



**WESSEX**

Local Medical Committees  
Incorporating Wessex LEaD

# Wessex Local Medical Committees Annual Conference 2015

## A g e n d a

To be held on 4<sup>th</sup> November 2015

at: **Hilton at The Ageas Bowl**  
The Ageas Bowl Stadium, Botley Road, West End  
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THANK YOU to the following organisations for  
sponsoring Wessex LMCs 2015 Annual Conference . . .



# WESSEX LOCAL MEDICAL COMMITTEES ANNUAL CONFERENCE 2015

4<sup>th</sup> November 2015

## Welcome

*New Models of Primary Care – “The Future of General Practice – a year on” . . .*

*Following the introduction of the Five Year Forward View issued in October 2014 which set out several new care models aimed at dissolving traditional boundaries between general practice, community providers, hospitals, health and social care and mental health services; it is therefore not surprising that the theme of the Wessex LMCs Annual Conference is “The New Models of Care” and how these new models of care are developing and what level of support will be available for General Practice to adapt and evolve to meet the challenges ahead.*

*As a GP, I feel privileged to be involved in the acceleration and implementation of shaping future new models of care within the NHS and as such feel it is essential for Wessex LMCs to lead the way forward and provide its constituents with as much detail as possible on how things are progressing towards tackling national and local challenges in order to provide care that can then be replicated within other parts of the system.*

*We trust you will find the day advantageous and look forward to your feedback.*



**Dr Nigel Watson**  
CEO, Wessex Local Medical Committees Ltd

# WESSEX LOCAL MEDICAL COMMITTEES ANNUAL CONFERENCE 2015

4<sup>th</sup> November 2015

## AGENDA - Morning Session

**08:30 Registration & Coffee / Exhibition Viewing**

**09:30 Welcome and Introduction**

Speaker: Dr Nigel Watson  
*CEO, Wessex Local Medical Committees Ltd*

*(Chair of Conference: Dr Jon Evans – Chair of Wessex LMCs)*

**09:35 What does the future hold for General Practice?**

Key Note Speaker: Sir Sam Everington  
*Chair Tower Hamlets CCG /  
GP, Bromley by Bow Partnership*

**10:15 Southern Hampshire MCP – what change has occurred?**

- **What does this mean for a Community Trust?**

Speaker: Katrina Percy,  
*Chief Executive of Southern Health NHS Foundation Trust*

- **A GP View . . .**

Speaker: Dr Nigel Watson  
*CEO Wessex LMCs / Managing Partner at The Arnewood  
Practice, New Milton, New Forest*

**11:15 Tea & Coffee Break / Exhibition Viewing**

**11.45 How can Hospitals and General Practice work together?**

Speaker: Maggie Maclsaac  
*Chief Officer, North East Hampshire & Farnham CCG*

Speaker: Dr Peter Bibawy  
*Clinical Director for Urgent Care, North East Hampshire  
& Farnham CCG*

**12:05 A Hospital View of the Future . . .**

Speaker: Dr Guy Rooney,  
*Medical Director, Great Western Hospitals NHS Foundation  
Trust, Swindon*

**12:35 The Future of Community Services in Dorset . . .**

Speaker: Ron Shields  
*Chief Executive of Dorset Healthcare*

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## AGENDA - Afternoon Session

**13:00 Lunch / Exhibition Viewing**

**13:50 What does the Vanguard Programme hope to change?**

Speaker: Samantha Jones  
*NHS England's Director – New Models of Care*

**14:40 Workforce – what does an MSK Extended Scope Practitioner have to offer?**

Speaker: Dr Neil Langridge  
*MSK Extended Scope Practitioner*

**15:00 The Future of Commissioning. . .**

Speaker: Dr Tim Cotton  
*Vice Chair & Clinical Executive Director, West Hampshire CCG*

**15:30 Tea & Coffee Break / Exhibition Viewing**

**16:00 Endurance – Guest Speaker: Dr Mike Stroud**

*Mike Stroud, a Hospital Consultant Physician - perhaps best known for his record-breaking expeditions with Sir Ranulph Fiennes.*

**17:00 Summary of the Day. . .**

Dr Nigel Watson  
*CEO, Wessex Local Medical Committees Ltd*

**17:30 Close**

## Speaker Profiles. . .



**Dr Nigel Watson, MB BS FRCGP DCH DRCOG**  
*CEO, Wessex Local Medical Committees Ltd*

Nigel Watson is Chief Executive of Wessex Local Medical Committees (LMCs) which represents over 3,000 GPs working in Dorset, Hampshire, the Isle of Wight, Bath and North East Somerset, Swindon and Wiltshire (and also supports GPs in the Channel Islands). Wessex LMCs cover two Area Teams, 12 CCGs and 12 Acute Trusts. They have a good reputation for leadership, enjoy strong support from GPs and are looking for solutions and not problems.

Nigel works 2 days a week as the senior partner in a busy 10 doctor practice in the New Forest, serving a population of 13,500, with twice the national average of over 65's. He is the practice lead for heart disease, epilepsy the "QOF enforcer" and the Practice Senior Partner.

A representative for Hampshire & IoW at the GPC nationally for over 16 years, he has served on a number of the GPC's sub-committees (including IT, practice finance, contracts and regulations) and the Commissioning sub-committee.

Nigel also sits on the Board of the Health Education Wessex LETB (an important forum for raising the profile of primary care and general practice). He is also a member of the council of the Wessex Clinical Senate which has recently explored the reconfiguration of local hospitals and the future of community and primary care.



**Dr Jon Evans**  
*Chair – Wessex LMCs Secretariat / GP*

Jon qualified at Kings College Hospital and is a full time senior partner in a Dorset market town, training and dispensing practice serving 16,000 patients on two sites. Jon is also the Clinical Commissioning Group lead for the practice.

Jon's clinical interests include sports medicine, aviation medicine and minor surgery. He also enjoys participating in the practice's education and training programme, having responsibility for medical student and retained doctor teaching.

Jon is currently the chair of the nearby Blandford Community Hospital Management Group, working closely with primary care, community hospital services, patient groups and social services. Elected to the Dorset LMC soon after joining his practice, Jon has held a wide number of LMC posts gaining valuable experience and evolving with the Committee over almost thirty years - currently chairman of Dorset LMC and more recently chairman of Wessex LMCs. Jon's interest in the broader picture also led to his involvement in PCG's, PCT's and practice based commissioning, where he has held a number of positions including Clinical Governance Lead and CHD Lead.

Jon finds his work as a member of a busy primary care team very rewarding which gives him valuable insight into the ever changing demands and challenges of general practice.



**Sir Sam Everington MBBS, MRCGP, Barrister, OBE**

*Chair Tower Hamlets CCG / GP, Bromley by Bow Partnership*

Sam has been a GP in Tower Hamlets since 1989, is chair of Tower Hamlet's CCG and a Board member of NHSCC. He is part of the Bromley By Bow GP partnership, with over 100 projects under its roof supporting the wider determinants of health. He is governor of a local primary school and was one of the founders of THEDOC – Tower Hamlets GP Out of Hours Service.

Sam is a qualified Barrister, a member of BMA Council and Vice President of the BMA. In 1999 he received an OBE for services to inner city primary care in 2006, the International Award of Excellence in Health Care and in 2015 a knighthood for services to primary care. He is a director of Community Health Partnerships (NHS Lift). He has published a number of papers with Professor Aneez Esmail on discrimination in the NHS.

He is a Trustee of the Kings Fund and Fellow of Queen Mary University of London. He has previously been a member of GMC Council, Cabinet appointed Ambassador for Social Enterprise and Acting Chair of the BMA. He is a trained woodcarver, welder and Day Skipper and speaks Norwegian.

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**Katrina Percy**

*Chief Executive of Southern Health NHS Foundation Trust*

Katrina joined the NHS as a graduate management trainee and since then has worked in all sectors of the health service, including two years working internationally running a hospital in Tanzania. Since 2011 Katrina has been Chief Executive of Southern Health NHS Foundation Trust which provides community health, specialist mental health, learning disability and social care services for people across the South of England.

Katrina sits on a number of national representative bodies and is a regular speaker on the future options and challenges facing community health services.

Katrina is particularly passionate about leading organisations through transformational change and has been instrumental in the development of a leadership development programme at Southern Health which in 2013 won a Guardian Healthcare Innovation award.

In 2012 Katrina was named as Health Service Journal (HSJ) Chief Executive of the Year and in 2013 was named among the HSJ's 50 Inspirational Women in Healthcare.

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**Dr Neil Langridge**  
*MSK Extended Scope Practitioner*

Neil has spent 20 years working in musculoskeletal assessment and rehabilitation. He has a range of clinical and diagnostic experience in the management of musculoskeletal pain and dysfunction.

Neil has worked in ESP clinics since 2001, lower limb and spines, and led University courses for MSK across 4 Universities at Under and Post graduate levels. Neil has delivered over 80 weekend postgraduate courses in the UK and across Europe, with specific interests in clinical reasoning, manipulation, chronic physical MSK disorders and return to function ranging from the long term pain presentation to the elite athlete.

Neil's current work involves the management of headache and the role of the MSK therapist in long term pain management in headache and chronic low back pain.

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**Dr Guy Rooney**  
*Medical Director, Great Western Hospitals NHS Foundation Trust, Swindon*

Dr Guy Rooney has been a local consultant in Sexual Health & HIV for over 16 years.

Since April 2014 he has been the Medical Director at the Great Western Hospitals NHS Foundation Trust

He is keen to continue the drive for clinical engagement in all aspects of the Trust's work, with a focus on the transformation work needed to deliver Simon Stevens' five-year vision for the NHS.

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**Ron Shields**  
*Chief Executive of Dorset HealthCare*

Ron has more than 35 years' experience in the NHS, in major Teaching Hospitals, Mental Health and Community organisations. He has been a Chief Executive for 17 years in Haringey, Northamptonshire and now Dorset.

His experience includes large scale service re-design, organisational mergers and stepping in to lead troubled organisations.

He is passionate about realising the potential of people and to support clinicians in delivering high quality services.

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## **Samantha Jones**

*NHS England's Director – New Models of Care*

Samantha started her NHS career as a paediatric and general nurse and was a national management trainee.

Having worked in a variety of operational management roles, and in the national clinical governance support team, she became the Chief Executive of Epsom and St Helier Hospitals NHS Trust.

Following this, Samantha worked in the independent sector before she was appointed Chief Executive of West Hertfordshire Hospitals NHS Trust in February 2013.

In 2014 Samantha was awarded HSJ CEO of the Year and the Trust's "Onion" was highly commended in the patient safety award.

In January 2015 Samantha was appointed by NHS England as Director of New Care Models and will lead the implementation of the new care models outlined in the NHS Five Year Forward View.

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## **Maggie Maclsaac**

*Chief Officer, North East Hampshire & Farnham CCG*

Maggie Maclsaac is the Chief Officer at North East Hampshire and Farnham CCG and sponsor of the North East Hampshire and Farnham Primary and Acute Care System (PACS) Vanguard Programme.

Maggie Maclsaac joined the NHS as a graduate nurse. Since completing the NHS national management training scheme, Maggie has worked in many sectors of the NHS – locally, regionally and nationally - acquiring considerable experience in the value of strong partnerships. During her career she has served for many years in Director and Chief Executive roles. Maggie is passionate about working with partners on new ways of delivering change to positively transform healthcare and experiences for patients and the wider community.

The North East Hampshire and Farnham Vanguard Programme brings together health and social care commissioners and providers, with local people, to design and introduce a new model of care. The programme includes General Practice working with clinicians in Frimley Park Hospital, Southern Health NHS FT, and Surrey & Borders Partnership NHS FT, and with Hampshire County Council, Surrey County Council and local voluntary organisations to improve the way care is delivered for patients, and to address the challenges facing the NHS.

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### **Dr Peter Bibawy**

*Clinical Director for Urgent Care,  
North East Hampshire and Farnham CCG*

Dr Peter Bibawy is a GP in Aldershot, Hampshire, the Clinical Director for urgent care for North East Hampshire and Farnham Clinical Commissioning Group (CCG) and chair of the Frimley South System Resilience Group.

Peter has been recently appointed as Medical Director for the CCG and is responsible for clinical oversight of project delivery across all work streams; development of the Clinical Leadership/Leads; and workforce development in New Models of Care. Peter is passionate about improving patient care through delivery and innovation. He has been part of the CCG Vanguard team and is the named secondary care integration lead.

Recently Peter has been selected for a fellowship to join the Forward Institute, which brings together the nation's most promising emerging leaders to develop their ability to lead organisations and society to a prosperous future.



### **Dr Tim Cotton**

*Vice Chair & Clinical Executive Director,  
West Hampshire CCG*

Dr Tim Cotton has worked in the NHS for 30 years, 22 of these as a full time GP Partner in Winchester. He became involved in NHS commissioning as the fundholding lead for his practice in the early 90's.

Tim is Vice Chair and Clinical Executive Director for Primary and Community Services at West Hampshire Clinical Commissioning Group.

He has a national role as a member of the Primary Care Co-commissioning Programme Oversight Group and has worked as an advisor to the national IT programme in recent years. He is actively involved in the South Hampshire Multispecialty Community Provider, one of the 13 national vanguard sites, and sits on their steering board.

Tim is passionate and committed to improving services for patients not only in West Hampshire but across the whole health economy. In 2014 he stepped down from full time general practice to embark on The Nye Bevan Programme, leading to an NHS Leadership Academy award in Executive Healthcare Leadership. He now works as a sessional GP in Hampshire.

Tim lives in Winchester with his wife, a NHS community physiotherapist. They have two grown up children.



**Dr Mike Stroud, OBE**  
*Hospital Consultant Physician*

Dr Mike Stroud is a Hospital Consultant Physician but is perhaps best known for his record-breaking expeditions with Sir Ranulph Fiennes. He is a world authority on human endurance and nutrition and amongst the most well-known expedition scientists, his research is used globally.

Mike holds many advisory roles in UK Healthcare particularly leading the efforts by the National Institute of Clinical Excellence (NICE) to ensure that 'optimal nutrition and hydration lie at the heart of 'Quality Care'.

Mike qualified as a doctor in London in 1979 and then spent ten years in a variety of hospital posts interspersed with far reaching expeditions and travel. In 1990, he entered into full time research on endurance, nutrition and survival under extreme conditions, working at both the RAF Institute of Aviation Medicine and the Army Personnel Research Establishment. He later became the Chief Scientist at the UK Centre for Human Sciences. In 1995, he returned to hospital medicine and university work and in 1998 was appointed as a Senior Lecturer in Medicine and Nutrition, and Consultant Gastroenterologist at Southampton University Hospitals.

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**Thank You**  
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The British Medical Association (BMA) is the trade union and professional body for doctors in the UK. Led by a team of executive directors, the BMA work towards objectives set by the BMA council. Council sets overall policy which is informed by the needs of grassroots doctors, as determined by the BMA Representative Body, which itself is drawn from a branch of practice and regional committees throughout the UK.

**BMA as a Trade Union:** Trade Union and professional association. We stand up for doctors both individually and collectively on a wide variety of employment issues and, since the inception of the NHS, we have been formally recognised for collective bargaining purposes within national negotiating machinery and by individual employers at local level.

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Local Medical Committees  
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