

Improving diagnosis and care for people living with dementia

Dr Emer Forde

Poole Town surgery

Poole Central Locality

Adam Practice, Carlisle House

Dr Newman's Surgery, Evergreen Oak

Longfleet House Surgery, Rosemary Medical Centre

Dementia 2012: The quiet crisis



“One of the greatest challenges of our time is what I would call the quiet crisis, one that steals lives and tears at the heart of families, but that – relative to its impact – it hardly acknowledged.

... the level of diagnosis, understanding and awareness is shockingly low. It is as though we have been in collective denial ... it is a national crisis”.



- ▶ “Dementia is a ‘global disaster waiting to happen’ and the biggest health and care problem of a generation”.
BBC News 10 December 2013

- ▶ “Dementia is a ticking time bomb and with the global cost of dementia care expected to reach over \$1 trillion by 2030 we cant afford to do nothing ... We need accurate diagnosis, effective treatment and improved care and support to avoid serious economic and social impacts”
Dr Gillings, World Dementia Envoy, April 2014

Dorset CCG Strategy 2013–18



Dorset Clinical Commissioning Group

- ▶ Initial priorities
 - Reducing preventable deaths
 - Reducing avoidable emergency admissions
 - Improving dementia diagnosis and services

Poole Central GP Locality

Dementia Plan 2013/14

- ▶ Education for the whole team
 - ▶ Improving timely diagnosis
 - ▶ Working with others in the community
 - ▶ Promoting quality of life and social integration for people living with dementia
 - ▶ Supporting national initiatives
 - Public Health England & Alzheimer's Society Dementia Friends
 - Dementia Friendly communities
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**Caring for people in the community:
Collaborative pilots with the Third Sector**

“BETTER TOGETHER!”

Caring for people with dementia in the community:

Supporting 'Dementia Friendly Communities'



To find out more about the Dementia Friendly Communities programme see:

http://www.alzheimers.org.uk/site/scripts/documents_info.php?documentID=1843

Caring for people with dementia in the community:

Supporting 'Dementia Friendly Communities'

- Poole Dementia Action Group: Cross community group working to improve the lives of people with dementia and their families.

Council, Poole Wellbeing Collaborative, Third sector organisations
Arts, Library, Local business
Nursing homes, Poole Central GPs

- Poole Town Surgery 'Dementia Friendly'

bbc south clip



Dementia Action Alliance



Poole Town Surgery Action Plan

- ▶ Health promotion and prevention.
- ▶ Education of primary health care team.
- ▶ Improving timely diagnosis and support to patients with dementia.
- ▶ Improving anticipatory care planning and end-of-life care.
- ▶ Improving support for carers.

http://www.dementiaaction.org.uk/members_and_action_plans/1326-poole_town_surgery

Poole Dementia Friendly Action Group

- Dementia friendly activities in Poole leaflet

Available as PDF on <https://www.dorsetforyou.com/412089>

- Dementia awareness training for retailers
- Poole launched as a ‘Dementia friendly town’, May 2014
- Memory Cafe, Poole High Street
- Memory Walk, Poole Park, Sunday 28th September



Education for the primary care team



‘Dementia Friends’ training for receptionists

Public Health England & Alzheimer's Society
1 million Dementia Friends by 2015

Watch Dementia Friends video on <https://www.dementiafriends.org.uk>



Receptionists feedback

“It’s opened my eyes to the issue of dementia”

“ I feel more confident about approaching a patient that may have a few symptoms”

“Given us the confidence to report any concerns or changes in patients”

“I found it thought provoking with ideas to help our patients within the surgery”

“Very useful to understand a little more how patients with dementia see ‘normal’ things,
helped us to appreciate why they act out”

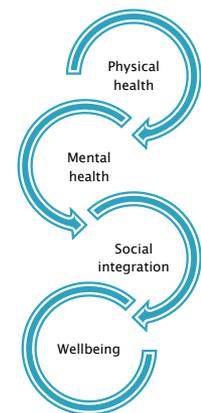
“To write things down for patients”



Promoting Quality of Life and Social Integration

- ▶ NICE QS30: Quality standard for supporting people to live well with dementia
- ▶ 10 Quality standards including:
 - Physical and mental health and wellbeing
 - Maintaining and developing relationships
 - Involvement and contribution to the community
 - Leisure activities of interest and choice

“Giving people with dementia opportunities to be involved in and make a positive contribution to their community supports their ongoing independence, helps maintain their dignity and therefore can substantially improve their feelings of wellbeing”.



COMPASS: Communities Older Members Accessing Services and Support

A service for people over 65 living in Poole

Would you like to know more about social events and activities in Poole?

Do you need help getting out and about?

Are you worried about home security?

Do you want more information about local services?

COMPASS offer advice and practical support on a very wide range of issues.

The service is tailored to YOU and if they don't know the answer to your question they will find out!

Compass are running clinics from 12.30– 1.30 in our surgery on the following dates:

Wednesday 29 January 2014

Wednesday 12 February 2014

Wednesday 26 February 2014

Wednesday 12 March 2014

Wednesday 26 March 2014

Book a 15 minute appointment via our reception to find out more.

COMPASS is run by **Faithworks**. This is a Christian based charity but services are available to people of all faiths and people with no faith. Faithworks works in collaboration with other NHS organisations and Poole council. You do not have to have any interest in religion to utilise their services. Charity registration number 1108714.

FOCUS: Friends Offering Carers Understanding Support

Support and information TAILORED INDIVIDUALLY for carers in Poole

Would you like to know more about services and benefits available to carers?

Do you need extra support and help at the moment?

FOCUS offer advice and a free befriending service to carers in Poole.
Befrienders all receive training and are CRB checked.

Would you like to become a volunteer befriender to a carer that needs a little bit of extra support?

Focus are running clinics from 12.30– 1.30 in our surgery on the following dates:

Wednesday 29 January 2014

Wednesday 12 February 2014

Wednesday 26 February 2014

Wednesday 12 March 2014

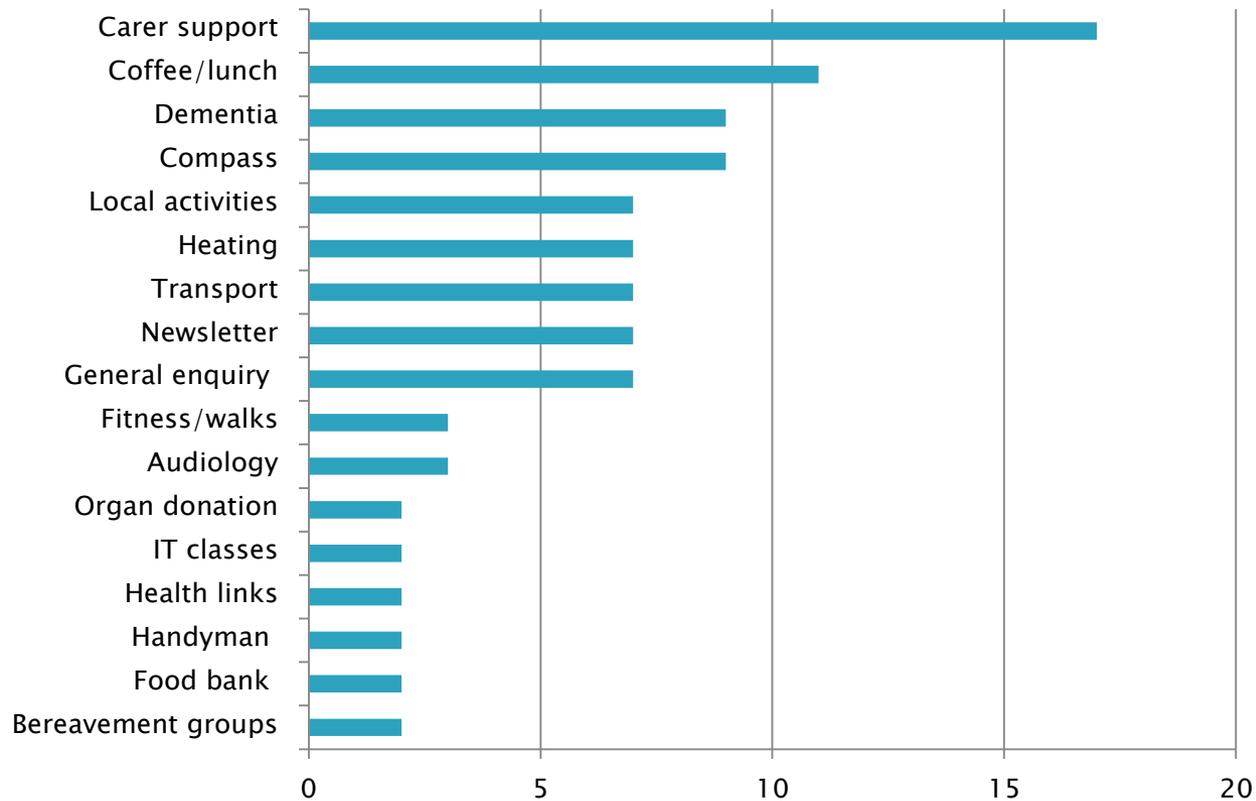
Wednesday 26 March 2014

Book a 15 minute appointment via our reception to find out more.

You can also contact our carers lead at the surgery for free advice and/or talk to your GP if you need support.

Don't forget to look after your own health if you are caring for someone else.

Pilot data: Health & wellbeing for older people and carers



‘Supporting people to live well with dementia’

Poole Central locality & Poole Wellbeing Collaborative

- ▶ 1 session/week in all 7 practices
- ▶ Drop in and booked appointment
- ▶ Carers support
- ▶ Social activities
 - Health walks in Poole
 - ‘Full of life’ day – Wednesday 1 October
 - New cooking and keep fit courses
 - New ‘Men in sheds’ class



Collaboration with the Third Sector



- ▶ Appoint someone to be a Dementia lead and liaise with third sector.
- ▶ Get involved in the Dementia Friendly Communities Initiative.
- ▶ Become a Dementia Friendly GP Surgery.
- ▶ Utilise 'Dementia Friends' training to upskill your staff.
- ▶ Invite Third Sector organisations into your surgery.
- ▶ Signpost patients to the opportunities for social integration and improving quality of life.

Thank you