

## Reflection—Luke 8: 22-25

In today's gospel reading we hear St Luke's account of a boat trip that Jesus took with his disciples.

As sometimes happens on the lake, a strong wind caught them by surprise and left these experienced fishermen in fear for their lives.

Many of us will remember from Sunday school that Jesus saved the day and stilled the storm and the waves with just his words. At this point we might imagine that the fear of the disciples would subside. But, according to Luke, (and Mark agrees- see Mark 4:41) they were still afraid! Why do you think that was?

I'll leave you to ponder how you would react if you witnessed a human being do something that only God could do!

Who is this Jesus? Who is he for you?

*Rev Mike*



**NEXT SUNDAY 02.03.2025** Sunday next before Lent  
10.30am in the Hall

**READINGS:** OT Exodus 34: 29-end

NT 2 Corinthians 3: 12-4: 2

GOSPEL Luke 9: 28-36 (37-43a)



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# St Thomas, Exeter

**23rd February 2025**

**Second Sunday before Lent**

**10.30am in the Hall**

### Today

**Sung Eucharist**

*Hymn Numbers*

*212 Holy, holy, holy! Lord God Almighty*

*53 Be still, for the presence of the Lord*

*114 Eternal Father, strong to save*

### Wednesday 26th February

**10am** Holy Communion (BCP)

**2-4pm** Young at Hearts

### Thursday 27th February

**9.30-11am** St Thomas Tots

**10.30-12noon** Knit & Natter. 19 Maple Rd

Details from Jenny. 01392 498725

**2.30pm** Safeguarding Meeting via Zoom

### Friday 28th February

**9.30am** Morning Prayer

**10am** Staff Meeting



## Collect

Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever.

**Amen**

## Genesis 2: 4b-9, 15-25

In the day that the Lord God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up—for the Lord God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground— then the Lord God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the Lord God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the Lord God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil. The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, ‘You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.’ Then the Lord God said, ‘It is not good that the man should be alone; I will make him a helper as his partner.’ So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called each living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, ‘This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken.’ Therefore a man leaves his father and his mother and clings to his

wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

## Revelation 4

I looked, and there in heaven a door stood open! And the first voice, which I had heard speaking to me like a trumpet, said, ‘Come up here, and I will show you what must take place after this.’ At once I was in the spirit, and there in heaven stood a throne, with one seated on the throne! And the one seated there looks like jasper and cornelian, and around the throne is a rainbow that looks like an emerald. Around the throne are twenty-four thrones, and seated on the thrones are twenty-four elders, dressed in white robes, with golden crowns on their heads. Coming from the throne are flashes of lightning, and rumblings and peals of thunder, and in front of the throne burn seven flaming torches, which are the seven spirits of God; and in front of the throne there is something like a sea of glass, like crystal. Around the throne, and on each side of the throne, are four living creatures, full of eyes in front and behind: the first living creature like a lion, the second living creature like an ox, the third living creature with a face like a human face, and the fourth living creature like a flying eagle. And the four living creatures, each of them with six wings, are full of eyes all around and inside. Day and night without ceasing they sing, ‘Holy, holy, holy, the Lord God the Almighty, who was and is and is to come.’ And whenever the living creatures give glory and honour and thanks to the one who is seated on the throne, who lives for ever and ever, the twenty-four elders fall before the one who is seated on the throne and worship the one who lives for ever and ever; they cast their crowns before the throne, singing, ‘You are worthy, our Lord and God to receive glory and honour and power, for you created all things, and by your will they existed and were created.’

## Luke 8: 22-25

One day he got into a boat with his disciples, and he said to them, ‘Let us go across to the other side of the lake.’ So they put out, and while they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger and went to him and woke him up, shouting, ‘Master, Master, we are perishing!’ And he woke up and rebuked the wind and the raging waves; they ceased,

and there was a calm. He said to them, ‘Where is your faith?’ They were afraid and amazed, and said to one another, ‘Who then is this, that he commands even the winds and the water, and they obey him?’

## Post Communion

Almighty God, give us reverence for all creation and respect for every person, that we may mirror your likeness in Jesus Christ our Lord. **Amen**

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## NOTICES

**House Group Lent Studies** We have space for anyone interested in joining us for a Bible study course “Easter—Hope for tomorrow” on every Tuesday during Lent. Please see Ian, Helen or Mic for further details.

**Ash Wednesday 5th March.** Advance Notice so you have plenty of time to think about what we are all doing or not doing for Lent. There is likely to be a Eucharist with Ashing in the morning and a Zoom service with self-Ashing in the evening. You have been warned!

**World Day of Prayer Friday, 7th March.** St Stephen’s Church at 11am. Refreshments will be served at 10.30am. The theme this year is “I made you wonderful” based on Psalm 139:14. Learn about the Cook Islands their culture and history.

We are going to start revising the **Year’s Mind list** as it has become rather lengthy. We recognise that it is a sensitive matter and all those currently on this list from the year 2000 will be retained automatically. If you would like an older name kept on this list please contact Ian or Fr David.