

Happy New Year!

Everyone at the LMC wishes you a very Happy New Year. General practice faces a number of challenges in 2016. Your LMC is here to help you. Check out BMA Council Chair Dr Mark Porter's New Year message:

http://www.bma.org.uk/news-views-analysis/the-bma-blog/2015/december/champions-of-care-from-beginning-to-end?utm_source=The%20British%20Medical%20Association&utm_medium=email&utm_campaign=6608000_POE19Z1%20All%20members%20new%20year%20message%202015-311215&utm_content=Newyearmessage&dm_i=JVX,3XMRK,JG46S7,E7FWO,1



Dr Mark Porter

Training and development workshops scheduled for this quarter by the LMC

Our focus in 2016 is on taking care of ourselves and each other - all the workshops we are running this quarter focus on doing that:

Take Time Out - resilience workshop - 2
February 2016

Mentee induction sessions – 27 January & 10
February 2016

Mentor training session 24 February 2016

To book a place contact

enquiries@llrlmc.co.uk or visit our website at <http://www.llrlmc.co.uk/traininganddevelopment>

Please share the details of the mentoring scheme with any salaried or locum GPs who may not normally read our newsletter.



Introducing the Cameron Fund Partnership Clinics

The Cameron Fund is the GPs' own charity. It is the only medical benevolent fund that solely supports General Practitioners and their dependants.

In association with BMA Law, the Fund is providing a series of partnership clinics. GP partners and Practice Managers in need of legal advice on a partnership or premises issues, are invited to book a FREE half hour session with a specialist solicitor. For further information and to book a slot see: <http://www.cameronfund.org.uk/sites/default/files/Cameron%20Fund%20Partnership%20Clinics.pdf>



Support for Vulnerable GP Practices Pilot Programme

The LMC is actively involved in working with NHS England and the 3 local CCGs on the implementation of this programme of support

for practices identified as being in difficulty - the criteria NHSE are using are set out on pages 8-9 of the national document which can be accessed at:

<https://www.england.nhs.uk/wp-content/uploads/2015/12/letter-support-vulnerable-gps-final-finance.pdf>

There is £778,934 available to the practices covered by NHS England Central Midlands (Leics, Rutland, Lincs, Northants, Beds & Herts).

You can expect a letter from your CCG this week, setting out the local approach and giving you the opportunity to put yourselves forward for consideration. Each CCG has an overview of their practices and will be using the data they already have from various sources (e.g. contract quality monitoring, premises reviews, CQC reports, various local schemes). However, the LMC thought it would be helpful for practices to flag up any issues that are affecting the long term viability of their practices that the CCG or LMC may not be aware of.

There will be more work done a little further ahead in the process to look at solutions and commission the right support for practices-early indications suggest this will be done at a local level, rather than a top-down, 'one size fits all' approach.

We understand this programme by no means addresses all of the issues practices face, and we note there is a requirement 'match' fund any resources allocated 50:50.



Reminder – the CQC’s fees increase consultation closes on 15 January

Back in November the CQC launched a public consultation on how they charge the providers for being registered. Because the government has reduced their budget and directed them to fully cover their costs, they plan on increasing the annual registration by a significant percentage; for example they are proposing that the annual registration fee to a single location GP practice with between 5,000 and 10,000 patients increase from £725 to £4,839 PER YEAR.

You can respond here:

<http://www.cqc.org.uk/content/health-and-social-care-fees-consultation>

Despite criticism from the BMA, the RCGP, LMCs, and the Public Accounts Committee (who described the regulator as “ineffective” in a report published in December), the CQC marches on regardless.



NHS Planning Guidance 2016/17 – 2020/21

At the end of December NHS England released its planning guidance to Commissioners.

This 32 page document is not the most thrilling read, filled with NHS-speak and mandating Commissioners and providers to deliver the goals set out in the Five Year Forward View.

Reading between the lines, a softening of the stance on general practice has been noticed. Most notably and, hopefully, encouragingly, it sets out 9 national 'must dos' for 2016/17 – number three is “Develop and implement a local plan to address the sustainability and quality of general practice, including workforce and workload issues”. This gives us an opportunity to work with local commissioners to further influence sustainability of primary care in LLR.

To read the full document see:

<https://www.england.nhs.uk/wp-content/uploads/2015/12/planning-guid-16-17-20-21.pdf>

National GP Induction and Refresher scheme

There is a bursary of up to £2,300 per month for doctors applying from overseas to work as a GP.

The scheme provides an opportunity to GPs who have previously been on the GMC register and the National Performers List, to return to general practice after a career break, raising a family or working abroad. It also supports the safe introduction of overseas GPs who have qualified overseas and have no previous NHS experience. Doctors can apply from overseas, before they return or come to the UK. In addition to the financial bursary, participants are given a supervised placement in general practice via Health Education England.

<https://www.england.nhs.uk/commissioning/primary-care-comm/gp-action-plan/gp-induction/>

LMC's new website

In November we rolled out a new website, and have been working hard behind the scenes to populate it with relevant content and links. Do take a look, and let us know what you think. Later in 2016 we will be

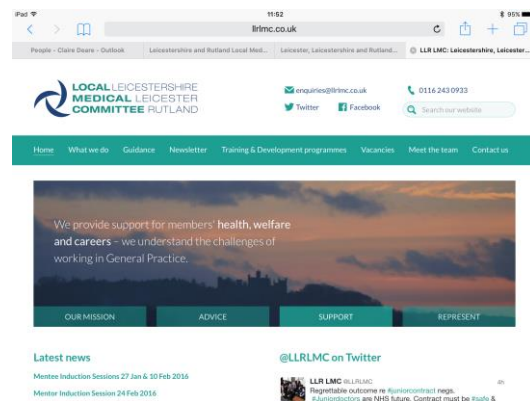
launching apps for tablets and smartphones. Whilst we know that apps are not the preferred communication medium of everyone, we recognise that more and more people are accessing information from their tablet or smartphone, and we are trying hard to ensure we make our web-based content as accessible as possible.

<http://www.llrlmc.co.uk>

LLR LMC on Twitter and Facebook

Is Twitter your thing? If so, do follow us @LLRLMC.

Or 'like' us on Facebook.



LLR LMC website

Booking a practice visit from Chris Hewitt

If you would like our Chief Exec, Dr Chris Hewitt, to come to one of your practice meetings, you can contact us at enquiries@llrlmc.co.uk or call the office team on 0116 243 0933 and we can arrange a time for this to happen.



Mentoring

Induction and Training Session - Mentors

**Wednesday 24 February 2016 - 9.00 am to 4.00 pm
(lunch is provided)**

We are seeking volunteers to act as Mentors for a one year pilot. Mentoring is a developmental partnership through which one person shares knowledge, skills, information and perspective to foster the personal and professional growth of someone else.

We are running a full day induction and training session for the next cohort of mentors. You will come away equipped with the knowledge and skills to support a mentee, including a Mentoring Manual and access to our secure Mentoring portal.

Benefits of being a Mentor:

- The opportunity to enhance your skills in developing others
- The opportunity to reflect and review your experience and offer insight into the learning gained
- Invaluable insights into your own working situations through working with a mentee's issues
- Intellectual challenge and the satisfaction of helping another develop
- Supporting your own revalidation and career development

Aimed at: GP Partners, Salaried GPs, Sessional/Locum GPs and Practice Managers

Venue: Leicester South Conference Centre, The Salvation Army, Ladysmith Road, South Wigston, Leicester, LE18 4UZ

Facilitator: Alexis Hutson of Coaching Doctors. (<http://www.alexishutson.com/>)

To Book: Contact Claire Deare at LLR LMC – claire.deare@llrlmc.co.uk and 0116 243 0933.

ADVISE SUPPORT REPRESENT

Leicester, Leicestershire and Rutland Local Medical Committee Limited

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Mentoring

Induction and Training Sessions - Mentees

Wednesday 27 January 2016 - 9.00 am to 1.00 pm Wednesday 10 February 2016 - 9.00am to 1.00pm

We have a group of trained GP and Practice Manager Mentors who are available to offer **help and support**. Mentoring is a developmental partnership through which one person shares knowledge, skills, information and perspective to foster the personal and professional growth of someone else.

Places on this one year pilot are limited to 20 participants and will be allocated on a first-come first-served basis. The scheme is fully subsidised by the LMC and there is no charge for participating.

During the induction half-day you will learn:

- What is mentoring, the nature of the relationship and the expectations of mentors and mentees
- What is involved
- How to set goals and get the best out of your Mentor
- How to use the secure Mentoring hub and select the right mentor for you
- You will receive a Mentoring manual and all the tips and tools you need to get started.

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