

Provider Performers

Norwich CCG

Dr Nick Morton

I have been a GP Partner at the Trinity & Bowthorpe Medical Practice since 1993. In that time I have had 9 years as Associate Medical Director of EEAST which gave me valuable insight into the workings of the NHS higher up the food chain! I was one of the first members of NORDOC GP cooperative in 1996 and became passionately involved in the management of OOH care until 2013 and still do regular sessions despite the continued disinvestment. I am involved on the Leadership Board of One Norwich and see the future having GPs work in larger groupings however it is for us to formulate and not have it dictated.

Dr Hitesh (Tesh) Patel

LMC member for Norwich Constituency since 1995

Over the years I have been on various committees representing Norwich and Norfolk

Current roles include:

Chair of the Drugs and Therapeutic Commissioning Group (Norfolk and Waveney) and TAG member and Prescribing Reference Group for Norfolk and Waveney.

Chair of Norwich Practices Limited (NPL)-Provider services for Norwich CCG Practices. Currently there is transition to merge NPL and One Norwich towards an integrated care Organisation (ICO)

Given the current increased GP workload, my particular interest is to ensure that work shifted from secondary to primary care is monitored and appropriately remunerated through locally enhanced services or other mechanisms for funding (Public health or NHSE)

I have recently been involved with the SCAs through the CCGs and funding streams, ensuring a process is in place for future additional drug monitoring of new drugs and re-evaluating what is currently funded.

I would welcome your continued support to ensure that Norwich Constituents are best represented on the LMC and will promote the interests of GP's particularly at a time of numerous NHS changes with the Five Year Forward View NHS plans, funding and workload crisis.

Dr Ian Tolley

An LMC member since 1993 I have seen the LMC's role change, particularly in relationship to the "local health organisations" to a point where some argue that it is less influential than in earlier days. I disagree with that perception; I feel its main strength is the ability to work via negotiation rather than confrontation, allowing the LMC as the voice of us all to be listened to (usually) when trusts and "our" CCGs

appear to be heading on a disastrous course of confrontation with GPs. As Chair of TAG I have tried to follow this approach with an attempt to gain “win-win” solutions for both primary and secondary care while at the same time firmly opposing unreasonable transfers of work to primary care. Most recently I have been involved in trying to reward the additional workloads above and beyond that funded by QOF involved in shared care prescribing. I would like to continue to represent the voice of the “moderate” on the LMC.

West Norfolk CCG

Dr Ian Hotchin

I have been in Kings Lynn since 1990 as trainee and GP. I am now senior partner at Southgates and Woottons Surgery with a practice population of nearly 25,000. I have been an LMC representative for 22 years, and a GP trainer for 20 years. I am one of the Academy doctors at Norwich City Football Club. I play a little veterans hockey and Sunday mornings cycle the hills of Norfolk.

Dr David Ince

I am a GP in a rural practice in Burnham Market where I have been a partner for the past 12 years. Prior to this I was a GP in West London having qualified from Charing Cross Hospital in 1998.

I am committed to supporting the ongoing financial viability of general practice and to ensure that adequate funding is received and appropriate services are commissioned to achieve this. I believe that primary care needs to be recognised as the solution to many of the challenges facing the NHS. It is the most cost effective arm of the health service and must be financially and politically supported.

We have seen the overall share of health funding coming into primary care over the past ten years significantly drop but our workload significantly increase with many services we provide being unfunded. This must stop and the LMC has a significant role in facilitating this by lobbying both locally and nationally.

North Norfolk CCG

Dr Peter Lawson

I have been a GP in Norfolk for 27 years and have served on the LMC for the last 9 years. I am a GP trainer and a tutor for medical students from UEA. I am the Chair of North Norfolk Primary Care Ltd, the North Norfolk working at scale organisation. In the past I have been a co-op director and involved with commissioning, and at present I represent my practice at the North Norfolk CCG Council of Members.

I enjoy general practice and feel that we have much to be proud of, and much that is worth defending. Current issues over workload, income & recruitment in general practice must be addressed. A strong and vocal LMC is vital to promoting and protecting ourselves locally.

Great Yarmouth & Waveney CCG

Dr Tim Morton

I am a full-time GP partner at Beccles Medical Centre for the last 28 years. For the last 6 years I have had the privilege of being Chair of the LMC for the last 6 years taking a special interest in GP workforce issues and representing the plight of general practice to the media and local MPs. I wish to continue to represent general practice issues in these difficult and challenging times.

Dr Wendy Outwin

Having been a GP Partner firstly for 3 years at Victoria Road Surgery, Lowestoft and then for 22 years at Park Surgery, Great Yarmouth, I have experienced many changes in the NHS both locally and nationally. I enjoy medical politics and as I get older, I feel a strong sense of wanting to do the best for patients, Drs and the NHS as a whole – a system I wholeheartedly support. Primary Care is the bedrock of the NHS and I believe that continued, personal care is vital for the efficiency of the system and wellbeing of patients.

In short, I relish the idea of being able to look at the bigger picture both in our immediate locality and in the UK as a whole. My professional interests include LARC (fitting and removal of IUSs and contraceptive implants), and all aspects of patient care in a personal list setting. I am also about to embark on becoming a UEA undergraduate tutor and an associate postgraduate trainer.

Outside of work, I keep fit with cycling, skiing and swimming and I play the viola in both the Norwich Philharmonic and Waveney Sinfonia Orchestras. I also follow domestic Party Politics closely.

If elected, I am prepared to accept office and agree to the retention of that office as described in paragraph 27 of the committee's constitution.

South Norfolk CCG

Dr Martin Belsham

I have sat on the Norfolk and Waveney LMC for some years and combined with my role as Chairman of Breckland Alliance, allows me to feed into decision making of the LMC highlighting issues in Thetford, an often forgotten part of the Norwich centric county system. My 32 years' experience in the NHS hopefully imparts a small amount of wisdom to that process.

Dr Peter Read

I would be honoured to continue to represent you all on the LMC and keen to take your questions and views to meetings. I am a Partner at Attleborough Surgeries and am involved in prescribing through the Therapeutics Advisory Group.

My work as a Management Consultant before becoming a GP has given me a keen interest in improving the way health care is delivered. I would bring enthusiasm and an eye for detail to the role.

SALARIED GPs

South Norfolk

Dr Samita Mukhopadhyay

I am a salaried GP in North Elmham, a rural practice north of Dereham. I have been a GP for a total of 18 years and a salaried GP for the last 2 years, having made a positive career choice, given the current state of general practice. I remain a trainer for GP trainees.

As a salaried GP representative on the LMC, I have a deep understanding and sympathy for the partners and trainees on committee and work towards collaborative solutions that could make all our lives better. To further this above agenda from another angle, I also sit on the Board of the East Anglia Faculty of the RCGP. I have been to a couple of LMC national conferences representing the Norfolk and Waveney LMC and presented a couple of motions important to our locality."

West Norfolk

Dr Susan Atcheson

I am a GP with seventeen years' experience in a small semi-rural practice in West Norfolk. I am lucky enough (I think) to live locally with my husband and two young children. I am a salaried GP working for a small limited company as the Clinical Lead and have been in post for nine years. I joined the LMC to have a greater understanding of the many issues GPs are facing in the current extremely challenging climate and to participate in addressing these difficulties

North Norfolk

Dr Seye Benedict

After completing my GP training in Norwich, I recently joined Mundesley Medical Centre as a Salaried GP. As a "Newbie", joining the LMC will help me better understand the fast changing dynamics of the speciality and ways I can contribute positively to this.

LOCUM GPs

Dr Annette Abbott

I have been a General Practitioner in Halesworth for 24 years. I have also worked elsewhere in the NHS prior to becoming a GP in 1991.

I have represented South Waveney on the LMC since 1999. I remain actively involved in trying to get resources into our practices and negotiating with the current CCG. I remain involved in the Clinical Leads meetings for Waveney. I currently work 6 sessions a week.

Times are very hard for General Practice, with major workload issues, bureaucracy (especially CQC and GMC) and recruitment all a nightmare. As your representative on the LMC, I will continue to work hard to fight for a fair resourcing of General Practice.

I believe in partnership based General Practice, and hope that young GPs will recognise that this is the only way to sustain cost effective primary care for the NHS

A time could come when all young doctors become salaried in large health care organisations, and the autonomy and innovation of partnership based General Practice will be lost. This will be a disaster for General Practitioners and the NHS.

I believe we must find a way forward through LMC and GPC representation to make General Practice a rewarding, well resourced, respected and attractive career to underpin the NHS as the most valuable institution of this country.

If General Practice fails, the NHS will fail.

I hope you will trust me to continue to represent you for a bit longer!

Dr Kathy Kestin

I have sat on the LMC for the last 9 years and also in the 1990's. I have seen a lot of change in the LMC and have a corporate memory going back 38years since qualifying.

I am married to a GP and have variously worked as a full time GP Partner (24 years), have ongoing experience of running a limited company and have worked as a locum in different locations, in the UK and abroad working within many different medical systems. In the last three years I have been working as a Locum GP in South Norfolk and also running a Private Laser Clinic.

One joy of the last eight years of Partnership was teaching medical Students. I'm passionate about education and supporting younger colleagues. To this end I am participating in the forthcoming UEA Medical Student Conference exploring GP Careers.

I am happy to stand for the LMC and represent locum doctors working in Norfolk. Partnership is not the only model of providing medical care; one size certainly doesn't fit all nationally. The voice of all doctors needs to be heard.

Co-Opted Members

Gt Yarmouth GPST

Dr Sarah Dyche

I am a GP registrar currently training in Great Yarmouth and Waveney. I am very passionate about increasing the awareness of the LMC within the training community and feel strongly about increasing the relationships between trainees and the committee. I hope to remain in the region and continue my work with the LMC when I finished my training. I hope to learn a great deal about the way local practices are run and supporting them through the future changes to the NHS and primary care.

King's Lynn GPST

Dr Khalil Khalil

I am a hard working person, very passionate about medical education, and Health system policies. I believe that we shape our future with our action plans and deeds. I am excited and hoping to be an active member at our LMC. One of my utmost goals is to be a game-changing leader at our LMC, so, it is just a start.

Norwich GPST

Dr Fola Opatola

Joining the LMC as a Norwich GP trainee is an opportunity for me to see leadership and group decision making in action, understand the workings of the LMC and learn leadership. This is one opportunity I definitely won't take for granted

Dr Amr Dewidar

I am a GP registrar, have been in the UK since 2016, worked in A&E for 2 years then joined the GP training program a year ago. Although initially joined the GPST for a better work life balance, I believe GPs will not achieve this unless they work hard to improve their working conditions and make the speciality more attractive for new doctors to join.

I joined the LMC to get a better insight into the problems and challenges facing our local GP community and be an active member within the team trying to manage any issues affecting our beloved speciality