

Good morning!

Breakfast Menu

Our healthy multigrain cereals



Cheerios Bran flakes **Weetabix** Rice Krispies **Shreddies**

The bread we use is 50/50 bread

Selection of spreads



Cheese



Marmite



Butter

Include dairy-free spread

Yoghurts



Strawberry



Raspberry



Apricot

Other breakfast choices

Crumpets

Week 1+3

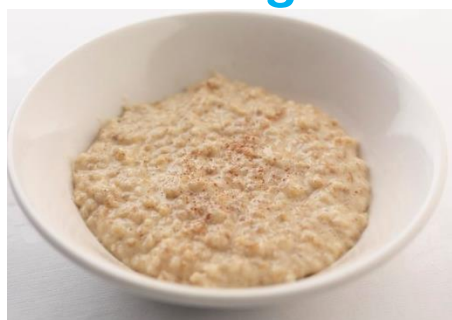


Bagels

Week 2+4



Porridge



Drinks available:



We will cater for dietary requirements. Please speak to the club manager and please ensure these requirements are also on your child's registration form.

Cooked foods

Week 1 - Scrambled eggs



Week 2 - Beans on toast



Week 3 - Boiled eggs



Week 4 - Ham pittas



Allergen's list

Including comparable products

Weetabix / Wheat Bisks: Barley and wheat	Cheerio's / Hoops: Barley, Oats, Wheat.	Shreddies / Malted Wheaties: Barley and wheat	Rice Krispies / Rice snaps: Barley
Bran flakes: Barley and wheat	Dairylea / Laughing Cow: Milk and Cheese	Marmite/ Yeast Extract: Celery, Barley, Wheat, Oats, Rye	Butter / Spread: Milk and Buttermilk
Yogurts: Milk	50/50 Bread / Bread: Wheat and Soya	Bagel / Inc New York: Barley and wheat May Contain: Sesame.	Crumpets: Wheat and soya
Beans None	Eggs Egg	Pitta bread Wheat	Porridge Oats

Week 1 starts from Monday 17th April 2023