

Practice In Touch

A newsletter for Lincolnshire GPs and their Practices



LMC Election Reminder

The Lincolnshire LMC are still open for Committee Nominations. The Election Pack was sent to all practices on the 8th November 2019 including the nomination form.

If you are a Lincolnshire GP and are wanting to nominate yourself for the LMC Committee please return your nomination form to Rosa.larner-peat@nhs.net BEFORE the deadline which is 12:00 noon on Monday 9th December.

If you require any further information or assistance please contact the Lincolnshire LMC.

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All articles can also be found on the LMC Website: www.linclmc.co.uk

Lincolnshire General Practice 'Meet & Eat'

Wednesday 22nd January 2020 at The Agra, Sleaford

[Book Your Place Here!](#)

A networking event for Lincolnshire Practices and GP Trainees looking to work in Lincolnshire

- ◆ Start with an informal networking session over dinner where practices can meet GP trainees and vice versa..
- ◆ A series 10 minute slots, booked during the Meet & Eat, will follow dinner where GP Trainees and Practices will be able to speak further.
- ◆ GP Trainees will be provided with practice information prior to the event; practices will also receive the GP Trainee Curriculum Vitae and briefing documents prior to the event.

Whether you would like to book to attend this event as a Trainee looking to work in Lincolnshire or as Practice representative.

lincolnshire  lmc

Available to Lincolnshire Practice Staff

Impact Lincs is a free service run by the Lincolnshire LMC which provides confidential peer to peer support, coaching & signposting for all Lincolnshire practice staff.

Our trained mentors can support you to make positive steps forward in your career and personal life.



Mentoring & coaching can benefit you & your organisation in many ways;

- ⇒ Help to make improvements to your work life balance
- ⇒ Allow you to manage transitions positively
- ⇒ Create a positive focus on achieving your aspirations
- ⇒ Improve your motivation
- ⇒ Develop & enhance your leadership skills
- ⇒ Improve your resilience
- ⇒ Build your confidence

To access or find out more about this free service, contact us;

Tel: 01522 576659 Email: info@lincslmc.co.uk

"This has been a really fantastic service to access and is something that I think should be available to all GPs."

Please be aware this is not an emergency service – If you find yourself in such a situation please seek help from your own GP or other agencies or contact BMA Counselling Tel 0330 123 1245 - 24 hours a day, 7 days a week

Anti-microbial Stewardship Training

Do you or your practice want anti-microbial stewardship support and training?

The Lincolnshire anti-microbial stewardship group are scoping what educational needs there are across the county, so that they can develop a package of training. To help this they have asked that all clinicians complete a survey to inform what is needed.

Please [click here](#) time to complete this survey.

Notification of Death Regulations 2019

In September 2019 the government released new guidance regarding Notification of Death. These guidelines can be found at the [Gov.uk website](#). The main change in the regulations is the requirement for any notification of death to the coroner has to be made in writing. This has little impact in Lincolnshire as we have been making notification to the coroner using the online portal for some time, which is acceptable under the new regulations.

The new regulations also clarify which deaths should and should not be notified to the coroner. We have created a new flow chart with Lincolnshire coroner's office which summarises this. This flow chart can be found on the [LMC website](#).

Managing patients having a mental health crisis

The LMC been working with LPFT to improve the interface between general practice and the mental health services. One of the issues we have highlighted is the difficulty some clinicians have had in accessing the Crisis Teams. Practices have had difficulty accessing advice for patients who are either, already receiving mental health support, or who refuse to consent to Crisis Team intervention.

If a patient is already receiving mental health support from a LPFT service, then the general practice clinician should initially try to contact this team if the patient is presenting with new or deteriorating symptoms. If this service is unavailable, then the clinician can contact the Crisis Team for support and advice, and the Crisis Team should then contact the service once this support has been provided.

If a patient refuses consent for the Crisis Team to be contacted, the GP clinician can still contact the Crisis Team. If the clinician feels that the patient does not have capacity to give consent, then the crisis team should have no difficulty in providing support and advice for the patient.

However, the Crisis Team cannot provide input for a patient who has capacity and declines their input. In this circumstance the Crisis Team should give advice to the GP clinician about how the clinician can support the patient. This advice may include contacting police, or approved mental health professional (AMHP), if the concern for the patient is such that they may need detention under the mental health act.

Safeguarding meetings in practice

In previous editions of Practice in Touch we have recommended that practices hold regular multi-disciplinary meetings to discuss safeguarding cases. CQC will expect practices to be recording these discussions in minutes and in the patients' records.

It is expected that practices will invite their locality Children and Young Persons link worker to these safeguarding meetings. CYP link workers will be able to discuss any patients who are on their case load only, but will not necessarily know about all children open to social services, on a Children in Need register, or with a Child Protection Plan in place. Practices should search their computer records to identify these children prior to meetings, and should also have a way of identifying children who have "not been brought" to hospital and practice appointments.

Electronic Discharge Documents:

United Lincolnshire Hospitals Trust have teamed up with Lincolnshire GPs to create a useful video answering the question: “Why is it important to have a timely and accurate electronic discharge document?”

You can view this video by going to the [LMC Website](#).

Safeguarding reports - funding for preparation

Preparing safeguarding reports is a vital role for all general practice clinicians. Until the Health and Social Care Act 2012 preparation of these reports was funded under “collaborative” arrangements by the County Council. When CCGs formed the funding streams became confused, and locally practices have had difficulty receiving the funding from the CCGs. LMCs across the country have been trying to rectify this situation on behalf of practices. A recent court case in Northamptonshire which was settled in favour of GP practices. This led to NHS England writing to all CCGs to impress upon the CCGs their responsibility to fund GP practices for preparing safeguarding reports.

In Lincolnshire the CCGs have shared with the LMC a draft specification for preparing safeguarding reports. This specification proposes funding for preparing reports, which the LMC welcomes. However, the Committee are concerned regarding some aspects of the specification as it stands-

- the specification does not adequately recognise the time taken to prepare reports, or fund this time appropriately
- the specification places a contractual obligation on clinicians to discuss reports with the conference chair, but does not fund their time to do this
- the specification requires practices to provide the CCG with quarterly data on safeguarding training, which the Committee feel is over-regulation
- the specification requires practices to share safeguarding reports with all individuals named in them, which will create a significant workload burden on practices, but does not fund the time to do this
- the specification requires safeguarding leads to attend meetings 2-3 times per year, though these meetings have not been shown to improve safeguarding and are unfunded

The LMC has advised the CCG of these concerns, and we hope that the CCG will amend the specification. In the meantime the LMC recommends that when practices receive requests to take part in safeguarding activity, that the practice should immediately agree to carry out this activity, but advise the CCG that all time spent preparing reports, attending conferences, speaking to conference chairs, and speaking to patients and carers about reports will be logged and invoiced for. Attached is a letter which practices can use for this purpose if they wish.

If the CCG amend the specification we will inform practices of the Committee’s view of these changes.

The Surprise Question - Possible Quality Improvement Activity

Are you looking for a Quality Improvement Activity for your appraisal or e-portfolio? If so you might like to consider looking at The Surprise Question Study which is a research project for Marie Curie Palliative Care. This study is looking at how practitioners use the Surprise Question to identify patients who may be near End of Life. It can also help you identify your patients who may be End of Life. If you want to know more, visit the [Surprise Study](#) website.



Vacancies in Lincolnshire General Practice

All practice vacancies can be viewed on the [LMC website](#)

Beechfield Medical Practice

NP/ ANP + Practice Nurse + HCA

Tel: 01775 724088 | Email: Don.McGeorge@nhs.net

Navenby Cliff Villages Medical Practice

GP Partner or Salaried 'with a view'

Tel: 01522 811411 | Email: Allison.cook@nhs.net

New Coningsby Surgery

GP Partner *Retirement Opportunity*

Tel: 01526 344544 | Email: dbent@nhs.net

Harrowby Lane Surgery

Salaried GP

Tel: 01476 579494 Email: Karen.brewster@nhs.net

Gosberton Medical Centre

Salaried GP | Finance/IT Support Manager

Tel: 01775 840204 | E: d.kowynia-kaczor@nhs.net

Parkside Medical Centre

Emergency Care Practitioner | Salaried GP | ANP

Tel: 01205 365881 | Email: l.baldwin2@nhs.net

The Suttons Medical Group

Practice Nurse

Tel: 01406 366348 | Email: patsi.slater@nhs.net

Market Cross Surgery

Practice Nurse

Tel: 01476 550056 | Email: Louise.allen@nhs.net

St Johns Medical Centre

Salaried GP | Practice Nurse

Tel: 01476 833114 | Email: d.croucher@nhs.net

Colsterworth Medical Practice

Advanced Nurse Practitioner

Tel: 01476860243 | Email: Clare.Newton2@nhs.net

St Peter's Hill Surgery

Salaried GP

Tel: 01476850123 | Email: Catherine.dickinson1@nhs.net

Market Rasen Surgery

Salaried GP or GP Partner

Tel: 01673843556 | Email: Tracydewhurst@nhs.net

Branston & Heighington Family Practice

Salaried GP

Tel: 01522 793081 | Email: ian.green2@nhs.net

Beacon Medical Practice

Clinical Practitioner | Salaried GP

Tel: 01754 897032 | E: vicki.coggins-hudson@nhs.net

Merton Lodge Surgery

GP for Maternity Cover

Tel: 01507 309094 | Email: janatkinson1@nhs.net

Brayford Medical Practice

Salaried GP

Tel: 01522 543943 | Email: tracey.baggott@nhs.net

Woodhall Spa New Surgery

Nurse Practitioner

Tel: 01526 353888 | Email: Tessa.clark@nhs.net

If you are a Lincolnshire practice & would like to advertise on our website please email info@lincsllmc.co.uk with details of your vacancy.

ADHD service for patients aged 16 and over

ADHD 360 are a private organisation which has been commissioned by Lincolnshire CCGs to provide an NHS ADHD service for patients aged 16 and older. This service started on 9th November 2019, and is currently based in Lincoln but will soon be providing clinics in other locations across Lincolnshire.

The new service will provide end to end patient requirements, from referral, through triage, assessment, treatment, and importantly to titration and optimisation, when medication is offered as a treatment option. Shared care requests will be made to GP practices, once patients are stabilised on medications.

The service builds on the NICE guidelines for ADHD so that patients will also be offered advice on non-medical aspects of care that can support medication to ensure that treatment is comprehensive.

Where medication is not thought to be the best intervention for the patient, referral will be made for other supportive interventions, such as psychological therapy, counselling etc.

Patients who are already receiving treatment from LPFT or community paediatrics will be automatically referred into the service when they achieve the appropriate age. CCGs will inform practices of how to refer patients who are newly presenting, or who move into Lincolnshire already with the diagnosis of ADHD.

COMMUNITY PAEDIATRICS - CHANGE OF PROCEDURE IN SENDING CLINIC COMMUNICATIONS

SystemOne practices only

From 1st December 2019, the way in which GP practices who use SystemOne receive reports from the Community Paediatrics team across all sites at ULHT will be changing.

For GP Surgeries using SystemOne, ULHT will send a Systemone task to the "Unassigned" group at the patient's GP practice. This Systemone task will inform the practice that there is a new clinic report, or other patient related letter, waiting in SystemOne to be actioned. The task type will be "Community Paediatric Clinic Report" and will read "See Report dated ...". This will enable the individual practice admin team to automatically assign the document to the correct group based on the task type and action as per practice protocols.

This change replaces the current process of posting hard copies of each report to practices thereby:

- Cutting down on the carbon footprint of each report
- Saving costs, postage, printing, stationery, admin time for ULHT
- Saving admin time performing unnecessary scanning at Practices
- Speeding up communication
- Ensuring safe transfer of information

This new process has been agreed by the LMC and tested by practices. If you have any queries or concerns please contact the LMC.

For any Practices who do not use SystemOne, the Community Paediatrics admin team will continue to print and post letters in the usual way.

Melatonin - Change To Licenced Uses

A new formulation of melatonin, Slenyto, has been given a licence for use in patients aged 2-18 with Autism Spectrum Disorder (ASD). Practices should use Slenyto for all patients who are aged 2-18 who have ASD otherwise pharmacies or wholesalers may reject the prescription.

LMC representative Dr Stephen Savory has produced the following guide to make switching patients easier for practices-

Search your clinical records for all patients who are on all formulations of melatonin including Bio-Melatonin and Circadin

Aged 2-18 years (only) with ASD (or Smith-Magenis syndrome) on melatonin tablets

Swap to licensed Slenyto 1mg +/- 5mg tabs (PACEF suggests 2, 5 or 10mg - nearest dose to previous dose)

All other patients on tablet melatonin

Swap to Circadin MR 2mg tabs - nearest equivalent dose

The important bit : You need to state the clinical indication on the script, eg 'insomnia associated with learning disability' or the pharmacy / wholesaler will reject the script / order.

All other patients on liquid preparations including ASD 2-18yrs who won't take tabs

Swap to or keep on melatonin 10mg/5ml oral suspension

The important bits: Must free-text 'alcohol and sugar free' and state the clinical indication on the script, eg 'autistic spectrum disorder intolerant of licensed product'

Finally, add the three preferred preparations, and their specific indications under 'dose instructions', to your practice clinical system's drug formulary.

If you are having to swap patients to a new formulation you should inform them that this is due to national guidance changes, and if they have concerns they should contact the specialist who initiated and monitors the drug.

Educational Webinars for Clinical Staff

These are short, high impact, educational sessions delivered by local consultants specifically for GPs and Clinical Practice Staff. This is a great opportunity to complete CPD at your convenience without needing to take a lot of time out of your day. Great opportunity! - Join as part of your clinical meeting where your team can learn together!

Go to www.linclsmc.co.uk/educationalwebinars to view our recorded webinars.

When accessing our video library you will be asked to enter a password -
Password: LincslMC.

This is a fantastic resource and add to your CPD!

If you have any issues accessing the recorded training or if you would like further information about future sessions, please contact the LMC on

Tel: 01522 576659 or Email: info@linclsmc.co.uk

DEVELOPMENT CENTRE

To view all of our current training and events or to book, please go to the [LMC Website](#)

Please note that our training and events page is updated regularly with new courses
For more information regarding any of the courses listed please call the LMC office on 01522 576659 or email: info@lincsLMC.co.uk

Upcoming Courses & Events:



Educational Webinars: Go to the educational videos [here](#)



[Managing CHD in Primary Care](#)



[Phlebotomy Update Training](#)



[Pill Check & Contraceptive Advice](#)



[Chaperone Training for Non-Clinical Staff](#)



[Immunisation Training*](#)



[Travel Health Training](#)



[Flu Training*](#)

*** Please be aware when booking Imms/Vacs training:**

The Flu training is now ONLY suitable for non-registered healthcare professionals, such as HCAs, registered healthcare professionals, such as Practice Nurses, now need to book to attend the Immunisation training.

Look Out For These Sessions....

Coming Soon:

- ◆ Appraisal Skills Workshop for Practice Managers and Team Leaders
- ◆ Interpretation of Blood Results in Clinical Practice – Primary Care
- ◆ Asthma/COPD Refresher Training
- ◆ Woundcare & Leg Ulcer Refresher Training
- ◆ Handling Complaints Training

[Book Now](#)

If you think Lincolnshire General Practice would benefit from training on a particular topic please let us know.

External Training Opportunities

Coaching Opportunities

Go to the [LMC website](#) for further information regarding opportunities which are free to access for PCNs;

- ◆ a 1-day Introduction to Coaching
 - ◆ and a 2-day programme for leaders.
-

Supporting Mothers Who Breastfeed

Better Births Lincolnshire have provided us with a new training aid for Doctors across the system. You can view or download this resource from the [LMC Website](#)

Clinical Presentation & Macro/Micro Vascular Management

This session is an advanced learning session and would be suitable for clinical and medical staff working with complex diabetes. Delivered by Dr Bala Srinivasan, ULHT Diabetologist, the session will include:

Overview of Micro and Macro-Vascular Complications - Evidence Base
Diabetic Retinopathy
Diabetic Nephropathy & Diabetic Neuropathy
Erectile Dysfunction
Research
Statistics

The training will take place:

21st Nov 2019 – 09.30-13.30

The Carre Arms Hotel & Restaurant, 1 Mareham Lane, Sleaford, NG34 7JP

Training is free to attend, lunch and refreshments are provided and the training is CPD accredited with certificates issued post-attendance.

To book - [CLICK HERE](#)

Bishop Grosseteste University

⇒ **MSc In Mental Health, Wellbeing and Resilience**

For full details about this course go to: <https://www.bishopg.ac.uk/course/mscmentalhealth/>

⇒ **MSc In Primary and Community Care**

For full details about this course go to: <https://www.bishopg.ac.uk/course/mscprimcomcare/>

⇒ **Post Grad Certificate in General Practice Nursing**

For full details go to <https://www.bishopg.ac.uk/course/pgcertgpn/>

⇒ **General Practice Nursing Conference**

To book go to: www.eventbrite.co.uk/e/lincolnshire-general-practice-nursing-conference-tickets-63971784329

Diploma in Advanced Primary Care Management

Are you interested in developing the expertise needed to manage primary care networks? If so, there are still some places available on the next Diploma in Advanced Primary Care Management course starting in June. The one-year course - which is mainly online – run by the National Association of Primary Care and is designed for people who are managing primary care and becoming responsible for creating and running primary care at scale.

It's ideal for emerging primary care networks as well as more established networks such as primary care homes. It offers a practical 'how to' curriculum and incorporates learning from the new care models and primary care home programmes. For more information [click here](#).

PCSE Stakeholder Briefing November 2019

The latest Stakeholder briefing, and November GP Pensions Bulletin was circulated by Lincolnshire LMC on 20th November.

You can also view and download the documents via the [LMC Website](#).

Community Pharmacy Consultation Scheme (CPCS)

The new pharmacy contract includes a service which pharmacies in Lincolnshire are committed to providing. This service, the Community Pharmacy Consultation Service (CPCS) is a merging of the old NHS Urgent Medicines Supply Advance Service (NUMSAS) and Digital Minor Illness Service (DMIRS). CPCS is a service which allows NHS 111 to book consultations in a community pharmacy for minor illnesses or medication queries. The patient will be given by NHS 111 a rough time slot to attend a community pharmacy where the patient will be able to discuss their issues. Patients will not be able to walk in and be seen without a pre-arranged slot. The pharmacy team can following the consultation give advice regarding managing the problem, this can include advice to purchase OTC medications. CPCS will also enable pharmacies to provide emergency supplies of a patient's usual medications. Some patients who engage with CPCS may need to be referred by the pharmacist to a GP. We advise practices to engage with their local pharmacies to agree the best route for this referral to be made.

Chest X-Ray Service

United Lincolnshire Hospitals NHS Trust (ULHT) between June and September 2019 successfully completed a pilot of the faster chest X-ray service at Lincoln County Hospital and Pilgrim Hospital Boston. The pilot showed the new service reduced the amount of administration for general practice and shorter waiting times for both tests and results of chest X-rays. ULHT radiology department CXR reporting has been a great success with 99% of all CXR reports issued within 2 days and 100% within 7 days.

Patients X-ray results are available within 24 hours and if the results show any abnormalities, patients will have a CT scan within 48 hours. Routine and non-urgent patients will be referred back to their GP, however a further routine appointment or a CT scan can be requested if the GP feels this is required. ULHT will contact patients by telephone if the CXR report identifies a requirement to carry out a Chest CT scan.

GPs are to request a chest x-ray as usual using the 'Faster Respiratory Diagnostic Test' (FReD) form (applies to any patient needing one) and should provide the patient with a copy of the attached Patient Information booklet.

After the successful pilot of the Faster Chest X-Ray Service at Lincoln County and Boston Pilgrim, ULHT have now rolled out the service to all hospitals within ULHT. This means patient choice has increased with patients now able to attend their nearest X-ray department for the CXR. CT scans can be carried out at Lincoln County, Boston Pilgrim or Grantham Hospital.

A short educational video for GPs is available at <https://vimeo.com/339186393/48b6311ebd>

If you have any queries regarding this, please contact Chris Mills, Cancer Project Manager, Lincolnshire West CCG via email: christopher.mills3@nhs.net

Or call 01522 5153355 Ext. 5482.

You can also find further information regarding in the attachments above including the new 'Faster Respiratory Diagnostic Test' Form - FReD.

Lincolnshire Training Hub News

Training Needs Analysis

The Training Needs Analysis Project is now well underway, with over a third of practices visited. Thank-you to all those practices we have already visited or spoken to. Gold star goes to Nettleham Practice who was the first to complete and return the questionnaire.

If there are any other GP Practices who would like a visit to assist with completing the questionnaire, please contact susan.mcelnea1@nhs.net

Please note, If your practice staff training needs are not conveyed to us, it is much more difficult for the hub to fairly represent your requirements when prioritising and seeking additional training budgets.

Applications sought for Trainee Nursing Associates

Trainee Nursing Associate applications are now open for the January cohort at Nottingham Trent University, please contact the hub ASAP for an application form.

Useful Links:

[Click Here](#) for the latest LMC Buying Group Update
Including Seasonal Flu Vaccine Offers for 2020-21

[Click Here](#) for the Latest GP Forum CPD Opportunities

Lincoln Medical Society

For all of the upcoming events please go to the [Lincoln Medical Society Website](#) or email [Kath Shone](#)

Please click the links to view the latest:

[Sessional GPs e-newsletter](#) | [GP Weekly Bulletin \(England\)](#) | [GP Trainee Newsletter](#)

[Click Here](#) for the Latest Practice Managers Association News

The latest Primary Care Support England GP Bulletin and a copy of the PCSE Registration Guide is available to view on the [LMC Website](#)

Contact Us:



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www.lincslmc.co.uk



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Kate Pilton, LMC Chief Operating Officer - [@KateLincsLMC](#)

Dr Kieran Sharrock, LMC Medical Director - [@KieranLincsLMC](#)

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