

## Annex A: Personal Development Plan

<b>Learning/development needs</b>	<b>Development objectives</b>	<b>Achievement dates</b>	<b>Activities to be used</b>	<b>Outcomes or evidence</b>
<i>What broad areas do you wish to address?</i>	<i>What specific goals are you setting yourself for each need? (Remember to keep them "SMART"!)</i>	<i>When do you expect to achieve your objectives?</i>	<i>How will you achieve your objectives?</i>	<i>How will you show that you have achieved your objectives?</i>
Develop a balanced learning style	Strengthen my activist learning style	February 2012	Aim to chair at least 3-4 practice meetings(held monthly) for the next year, and to make my views and feelings known on at least one item on the agenda at each meeting	Practice meeting minutes and keeping a reflective log of my views/feelings on items that I will be discussing at the meetings
Develop myself to become a better educator	Identify strengths and potential weaknesses in my teaching style	August 2011	Perform Staffordshire Evaluation of Teaching Styles. Develop myself in the area of "Action Learning(see last point of PDP"	Feedback from advanced practitioner nurse, whom I am currently mentoring, on specific identified points relating to my teaching style from debrief/teaching sessions with her
Being able to teach effectively where time is a limited resource	To research and identify specific tools that can be used to teach where time a is limited resource	August 2011	Use the "one minute preceptor" model when supporting advanced nurse practitioner in her daily workload	Agreed regular feedback from her about the effectiveness of this used in her learning