



# **Upcoming Events**

### LAPA Teaching

Gynaecology Teach-in - 8<sup>th</sup> April 18:00 - 19:00

Stroke Teach-in - 13<sup>th</sup> May 18:00 - 19:00

ITU Teach-in - 10<sup>th</sup> June 18:00 - 19:00

### Other Events

Acute Medicine Series

- Diabetes &
Endocrinology - 17<sup>th</sup>
March 18:30

<u>Trainee Series –</u>
<u>Wellbeing & Decision</u>
<u>Making – 26<sup>th</sup> April</u>
18:30

Specialty Series – Rheumatology – 6<sup>th</sup> April 18:30

Past LAPA CPD Events

You can now catch up on all our previous events online here.





Welcome to the March edition of the London Affiliation of Physician Associates (LAPA) newsletter.

With the number of daily Covid cases dropping, the countdown to freedom has started! Let's hope we can have a Summer of seeing friends and family, and look back on what we have achieved and be very proud of our contribution.

We are happy to introduce new PA Ambassadors for North Central London - Tong Jiao, Nasra Yousuf and Hana Mohamed. They are joining the team to further help with recruitment of PA's in the area as well support local PAs in post. Do get in touch if you have any questions or want to be on their mailing list of upcoming events.

Our mentorship programme is back up and running and whether you are newly qualified or an experienced PA who wants to share their knowledge - please drop us an email at <a href="mailto:hello@londonphysicianassociate.co.uk">hello@londonphysicianassociate.co.uk</a>

The LAPA teaching diary is looking exciting. This month, we had Raj Gill giving a talk on COPD in primary care, with a bonus Q&A from him below. If you missed it, you can watch the video on the website. See the list on the left to see what's coming up.

#### **Recent Publications**

Physician Associates and administration of Covid-19 Vaccine

NICE Managing long-term effects of Covid-19

RCP and Covid-19

NICE Secondary bacterial infection of eczema: antimicrobial prescribing

RCP Acute Care Resource and End of Life Care

Q & A with Raj Gill PA in Primary Care

## Tell us about your career so far

I qualified in 2013 from St George's, I initially worked in GUM medicine, but have been working in General Practice for last 7 years. I am currently the workforce lead for Central Camden PCN and I manage 11 PAs across the PCN.

I have a special interest in Respiratory medicine, I completed an MSc in Respiratory Medicine and Published a study last year - <u>Agreement between self-reported asthma</u> symptoms and exhaled nitric oxide levels: impact on inhaled corticosteroid prescribing in general practice. An observational study | Allergy, Asthma & Clinical Immunology | Full Text (biomedcentral.com)

What are you favourite things about working in GP?

I like the high degree of autonomy, you can make decisions in patient care and follow up the outcomes. You can gain experience or training in the full breadth of medicine depending on your interest. There is room for progression to more senior roles including partnership.

What are you interests outside of work?

Baking, Travel and I got into growing plants in the lockdown.