

## Reflection 2<sup>nd</sup> Sunday before Lent

This canticle from the prophet Jeremiah, which is part of the Morning Prayer sequence of the Breviary, seems sharply apposite at present. It will form part of my reflection about where we are at present with the cost of living / equity crisis.

### ***Lament of the people in a time of famine and war (Jeremiah 14. 17-21)***

Let my eyes run down with tears night and day,  
and let them not cease,  
for the virgin daughter of my people is smitten  
with a great wound,  
with a very grievous blow.

If I go out into the field,  
behold those slain by the sword!  
And if I enter the city, behold, the diseases of  
famine!  
For both prophet and priest ply their trade  
through the land,  
and have no knowledge.

Have you utterly rejected Judah?  
Does your soul loathe Zion?  
Why have you smitten us  
so there is no healing for us?

We looked for peace,  
but no good came;  
for a time of healing,  
but behold terror.

We acknowledge our wickedness, O Lord,  
and the iniquity of our father,  
for we have sinned against you.  
Do not spurn us, for your name's sake,  
do not dishonour your glorious throne;  
remember and do not break your holy covenant  
with us.

*Fr David*

## WARM SPACE ST THOMAS PARISH HALL

THURSDAY 3-5PM



Free refreshments in a warm space.

**NEXT SUNDAY 19.02.2023** Sunday next before Lent

**SERVICES:** 10.30am Sung Eucharist in the Hall.

**READINGS:** OT Exodus 24: 12-18  
NT 2 Peter 1: 16-21  
GOSPEL Matthew 17: 1-9



### CONTACT US

**Fr David Nixon** 01392 667192. Day off: Mondays  
rev.dave@virgin.net

**Revd Sarah Cumming** Curate 07543604115  
rev.sarahcumming@gmail.com

**Revd Alison Whiting** Associate Priest  
rev.alisonwhiting@gmail.com

**Phil Baker**, Reader 07970 216740  
lionelbaker@outlook.com

**Revd Terry Litherland** 07594633195  
tlitherland36@gmail.com

**Ian Totterdell** Church Warden 01392 848674  
07536459096 ian.totterdell@cantab.net

**Judith Southam** Church Warden  
judithsoutham5@gmail.com

**Email:** parishoffice@stthomaschurhexeter.co.uk

**Facebook:** www.facebook.com/sttexeter

**Website:** www.stthomaschurhexeter.co.uk

**Twitter:** @sttexeter

**Office Tel:** 01392 437486 Messages at any time.



# St Thomas, Exeter

12th February 2023

2nd Sunday before Lent

10.30am in the Hall

### Today

10.30am Sung Eucharist

*Hymn Numbers*

242 Immortal, invisible, God only wise

314 Lord of beauty, thine the splendour

442 Seek ye first the kingdom of God

***Discussion about cost of living crisis***

### Wednesday 15th February

10am Holy Communion (BCP)

### Thursday 16th February

9.30-11am St Thomas Tots.

9.30-10.30am Community Larder

10.30am-12noon Knit & Natter

3-5pm Warm Space in the Hall.

### Friday 17th February

9.30am Morning Prayer.

10am Staff Meeting.



## Collect

Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever. **Amen**

## Genesis 1. 1-2.3

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, 'Let there be light'; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day. And God said, 'Let there be a dome in the midst of the waters, and let it separate the waters from the waters.' So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day. And God said, 'Let the waters under the sky be gathered together into one place, and let the dry land appear.' And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, 'Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.' And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day. And God said, 'Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.' And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day. And God said, 'Let the waters bring forth swarms of living creatures, and let birds fly

above the earth across the dome of the sky. 'So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, 'Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.' And there was evening and there was morning, the fifth day. And God said, 'Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.' And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good. Then God said, 'Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.' So God created humankind in his image, in the image of God he created them; male and female he created them. God blessed them, and God said to them, 'Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.' God said, 'See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.' And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day. Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

## Romans 8: 18-25

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the crea-

tion itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

## Matthew 6: 25-34

Jesus taught his disciples saying, 'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. 'So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.

## Post Communion

God our creator, by your gift the tree of life was set at the heart of the earthly paradise, and the bread of life at the heart of your Church: may we who have been nourished at your table on earth be transformed by the glory of the Saviour's cross and enjoy the delights of eternity; through Jesus Christ our Lord. **Amen**