



Please join us for the launch of 'GP Pause'

GP Pause is a new, innovative programme to support both GP Practices and GPs who are off for an extended period of time, for any reason.

Keynote speaker: Dr Rachel Morris on 'How to design a life you're going to love'

Most GPs will have a 'Pause' at some point in their career and we want to ensure you have the tools to help you! So join us - if are a GP or part of Practice Management.

7:30pm on Thursday the 3rd of December 2020

Join our Zoom Meeting:

[https://us02web.zoom.us/j/89971419038?
pwd=dVBkdDNVVi9NNDFOU2JGbz3pCd0Qzdz09](https://us02web.zoom.us/j/89971419038?pwd=dVBkdDNVVi9NNDFOU2JGbz3pCd0Qzdz09)

Meeting ID: 899 7141 9038

Passcode: 150346

Keynote speaker: Dr Rachel Morris

GP, coach and host of 'You Are Not A Frog' podcast, helping doctors and professionals, beat stress and thrive

GP Pause is presented by Derbyshire GP Task Force.
Please visit our webpage for more information: [https://
gptaskforce.com/gp-pause/](https://gptaskforce.com/gp-pause/)