		✓	✓	✓	✓			✓		✓	✓	
PSY607_1.1 Cognitive Psychology	✓		✓	✓			✓	✓	✓			✓		✓		✓	✓	✓	✓	
PSY60622 Psychology research design and project preparation	✓	✓	✓					✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓
SPO60122 Measurement & Evaluation		✓	✓				✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	
SPO60422 Contemporary Issues	✓	✓	✓				✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	
SPO60522 Emotion in Sport & PE	✓	✓					✓	✓		✓		✓	✓		✓	✓	✓	✓		

**Level 5**

Module Name	K&U1b	K&U2b	K&U3b	K&U4b	SPS1b	SPS2b	SPS3b	SPS4b	SPS5b	IS1b	IS2b	IS3b	IS4b	TS1b	TS2b	TS3b	TS4b	TS5b
PSY50722 Social Psychology	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓			✓	
PSY50822 Researching Psychology II	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓			✓	
PSY50422 Personality and individual differences	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓		✓
SPO50122 PE and Coaching Pedagogy	✓		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	
SPO50722 Nutrition for Health and Exercise		✓	✓		✓		✓			✓	✓	✓	✓	✓	✓	✓	✓	
SPO50422 Sports Development	✓	✓			✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	
SPO50622 Methods of Analysis	✓	✓	✓		✓		✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	

**Level 4**

Module Name	K&U1a	K&U2a	K&U3a	K&U4a	SPS1a	SPS2a	SPS3a	SPS4a	SPS5a	IS1a	IS2a	IS3a	IS4a	TS1a	TS2a	TS3a	TS4a	TS5a
PSY40822 Conceptual and Historical issues in Psychology (CHiP)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	
PSY41022 Introduction to Psychology across the lifespan	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	
PSY40522 Researching Psychology, I	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	
SPO40122 Introduction to Sport & PE	✓		✓		✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	
SPO40322 Young People & PA	✓	✓			✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	

**SECTION G****MAP 2****Graduate Attribute Mapping**

*Please indicate (with a X) which of the Graduate Attributes that you have considered and where they are considered within the course.*

Attribute	Psychology Programme Learning Outcomes														
	K&U1	K&U2	K&U3	SPS1	SPS2	SPS3	SPS4	IS1	IS2	IS3	IS4	TS1	TS2	TS3	TS4
Academic Literacies	✓	✓		✓	✓			✓	✓	✓	✓				
Global Citizenship			✓										✓		
Information Literacy					✓	✓	✓			✓				✓	
Digital Fluency						✓	✓							✓	
Employability	✓											✓			X
Being Enterprising								✓					✓		

Attribute	Sport Programme Learning Outcomes														
	K&U1	K&U2	K&U3	SPS1	SPS2	SPS3	SPS4	IS1	IS2	IS3	IS4	TS1	TS2	TS3	TS4
Academic Literacies	✓	✓	✓		✓			✓	✓	✓	✓	✓	✓	✓	✓
Global Citizenship	✓									✓	✓	✓			
Information Literacy					✓			✓	✓	✓	✓	✓	✓	✓	✓
Digital Fluency					✓				✓	✓	✓	✓	✓	✓	✓
Employability	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Being Enterprising				✓		✓	✓				✓	✓			

## **Graduate Attributes**

- GA1. **Academic Literacies** This covers the range of academic skills that you develop through undertaking university-level study.
- GA2. **Global Citizenship** This is about understanding the global context in which you live, study and work
- GA3. **Information Literacy** This is about being about to search for, locate, utilise and manage information effectively and ethically
- GA4. **Digital Fluency** These are the skills and practices of using digital technology effectively for learning, working and participating in society
- GA5. **Employability** This is all about how best to support you in developing the knowledge, skills, behaviours and attitudes which will enable you to be successful in work and life
- GA6. **Being Enterprising** This can be defined as a set of behaviours, attitudes and skills which allow both individuals and groups to create positive change through creativity and innovation

*NB the above align to the Employability outcomes [Graduate Attributes | Lincoln Bishop University](#)*

**SECTION H****MAP 3****Approved Modifications to Programme Specification since Approval/Last Review**

*The following log provides a cumulative of minor and major modifications made to the Programme Specification since its approval/last review.*

QASA Reference	Brief Outline of Light/Minor Modification/ Major Modification <i>(Light/Minor - include level &amp; title of modules &amp; a brief description of modification) (Major - include details of change such as new routes, pathways etc)</i>	Date of QASA Approval (or event)	Approval effective from:	Details of cohort of students who will be affected by the modification <i>(eg students entering Level 5 from September 2016 onward)</i>
v1.1	Amendment to assessment category for PSY607_1.1	Sept 2025	Sept 2025	All students

**SECTION I****MAP 4****Mapping of PSRB requirements against the Programme**

*The following should be used as a guide to identify and specify all PSRB requirements that have to be met in order to qualify a learner against the PSRB.*

<i>PSRB Name/Standard: British Psychological Society (BPS) Standards for the accreditation of undergraduate, conversion and integrated master's programmes in psychology (2019). Programme standard 1: Programme design</i>								
	<b>PSRB Requirement</b> Biopsychology	<b>PSRB Requirement</b> Cognition	<b>PSRB Requirement</b> Social Psychology	<b>PSRB Requirement</b> Personality & Individual Differences	<b>PSRB Requirement</b> Lifespan Psychology	<b>PSRB Requirement</b> Historical & Conceptual issues	<b>PSRB Requirement</b> Research methods	<b>PSRB Requirement</b> Empirical project (dissertation)
<i>Met?</i>	Yes							
<i>Modules Identified in:</i>	<i>L4 Researching psychology I</i>  <i>L 6 Biopsychology</i>	<i>L4 Researching psychology I</i>  <i>L6 Cognitive Psychology</i>	<i>L4 Researching psychology I</i>  <i>L5 Social Psychology</i>	<i>L4 Researching psychology I</i>  <i>L5 Personality &amp; Individual Differences</i>	<i>L4 Introduction to Psychology across the lifespan</i>  <i>L5 Researching Psychology II</i>	<i>All L4: Conceptual and historical issues in Psychology</i>  <i>L6: Researching psychology, I Level 5: Social Psychology Personality &amp; individual differences</i>  <i>Researching psychology II Level 6: Biopsychology Cognitive psychology</i>	<i>All</i>	<i>L6: Psychology research design and project preparation</i>  <i>Psychology Dissertation</i>

	PSRB Name/Standard: British Psychological Society (BPS) Standards for the accreditation of undergraduate, conversion and integrated master's programmes in psychology (2019). Programme standard 1: Programme design							
	PSRB Requirement Biopsychology	PSRB Requirement Cognition	PSRB Requirement Social Psychology	PSRB Requirement Personality & Individual Differences	PSRB Requirement Lifespan Psychology	PSRB Requirement Historical & Conceptual issues	PSRB Requirement Research methods	PSRB Requirement Empirical project (dissertation)
Evidence of Requirement met	L6 Assessment: 1/1	L6: assessment: 1/1	L5 Assessment 1/1	L5 Assessment 1/1	L4 Assessment 1/1 L5 Assessment 1/2	L4 CHiP Assessment 1/1 Level 5: Researching Psychology II assessment 2/2 Social psychology 1/1	Assessments in: L4 Researching psychology I L5 Personality & Individual Differences L5: Researching Psychology II L6: Psychology research design and project preparation Psychology Dissertation	Assessment 1/1 1/1
Location of PSRB Approval Document								