

## Pew Sheet Reflection

On this feast of St Michael and All Angels, we celebrate the heavenly beings who continually worship and serve God. The sonnet below invites us to seek St Michael's help to turn our lives to the same purpose, recognising that it is only by following the angels' example and putting God in his rightful place that the forces of darkness in this world and the next – the 'tyrannies of hell' – can truly be overthrown.

Revd Carys

Michaelmas: a sonnet for St Michael the Archangel

Michaelmas gales assail the waning year,  
And Michael's scale is true, his blade is bright.  
He strips dead leaves; and leaves the living clear  
To flourish in the touch and reach of light.  
Archangel bring your balance, help me turn  
Upon this turning world with you and dance  
In the Great Dance. Draw near, help me discern,  
And trace the hidden grace in change and chance.  
Angel of fire, Love's fierce radiance,  
Drive through the deep until the steep waves part,  
Undo the dragon's sinuous influence  
And pierce the clotted darkness in my heart.  
Unchain the child you find there, break the spell  
And overthrow the tyrannies of Hell.

By Malcolm Guite



**NEXT SUNDAY 06.10.2024 Dedication Sunday**  
10.30am in the Church

**READINGS:** NT Genesis 28: 11-18  
OT 1 Peter 2: 1-10  
GOSPEL John 10: 22-29



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# St Thomas, Exeter

29th September 2024

St Michael and All Angels

10.30am in Church

### Today

**10.30am Sung Eucharist**

*Hymn Numbers.*

564 Ye holy angels bright

570 You are the King of Glory

388 O praise ye the Lord

### Tuesday 1st October

**7.30pm** House Group at Helen's House. St Paul's ministry to the Thessalonians

### Wednesday 2nd October

**10am** Walsingham Mass

### Thursday 3rd October

**9.30-11am** St Thomas Tots

**10.30-12 noon** Knit & Natter. 19 Maple Rd  
Details from Jenny on 01392 49872

### Friday 4th October

**9.30am** Morning Prayer

**10am** Staff Meeting



## Collect

Everlasting God, you have ordained and constituted the ministries of angels and mortals in a wonderful order: grant that as your holy angels always serve you in heaven, so, at your command, they may help and defend us on earth; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

## Revelation 12: 7-12

War broke out in heaven; Michael and his angels fought against the dragon. The dragon and his angels fought back, but they were defeated, and there was no longer any place for them in heaven. The great dragon was thrown down, that ancient serpent, who is called the Devil and Satan, the deceiver of the whole world—he was thrown down to the earth, and his angels were thrown down with him. Then I heard a loud voice in heaven, proclaiming, 'Now have come the salvation and the power and the kingdom of our God and the authority of his Messiah, for the accuser of our comrades has been thrown down, who accuses them day and night before our God. But they have conquered him by the blood of the Lamb and by the word of their testimony, for they did not cling to life even in the face of death. Rejoice then, you heavens and those who dwell in them! But woe to the earth and the sea, for the devil has come down to you with great wrath, because he knows that his time is short!'

## Hebrews 1: 5-14

To which of the angels did God ever say, 'You are my Son; today I have begotten you'? Or again, 'I will be his Father and he will be my Son'? And again, when he brings the firstborn into the world, he says, 'Let all God's angels worship him.' Of the angels he says, 'He makes his angels winds, and his servants flames of fire.' But of the Son he says, 'Your throne, O God, is for ever and ever, and the righteous sceptre is the sceptre of your kingdom. You have loved righteousness and hated wicked-

ness; therefore God, your God, has anointed you with the oil of gladness beyond your companions.' And, 'In the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same, and your years will never end.' But to which of the angels has he ever said, 'Sit at my right hand until I make your enemies a footstool for your feet'? Are not all angels spirits in the divine service, sent to serve for the sake of those who are to inherit salvation?

## John 1: 47-51

When Jesus saw Nathanael coming towards him, he said of him, 'Here is truly an Israelite in whom there is no deceit!' Nathanael asked him, 'Where did you come to know me?' Jesus answered, 'I saw you under the fig tree before Philip called you.' Nathanael replied, 'Rabbi, you are the Son of God! You are the King of Israel!' Jesus answered, 'Do you believe because I told you that I saw you under the fig tree? You will see greater things than these.' And he said to him, 'Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man.'

## Post Communion

Lord of heaven, in this eucharist you have brought us near to an innumerable company of angels and to the spirits of the saints made perfect: as in this food of our earthly pilgrimage we have shared their fellowship, so may we come to share their joy in heaven; through Jesus Christ our Lord. **Amen**

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## NOTICES

**TALKWORKS can help!** If you are feeling stressed, anxious, are experiencing ongoing low mood, or are having difficulty sleeping,

NHS TALKWORKS is a free, confidential, talking therapies service helping you to feel better and giving you the tools and techniques to improve your mental well-being.  
0300 555 3344 Give us a call and see how we can support you. [www.talkworks.dpt.nhs.uk](http://www.talkworks.dpt.nhs.uk)

**The House Group** meets fortnightly in someone's house to talk about our faith, other Christian churches, other faiths, about the Bible and anything else! It is a friendly group and people are always welcome to see if it's for them. Please speak to Ian, Helen or Mic if you would like to come and find out more.

**Northcott Theatre** Friday 18th October to Wednesday 23rd October (local discount on Friday) *The Commotion*. More on the Prayer Book Rebellion of 1549 following our successful talk by Prof Mark Stoye. Box office phone no 01392 726363

## Macmillan Cancer Support, Sunday 29th September after the service

The Knit & Natter group are very happy to support Macmillan this Sunday. We shall present an exhibition of work done this summer, not only by the Thursday group, but by people throughout the parish. There will also be a wool giveaway for anyone who feels they'd like to knit this autumn. Please come next week.

**Theatre Alibi** at their home in Emmanuel Hall are having an open day on 28 September 9-4pm to launch its new autumn programme. Please see [Home - Theatre Alibi](#)

**Harvest Festival** 13th October. Bring & Share lunch.

