

Leeds Local Medical Committee Limited

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Leeds LMC Wellbeing Seminar

Tuesday 31st March 2020, 12:00-5.00pm

Venue: The Village North, Headingley, Leeds

DRAFT AGENDA

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|----------------|--|
| 12.00 - 1.00pm | Registration and hot fork buffet |
| 1:00-1:40pm | Dr Clare Gerada - GP Health Service - Supporting GPs and Practice Staff |
| 1.40-2.00pm | Burnout in General Practice – Dr Rob Hendry Medical Director at Medical Protection Society |
| 2.00-2.10pm | Break |
| 2.10-3.10pm | Workshops – Round 1 |

Delegates can choose from the following workshop sessions:

Having better conversations

Dr. John Bibby, Wellbeing Lead, YORLMC

Dr Jonathan Dixon, GP & Regional & sub-regional appraiser and appraisal lead

Dr Emily Muirhead HBC facilitator

Effective time management

TBC

Personal Resilience – Top tips

Dr Rob Hendry Medical Director at Medical Protection Society

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| 3.10-4.10pm | Workshops – Round 2 |
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Delegates can choose from the workshop sessions listed in Workshops Round 1 (above)

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| 4.10-4.20pm | Break |
| 4.20-5.00pm | Panel session Q and A |
| 5pm | Close |