



Welcome to Ten Ocean View

We hope you enjoy your stay!

Tel: 01736 797534

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www.tenoceanview.co.uk



General Information

You'll find lots of helpful information about Ten Ocean View and the local area in this booklet. We encourage you to call ahead as many places are still only accepting advance reservations.

WIFI

Free WIFI is available throughout the house:

Network: **Guest-BTWholeHome-XCS** Password: **TenGuest1**

(We apologies for any patchy signal, the house has very thick Cornish walls!)

Housekeeping

We offer house keeping on Mondays and Fridays only. Please switch your door toggle to 'yes' on these days if you would like a light clean, fresh towels or more teas/coffees etc. If you require your bins emptying on any other day, please just pop the used bag in the dustbin in the downstairs hallway - you will find new bin liners in the drawer in your room.

Parking

The two parking bays are for exclusive use by the two sea-view rooms (Zennor and Porthcurno). Guests in Lamorna and Nanjizel, please refer to your confirmation email for nearby parking options. Please do not park directly in front of the house as this is a private parking space.

Check-out

Check-out is 10am and your balance should have been paid prior to arrival. Please leave windows open a crack and keys in your door when you leave.

Smoking

We are a non-smoking guest house, however you are welcome to smoke outside. Please dispose of all cigarette butts in the ashtray on the terrace.

Garden

You are welcome to relax in the garden down the steps past the parking bays. You will find a dedicated guest lawn at the far end overlooking the sea (past the private patio area). The guest lawn is clearly sign posted and you'll find several chairs, tables and benches for your use. The terrace's gardens are very open, so please respect our neighbours. Remember to watch out for seagulls if you have food and keep it well covered, and take any rubbish with you when you leave. If you use the parasol, please close it after use. And please be careful in wet weather the steps and patio may be slippery.

St Ives Breakfast Suggestions

As we do not offer breakfast, here are some of the best breakfast eateries in St Ives, all of which we highly recommend...

Porthmeor Beach Café

www.porthmeor-beach.co.uk

01736 793366

Just down the hill right on Porthmeor beach, offers a great range of coffee and breakfast options including a build-your-own cooked breakfast. You can't beat the views!

The Sloop Inn

www.sloop-inn.co.uk

01736 796584

One of Cornwall's oldest pubs right beside the Harbour Beach.

Porthminster Café

www.porthminstercafe.co.uk

01736 795352

This award winning restaurant is right on Porthminster Beach with uninterrupted sea views and a fabulous glass terrace.

St Ives Bakery

www.stivesbakery.co.uk

01736 798888

Takeaway hatch at the Fore Street end of the Harbour, with fabulous artisan breads, pastries, coffees, pasties and sandwiches.

The Balcony

www.balconybarstives.co.uk

01736 798482

Harbour-side with an extensive breakfast range from baps to full Cornish.

Sky's Diner

01736 798618 - 43 Fore Street

All-day English breakfast, plus pastries, coffee and lots more. Eat-in or takeaway.

Yellow Canary

01736 797118 - 12 Fore Street

Few can resist the smell of Yellow Canary's artisan bread, pastries and coffee! Eat-in or takeaway.

Scoff Troff Cafe

www.scofftroff.co.uk

01736 797341

From full English to Belgian waffles, including vegan and gluten-free. On Market Place.

Cafe Art

01736 447071 - 3 Chapel Street

Located in the Drill Hall by the cinema, offering breakfast, brunch, cakes, toasties... They also host drop-in craft afternoons. Check out their Facebook page or call for details.

St Ives Restaurant Suggestions

We strongly advise booking in advance. Many restaurants are no longer taking walk-ins, only pre-reserved bookings.

Porthmeor Beach Café £££ 01736 793366 www.porthmeor-beach.co.uk

Just down the hill right on Porthmeor beach, open for breakfast, lunch and dinner. Tapas and more. Outside booths and covered terrace with heat lamps.

The Rum and Crab Shack ££ 01736 796353 www.rumandcrabshack.com

Offering a fantastic variety of crab and Caribbean dishes, as well as traditional options.

The Sloop Inn ££ 01736 796584 www.sloop-inn.co.uk

One of Cornwall's oldest inns. Hearty pub grub served, with seating inside and outside.

The Seafood Café ££ 01736 794004 www.seafoodcafe.co.uk

Fresh local fish, shellfish, prime Cornish meats and free-range poultry. Lunch and dinner.

Porthminster Café ££££ 01736 795352 www.porthminstercafe.co.uk

On Porthminster Beach, inside dining and covered terrace. Open for breakfast coffee, lunch, afternoon tea and dinner. On the pricey side, you'll need to book.

Blas Burgerworks ££ 01736 20797272 www.blasburgerworks.co.uk

Boasts a large menu of locally sourced beef, chicken, fish and vegetarian burgers.

Mermaid Seafood Restaurant £££ 01736 796816 www.mermaidstives.co.uk

With lobsters as their speciality, this restaurant is on Fish Street just behind the harbour.

Lifeboat Inn ££ 01736 794123 www.lifeboatinnstives.co.uk

Family pub on the Harbour with stunning views. Traditional pub grub and Cornish ales.

Porthgwidden Beach Cafe £££ 01736 796791 www.porthgwiddencafe.co.uk

Nestled on Porthgwidden Beach, serves breakfast, lunch and dinner. Covered terrace.

Pedn Olva £££ 01736 796222 www.pednolva.co.uk

On The Warren jutting out on the rocks between the Harbour and Porthminster Beach, open for coffee, lunch and dinner. Spectacular views, terrace open during the day.

Firehouse Bar and Grill ££ 01736 799664 www.firehousestives.co.uk

Gin bar downstairs and restaurant upstairs. Serves pizzas, seafood, burgers and steaks.

The Mex ££ 01736 797658 www.themex-stives.co.uk

Jolly Tex-Mex restaurant. Inside dining only.

Talay Thai ££ 01736 795157 www.talaythai.kitchen

Thai restaurant on the harbour, inside dining only. No bookings. Eat-in and takeaway.

Beer and Bird ££ 01736 793776

Fried chicken, burgers and vegan options. No bookings. Eat-in and takeaway.

Fish & Chips and Takeaways

Balancing Eel 01736 796792

Popular for their traditional and locally sourced fish and chips, just off the harbour road.

Harbour Fish and Chips www.harbourfishandchips.co.uk 01736 799295

Takeaway or eat-in, serves battered and grilled fish. Next to the Lifeboat Station.

West Beach 01736 795843 *SEASONAL*

At the west end of Porthmeor Beach. Pizzas downstairs, BBQ fish bar upstairs.

Porthmeor Beach Takeaway *SEASONAL*

Below Porthmeor Beach Café right on the beach. Fish and chips, paninis, salads.

St Ives Pizza Co www.stivespizza.com 01736 794030

Artisan pizzas for delivery.

Rajpoot 01736 795307

Excellent Indian food, eat in or takeaway. On Gabriel Street, near the cinema.

Curry Garden 01736 799003

Indian food, eat in or takeaway. On Tregenna Hill.

Hong Kong Kitchen 01736 798257

Chinese takeaway. On Chapel Street, near the cinema.

Pels Of St Ives

Pasties, pasties, pasties... On the harbour.

Pubs/Bars

The Sloop Inn

Harbour-side. Dates back to 1312 and has a cosy atmosphere. Outdoor seating available.

Queens Hotel

Quieter pub on the High Street with plenty of board games and regular live music.

The Lifeboat Inn

Large pub on the harbour. Serves food and great for families.

The Host

Elegant bar offering sumptuous cocktails and more.

The Balcony Bar

Harbour-side bar showing live sport on big screens. Great burgers and beer.

The Union and The Castle

Two pubs on Fore Street. Both offer hearty pub grub.

Out of Town Restaurants

Birdies Bistro (Lelant Saltings)

Beautiful cafe/restaurant on the estuary - a bird-watcher's paradise! Great for breakfast, lunch or just a coffee. Open some evenings.

<https://birdiesbistro.co.uk>

The Old Forge (Lelant Saltings)

Great Italian and pizzeria with gorgeous wines, amazing cocktails and a lovely outdoor terrace. Breakfast, lunch and dinner.

<https://www.theoldforgelelant.co.uk>

The Terrace (Hayle)

Italian restaurant in Hayle with a covered waterside terrace overlooking the estuary.

<http://www.theterracehayle.com>

The Watermill (Lelant Saltings)

Lovely traditional pub in Lelant with parking and a working water mill.

<https://watermillincornwall.co.uk>

The Gurnard's Head (Treen)

Very well-reputed gastro pub further down the West Cornwall coast.

<http://www.theterracehayle.com>

Balnoon Inn (Old Coach Road)

Lovely pub with a cosy indoors and masses of outside seating.

<https://thebalnoon.co.uk>

The Tinnars Arms (Zennor)

Lovely posh-nosh in Zennor. Can be walked to along the SW Coastal Path, although it is a 4-6 hour walk on quite rough terrain. We have maps available on the bookshelf!

<https://tinnersarms.com>

Halsetown Inn (Halsetown)

Gastro pub just outside St Ives in Halsetown. Also offers cooking classes, including how to make your own Cornish pasties!

<http://www.halsetown.com>

The Old Coastguard (Mousehole)

Gastro pub overlooking the sea from Mousehole.

www.oldcoastguardhotel.co.uk

The Harbourside Refuge (Porthleven)

Michael Caines restaurant on picturesque Porthleven Harbour.

www.theharboursiderefuge.co.uk

Things to do

In St Ives

Local Markets at the St Ives Guildhall

Craft Market, Weds (10am-4pm); Farmers' Market, Thurs (9.30am-2pm)

St Ives Museum

Visit our local museum in the heart of Downalong packed full of history and artefacts. Near Smeaton's Pier. Closed Sundays.

St Ives School of Spirits

Gin-making workshops in the distillery in town (stivesschoolofspirits.co.uk)

Tate St Ives

Large collection of modern art plus temporary exhibitions, and a cafe with stunning views across Porthmeor. Tickets must be booked in advance.

Barbara Hepworth Sculpture Gardens

Hepworth's studio and gardens are a wonderful oasis just off Fore Street. Tickets must be booked in advance.

Leach Pottery

Gallery and shop showcasing the studio's famous pottery.

Porthminster Gallery

Recently relocated to Fore Street, affordable art and great exhibitions.

South West Coastal Path

Running the length and breadth of Devon and Cornwall, pick up the Coastal Path just above Porthmeor Beach and follow it round towards Zennor (4-6 hours) or for a gentler route, from Porthminster Beach towards Carbis Bay, Lelant and Gwithian. Guides can be found on the bookshelf in the hallway.

St Ives e-Bikes

Explore stunning West Cornwall without the effort. Pick up an electric bike just round the corner or delivered to our front door (www.stivesbikes.co.uk)

Big Wave Sport

Surf-gear rental delivered to the beach or our front door. Also offers drop-in Beach Fit classes on Porthmeor (www.bigwavesport.com)

Things to do

Surrounding Areas

St Michael's Mount and Causeway (Marazion)

Walk across the causeway at low tide or catch a small boat across at high tide to this fabulous National Trust castle in the sea!

Minack Theatre (Porthcurno)

Stunning open-air theatre with spectacular views across Porthcurno. Matinee and evening performances throughout the summer (www.minack.com)

Tremenhere Sculpture Gardens (Penzance)

Spend a morning searching out the sculptures tucked among these beautiful tropical gardens. Incredible views of St Michael's Mount and a fantastic cafe.

Trebah Garden (Nr Helston)

Gorgeous sub-tropics with bamboo forest, gunnera passage, amphitheatre, and private beach on the Helford River (www.trebah-garden.co.uk)

The Lost Gardens of Heligan (Nr Mevagissey)

Lost after WW1 and rediscovered in 1992, this mysterious garden has acres of luscious gardens to explore including a sky walkway and kitchen garden.

Eureka Escape Rooms (Penzance)

A great rainy-day activity located in Penzance (www.eurekaescape.co.uk)

Geevor Tin Mine (Pendeen)

Explore Cornwall's tin and copper mining heritage (www.geevor.com)

The Poldark Mine (Nr Helston)

Underground tours and open-air museum (www.poldarkmine.org.uk)

Pendennis Castle (Falmouth)

Visit Henry VIII's fortress and explore its World War history.

Tintagel Castle (Nr Wadebridge)

Walk the dramatic suspended footbridge to King Arthur's legendary home. There are plenty of other Arthurian places to visit nearby too, including the stunning St Nectan's Glen and the Aurtherian Trail.

Directions to the Beach, Tate, Town & Harbour

Porthmeor Beach & The Tate

Turn right out of the house and at the end of the row of houses take the steps to your left down to Westwood Road. At the end of Westwood Road, turn left and walk down Porthmeor Hill to the beach and The Tate.

Town & Harbour

Follow the above directions to The Tate. Walk past the gallery to the end of the road and follow it round to the right. Go straight ahead on to the cobbled lane (The Digey), and follow this to the end where you will find Fore Street and the shops. From here you can cut through to the Harbour for the restaurants and cafes. You will also find the Barbara Hepworth Sculpture Gardens off Fore Street, which we highly recommend.

