



Course Overview

Course title: Intimate Care

Duration: Half day

Maximum number of learners: 16

Course overview:

This Intimate Personal Care training is delivered onsite at a venue of your choice for groups of up to 16 learners and is designed to up-skill support workers/care staff to enable them to give the highest standards of intimate care whilst ensuring the privacy and dignity of individuals being supported.

Course learning outcomes:

- List applicable legislation and local Policies
- Define the term Intimate Care
- Describe the difference between personal care and intimate care.
- Discuss and demonstrate the principles of intimate and personal care including infection control and prevention.
- Discuss the potential safeguarding risks and control methods associated with intimate care including record keeping and reporting.
- Explore the good practice guidelines for providing intimate care.
- Discuss ways we can promote dignity and respect.