

## Firsts since February...

**C**hurch by Zoom, remote and strange  
yet felt good to be part of the group once more

**O**ut and about in the green of the Tors  
no virus could withstand the strength of that howling fresh air

**V**isits to friends and visits from friends,  
face to face, yet at a distance, no hugs

**I**n the swimming pool, my body sighed as it stretched and swam  
delighting in the water of the safe, clean pool

**D**ining in style, at tables well-spaced  
the food was delicious...and no washing up!

