



Course title: Dementia Awareness

Duration: Full day

Maximum number of learners: 16

Course overview:

This course is suitable for carers who are looking after a person with dementia or who wish to learn more about the condition. The course is suitable for learners of all levels, including those who work in care home settings, medical settings or simply relatives who are looking after a family member with the condition at home. The course is designed as an introduction to the topic of dementia and so no pre-requisite training or knowledge is needed.

Course learning outcomes:

At the end of this course learners will:

- Define the term Dementia
- Discuss the different types of dementia and who is most at risk.
- List the most common symptoms of dementia to look out for.
- Discuss how dementia is diagnosed.
- Cite the importance of taking care of everyone involved in the diagnosis, including both the person and the carer.
- Describe how to care for someone with dementia, maintain their health and help them with their everyday tasks.
- Discuss the different home adaptations that can be made to make living with dementia easier and maintain the person's independence.
- Define the term perception
- Discuss holistic treatment