

**Would you have kept your child off school before Covid?**

YES

**Keep your child off school**

NO

**Do they have:**

- 1) A new continuous cough?
- 2) A fever (high temperature over 38°C using a thermometer)?
- 3) A complete loss or change of smell or taste?

YES

**Keep your child off school and at home**

Speak to 119 or go to the <https://www.gov.uk/coronavirus> website and arrange for a self-test to be done

Your child and your household must self-isolate until you have the result of this test.

NO

**Does your child have an underlying chronic medical condition such as cystic fibrosis?**

YES

**Speak to their specialist team about testing criteria if you haven't already seen or spoken with them or had a letter in the post telling you when to worry**

NO

**Kids who are otherwise well with:**

- Runny noses
- Sore throats without a fever
- Mild colds

**Can go back to school AS NORMAL**

# Know Your Symptoms

## Covid-19

- Fever
- Dry Cough
- Fatigue
- Shortness of Breath

## Flu

- Fever
- Dry Cough
- Runny Nose
- Headache
- Sore Throat
- Muscle and Joint Pain

## Cold

- Cough
- Sore Throat
- Aches and Pains
- Watery Eyes
- Sneezing
- Runny or Stuffy Nose

## Allergies

- Sneezing
- Coughing
- Itchy Eyes
- Runny or Stuffy Nose

Please check [gov.uk](https://www.gov.uk) for up to date information regarding Covid-19 information.

