## **Reflection for 6th Sunday after Trinity**

I challenge you to write a Collect! As you will know from the Collects which we say each week, they are short prayers with a set structure, which often sum up (or collect) our thoughts about the theme for the service. I'll use today's Collect as an example (*in italics*).

They start by addressing God (*Merciful God*) and then acknowledge the quality or characteristic of God which relates to the request we are about to make ( **you have prepared for** those who love you such good things as **pass our understanding**). If we were writing a Collect for Harvest Festival we might reference God's generous provision. Next follows our request ( *pour into our hearts such love towards you*) and our hope, aspiration or outcome (that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire). Finally, we make clear that our plea is expressed through Jesus our Saviour and the Holy Spirit ( through Jesus Christ your Son our Lord, who is alive and reigns with you in the unity of the Holy Spirit, one God, now and for ever).

It is a prayer which is centred on God; who God is and how God loves to give beyond our wildest expectations and beyond anything we could possibly deserve.

Rev. Sarah

Even if you cannot join the service by telephone or video on Sunday, it would be good to try to say our prayers in some form **at 10.30** that morning, and to be intentionally holding each other up to God, and praying for the wider community of St Thomas.

### **NEXT SUNDAY 26.07.20 Trinity 7**

**SERVICES** 12 noon Mass

#### **READINGS**



OT 1 Kings 3.5-12 NT Romans 8.26-39 GOSPEL Matthew 13.31-33,44-52

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# St Thomas, Exeter

# Sunday 19th July 2020 6th Sunday after Trinity

Here's the plan! We are going to continue with the Zoom services at 10.30 on Sundays because they have a wide reach and offer flexibility in what we do, so keep an eye out for different formats, presentations and/or activities. We also hope to open this service up more widely so that we might attract those who have not yet worshipped with us in this way. At the same time, there will be a simple 12 noon Mass similar to the one we had for St Thomas Day—observing physical distancing and other requirements. This plan is not set in stone, but it's a start as we move forward. Those receiving a mailshot will continue to be able to be part of the St Thomas community in that way.

Sunday worship by Zoom this week The telephone numbers are the same: 0203 051 2874, 0203 481 5237, 0203 481 5240, 0131 460 1196, bearing in mind that's it's worth trying a second one if the first isn't very good. The meeting number is 846 4638 6622 and the access code/password 425499.

Fr David



#### Collect

Merciful God,

you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire:

through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen** 

#### Isaiah 44.6-8

Thus says the Lord, the King of Israel and his Redeemer, the Lord of hosts:
I am the first and I am the last; besides me there is no god.
Who is like me? Let them proclaim it, let them declare and set it forth before me. Who has announced from of old the things to come?

Let them tell us what is yet to be.
Do not fear, or be afraid;
have I not told you from of old and declared it?
You are my witnesses!

Is there any god besides me?

There is no other rock; I know not one.

#### Romans 8.12-25

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh—for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba! Father!' it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

#### Matthew 13.24-30 & 36-43

Jesus put before them another parable: 'The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him. "Master, did you not sow good seed in your field? Where, then, did these weeds come from?" He answered. "An enemy has done this." The slaves said to him, "Then do you want us to go and gather them?" But he replied, "No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn." Then he left the crowds and went into the house. And his disciples approached him, saying, 'Explain to us the parable of the weeds of the field.' He answered, 'The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest

is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!

#### **Post-Communion Prayer**

God of our pilgrimage, you have led us to the living water: refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord. **Amen** 

#### NOTICES

**Knit & Natter** A reminder that this group is meeting on Thursdays 10.30—1 in the Pleasure Ground. Please ring Jenny Tuckett on 01392 498725 for more details.

Community Larder: Many thanks to all those who have contributed to this vital project, your generosity is amazing and humbling. The needs it is meeting (helping up to 150 people a week) haven't gone away, so please continue with your support.

