

# Time for Care Support



**NHS**

# Support for individual practices who want to... release time, create headroom & build collaboration



## If you are...

- Struggling to manage the practice workload & want some help to do things differently.
- Committed to investing time (including a lead GP's time) & energy in a short, focused project that will release administrative & / or clinical time.
- Have 8 to 12 local practices interested in participating.

## Consider...

### Productive General Practice (PGP) Quick

A structured programme, run nationally several times a year with a formal application process & fixed timescale, focused on helping you make rapid sustainable changes that release time in practice  
Contact [rachel.hinde@nhs.net](mailto:rachel.hinde@nhs.net) or [enql&.si-enquiries@nhs.net](mailto:enql&.si-enquiries@nhs.net)

## What does it involve?

- Programme runs over 10 - 12 weeks.
- Four group-based learning sessions.
- 6 half day sessions in practice at weekly intervals with hands on support from a quality improvement facilitator, tackling one or two modules from the programme.
- Cohorts of 8 - 12 practices required.
- Most practices can expect to have measurable impact on time released after completing one module.
- A lead GP & project lead must commit to attend all sessions.

## As above plus the following

- Interested in working with other local practices on a similar workload challenge that will release administrative & / or clinical time.
- Looking for ways to work more collaboratively

## Consider...

### Productive General Practice (PGP) Quick

As per PGP Quick Start with a focus on a group of practices working together on a common problem.  
Contact [rachel.hinde@nhs.net](mailto:rachel.hinde@nhs.net) or [enql&.si-enquiries@nhs.net](mailto:enql&.si-enquiries@nhs.net)

## As above plus the following

- Practices work closer together to develop common solutions & cross-practice standardised processes.
- Teams share solutions & learning

Looking to equip staff with quality improvement theories & skills which they can use to make improvements in practice

### Fundamentals of Change & Improvement

Can be delivered locally for groups of a minimum of 20 participants, up to a maximum of 30.  
Contact [rachel.hinde@nhs.net](mailto:rachel.hinde@nhs.net)

- 2 days which are usually 3 weeks apart to allow participants to apply their new skills to a project in practice.
- Participants must attend both days & undertake to bring a small change project to which they can apply the skills they will learn

- A group of practices interested in tackling a common problem or issue that could release capacity.
- Not eligible for further PGP Quick Start & / or willing to work more independently to implement an improvement.
- Keen to explore ways of working with each other & other local partners to bring about change

### Learning in Action

Designed by your Development Adviser with local leads around your identified priority, using the 10 High Impact Actions to release time. Sessions incorporate quality improvement tools & techniques to implement practical changes & build productive relationships.  
Contact [rachel.hinde@nhs.net](mailto:rachel.hinde@nhs.net)

- Usually 5 or 6 half day workshops over six months.
- Teams commit to follow up work between sessions.
- Content & audience will depend on the priority chosen.
- Teams can expect to systematically plan & deliver a change with measurable outcomes.

# Support for Primary Care Networks (PCNS) to build collaboration & create impact



## If you are...

- Explore and clarify what your PCN's developmental needs are.
- Work with other Clinical Directors in your CCG to identify priorities for support and action.
- Build on the maturity matrix.
  
- Build effective relationships across your network at all levels.
- Engage staff effectively
- Develop shared purpose
- Agree how to work collaboratively
- Work out where to start
  
- Align your network's shared purpose to meet local population health needs.
- Develop relationships and implement larger scale change.
- Identify priorities for working at scale.
- Start to implement a change that has been identified as a priority for your PCN (with potential to work across PCNS and / or with wider system partners if appropriate).

## Consider...

- PCN Diagnostic Workshop**  
1 workshop to help you identify what support is most appropriate Contact [rachel.hinde@nhs.net](mailto:rachel.hinde@nhs.net)
- Getting Started Workshops**  
Short practical workshops designed to help members of the PCN clarify what their goals and aspirations are and how they can start to make them a reality. Contact [rachel.hinde@nhs.net](mailto:rachel.hinde@nhs.net)
- Vision to Delivery**  
A bespoke programme of practical workshops to help individual or groups of networks develop meaningful collaboration and undertake useful work, including building trust, agreeing goals and implementing **actions at scale**.  
Contact [rachel.hinde@nhs.net](mailto:rachel.hinde@nhs.net) (usually after **Getting Started Workshop**), but if PCN members have worked together historically this may be appropriate).

## What does it involve?

- A 2 to 2.5 hour workshop for Clinical Directors / PCN managers/ cluster leads.
- Diagnostics can be done on a locality basis
  
- Between one and three workshops for members of the PCN.
- Workshops designed around the network's needs, usually lasting between 1 and 3 hours.
- May lead in to a Vision to Delivery programme
  
- Key members of the PCN (and potentially system partners where appropriate) attend 5 or 6 monthly half-day workshops.
- Commit to carrying out actions between sessions.
- Participants can expect to have clarity about priorities and a plan for delivery and implementation, and in some cases to have begun implementation.

# Building individuals capability to lead Quality Improvement and change in primary care



## If you are...

- Working in or with general practice and want to develop practice skills and confidence to make measurable quality improvements in practice
- Prepared to work through a project to apply your learning during the programme.
- Considering undertaking a quality improvement project as now required through QoF.
  
- A nurse working in general practice.
- You want to gain confidence and skills to make change happen at your practice.
- You want to improve something specific at your practice
  
- An early career GP (ST3, ST4, first 5).
- You want to understand how you might use QI tools and techniques at practice and / or PCN level to make change

## Consider...

- General Practice Improvement Leads**  
For details of forthcoming cohorts visit:  
<https://www.england.nhs.uk/gp/%20gpfv/rede-sign/gpdp/capability/>
  
- Quality improvement for general practice nurses**  
For details of forthcoming cohorts visit:  
<https://www.england.nhs.uk/gp/%20gpfv/rede-sign/gpdp/capability/#nurses>
  
- Quality improvement for senior GOP trainees and post CCT fellows**  
For details of forthcoming cohorts visit:  
<https://www.england.nhs.uk/gp/%20gpfv/rede-sign/gpdp/capability/#senior>

## What does it involve?

- A structured programme run regionally
- 3 x 2 day modules over approx 5 months
- Covers quality improvement tools and techniques, human dimensions, facilitation and presentation skills.
- Fully funded with overnight stay included.
- Online application.
- Participants must be able to attend all 6 days.
  
- Two-day programme run regionally at set times during the year.
- Includes (funded) overnight stay.
- Step by step approach to using quality improvement tools and how to apply them to a challenge of your choice. Understanding the human factors involved in successful change
  
- 2 day programme including quality improvement concepts, tools and techniques, communication and rapid practical application. Reflection, networking and action planning.