



**Course title:** Safeguarding Adults

**Duration:** One day

**Maximum number of learners:** 16

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**Course overview:**

This course will enable learners to have a clear understanding of the concept of vulnerability and the safeguarding of vulnerable adults in a range of care settings, some of which are regulated under the Care Standards Act 2000. This course will provide a detailed discussion of the Safeguarding Adults framework and its implementation process.

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**Course learning outcomes:**

By the end of the day the learner should be able to:

- Discuss the background into Safeguarding Adults
- Describe the terms Safeguarding, Harm and Restrictive Practices
- Discuss the key principles of legislation, codes of practice and policies
- Define the terms 'Abuse' and 'Vulnerable Adults'
- List and discuss the different types of abuse
- Describe the characteristics of abuse
- Explain what makes a person at risk of abuse
- Explain ways to reduce the likelihood of abuse including person centred care, individuality and promoting dignity and rights
- Understand the reasons, and procedures, for reporting abuse and unsafe practices including Whistle Blowing
- Explain the importance of multi agency working