



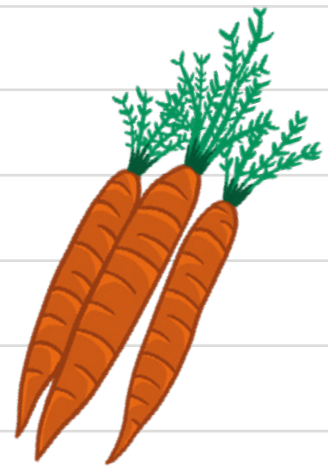
FROZEN CARROT DOG TREAT RECIPE

INGREDIENTS



340 GRAMS
PLAIN LOW-FAT YOGURT

250 GRAMS
OF FRESH CARROTS



(can replace
with pumpkin
in autumn)



1 TEASPOON
OF HONEY

1 BANANA



INSTRUCTIONS

1.

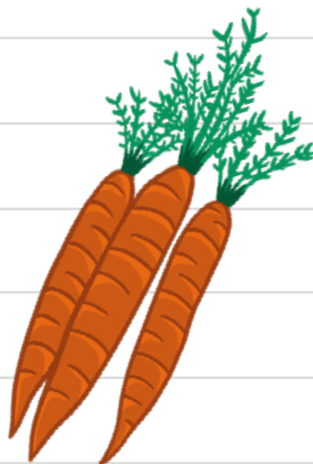
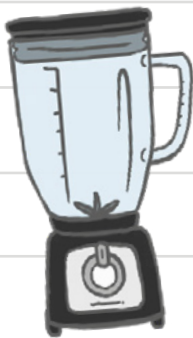
Put your banana into a blender and blend until smooth

2.

Pour the banana puree into a separate bowl

3.

Put the carrots into a blender and blend until smooth



INSTRUCTIONS

4.

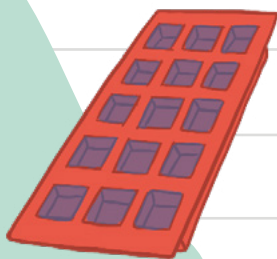
Add the carrot puree, yogurt, and the honey to the pureed banana. Stir until all the ingredients are well combined

5.

Pour the mixture into ice cube trays or molds of your choice

6.

Place the trays in your freezer and leave them there until they are completely solid



ENJOY!