

Problem Gambling Baseline Survey for Clinicians in General Practice: Findings

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Background

- Sharing learning from other Local Authorities, in this case Sheffield
- Adapted with support from Local Medical Committee (LMC) and CCG's primary care development team.

Who should complete the audit?

This audit has been issued to all General Practices in Sheffield. The audit has already been conducted for mental health and addictions services, social prescribing practices, debt and money services, youth services.

Criteria to be measured and Standards set

Criterion	Answer	Percentage % answering "Yes"
In the past 12 months has your practice received any information or training (online, face to face, fact-sheets) about problem gambling?	Yes/No/Don't know	Baseline to be determined
Does your practice ask question(s) about gambling as part of routine assessment and care planning?		
Does your practice use a recognised screening tool to identify and/or assess the severity of problem gambling e.g. Bet/Lie, GA-20, PGSI?		
(Clinical providers only) Does your practice offer efficacious treatment for problem gambling e.g. Cognitive Behavioural Therapy?		
Does your practice know where to refer problem gamblers for effective treatments, debt or peer support?		



Method

- SMART survey software – online survey
- Web-link to survey in:
 - LMC newsletter
 - CCG Primary Care Bulletin
 - Email from CCG's Head of Practice Nursing
 - Reminder emails by Public Health
- Completion window from 30th November 2018 until 8th of January 2019



Respondents (1)

- 32 full responses

NB. 7 opened the survey but did not complete it

- Job titles:
 - 10 GPs (including 2 locums)
 - 15 Practice Nurses
 - 5 Healthcare Assistants
 - 2 Advanced Nurse Practitioners



Respondents (2)

22 GP practices took part in the survey, and

- 2 locums (Yorkshire Medical Chambers)
- 4 did not say which practice they worked for

Aireborough Family Practice	Meanwood Health Centre
Bellbrooke Surgery	Moorfield House Surgery
Chevin Medical Practice	North Leeds Medical Practice
Colton Mill Medical Practice (2)	Oakwood Lane Medical Practice (2)
Grange Medicare Middleton Park Surgery	Oulton Medical Centre (2)
Hyde Park Surgery	Rutland Lodge Medical Practice (2)
Leeds City Medical Practice	Shafton Lane Surgery
Leeds Student Medical Practice	St Martin's Practice
Lincoln Green Surgery	The Arthington Medical Centre
Lingwell Croft Surgery	The Garden Surgery
Manston Surgery	Whitehall Surgery



Findings (1)

- 6/32 (19%) received info on problem gambling (e.g. Beat the Odds campaign)
- None received training or didn't know
- 4/32 (13%) asked question(s) about gambling as part of routine assessment and care planning
- 1/32 (3%) said they used a recognised screening tool



Findings (2)

How many know where to refer gamblers...

- for CBT: 9/32
- for peer support: 7/32
- for self help: 12/32
- for debt or financial advice: 15/32
- Other e.g. social prescribing (3), CAB (1), IAPT (1)



Interesting quote...

“I have encountered this on a number of occasions, but only in the partners of gambling addicts who have had large sums of money stolen from them, rather than the gamblers coming to me for help. I have found that accessing appropriate legal advice, usually a good divorce lawyer, has been helpful for these patients.”



Number of respondents who wanted to receive messages about...

- 12 – this particular survey, findings and recommendations
- 17 – general news and information about local treatment services
- 14 – general news and information on training resources
- No other suggestions were made by clinicians



Next steps

- Share findings with CCG, LMC and individual practitioners who expressed an interest (12 so far)
- Agree recommendations, for example...
 - Involvement in Northern Gambling Clinic and Leeds Hub referral pathways, service delivery etc
 - Secure slot at TARGET (protected learning for general practice staff)

