



FROZEN DOG BONE TREATS WITH YOGURT AND FRUITS

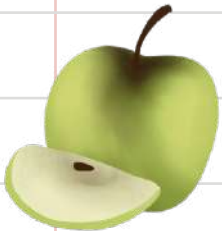


INGREDIENTS



FRESH OR UNSWEETENED
FROZEN BLUEBERRIES

FRESH OR UNSWEETENED
FROZEN STRAWBERRIES



FRESH OR UNSWEETENED
FROZEN APPLES

110 GRAMS
OF PLAIN YOGURT
(WE USED NON-FAT)



INSTRUCTIONS

1.

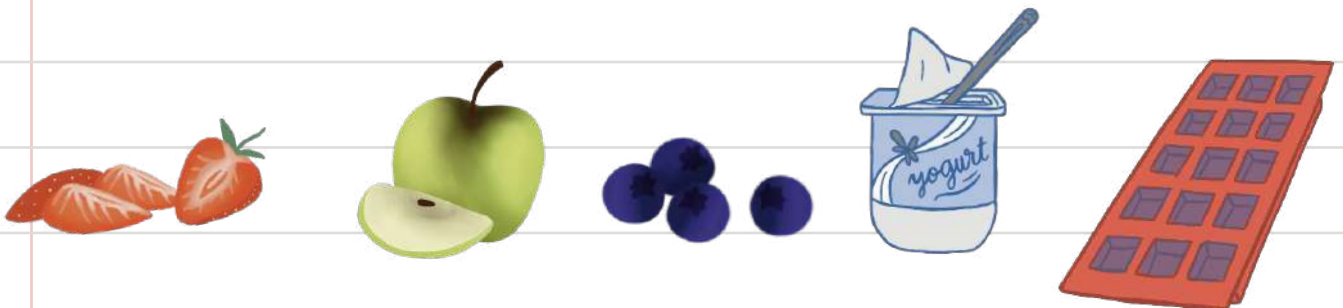
If you're using fresh fruits, cut them up into little pieces.

2.

Blend the yogurt and water together. If you want your treats to be creamier, add more yogurt and less water.

3.

Pour the mixture into ice trays of your choice.



INSTRUCTIONS

4.

Add blueberries to the first rows of your mold.

5.

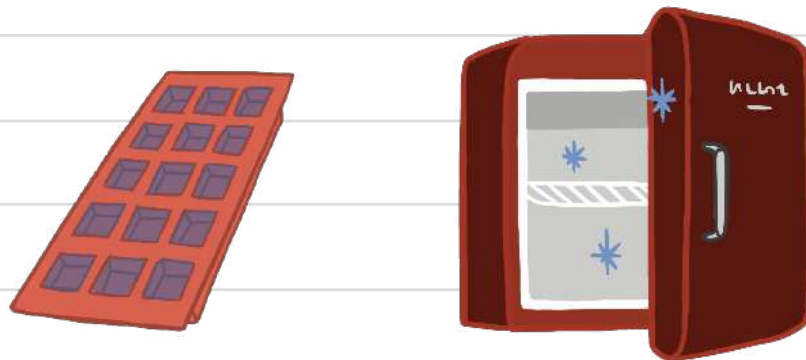
Add strawberries to the next few rows of your mold.

6.

Add apples to the final rows of your mold until you've filled it up completely.

7.

Place the tray in your freezer and leave it there until the treats are completely solid.



ENJOY!