

JPAC LTD Sun Safe Policy

THE SUN SMART RULES.....

- S Stay in the shade between 11am 3pm
- M Make sure you never burn
- A Always cover up wear a T-shirt, hat and sunglasses
- R Remember children burn more easily
- T Then use Factor 50 sun cream
- 1. Staff need to talk to children about the dangers of over exposure to the sun whilst stressing the benefits of out-door play
- 2. Children need to be taught how to protect themselves with clothing and sun screen lotions and by using natural shade
- 3. If it is an exceptionally hot day time spent outside needs to be restricted particularly between 11am and 3pm.
- 4. Children need to be reminded about the importance of drinking water so that they keep hydrated.
- 5. During Holiday Club parents must provide factor 50 sun factor lotion/cream for their child. The container should be labelled with their child's name. Sun lotion/cream should be applied by parents BEFORE their child arrives at the club.
- 6. Parents should complete a permission slip allowing staff to apply the lotion or their child to apply the lotion for those children in Key Stage 2. This can be found online in the registration documentation

Reviewed October 2021