

You can make a difference!

Take action to reduce your environmental footprint



In the office...

- ✓ Save energy by switching off lights and machines
- ✓ Reduce waste by avoiding printing and by drinking tap water (if safe)
- ✓ Recycle

When travelling...

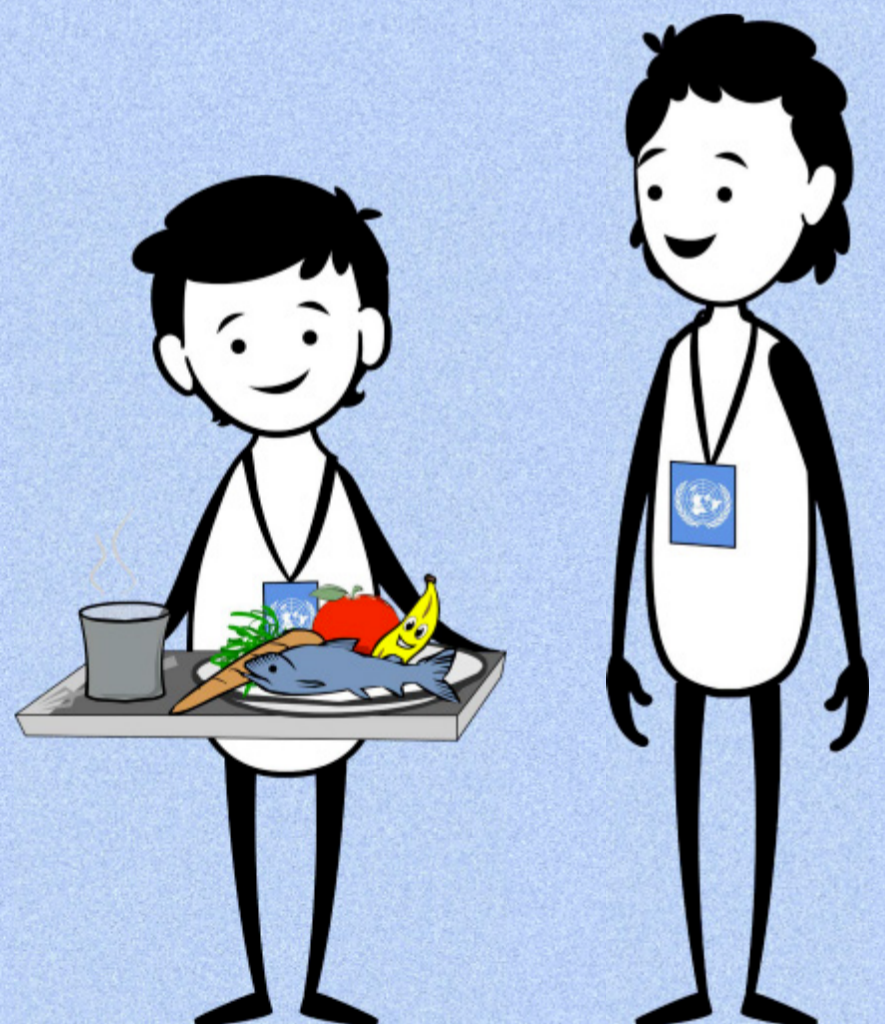
- ✓ Bundle meetings and reduce the number of travellers
- ✓ Meet online or choose a location with minimal travel
- ✓ Drive electric or hybrid vehicles
- ✓ Choose trains, car-pooling or economy airplane seats

In the canteen...

- ✓ Eat less meat and more vegetables
- ✓ Choose sustainable fish
- ✓ Support local and sustainably grown food
- ✓ Avoid packaging and use all your food



Learn more with the
Greening the Blue Tutorial:
greeningtheblue.org/tutorial



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