



November 2016 newsletter



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A Christmas message from your LMC



Firstly, we would like to say a thank you to all of you who have attended meetings and workshops, responded to surveys and sent messages of support and positive feedback during the past year.

Your LMC is here for you and we will continue to look after and look out for you, our members.

We send our best wishes to you all for the holiday season.

Your LMC Team

Capita/SBS update

Following a recent email regarding PCSS documents, we have had a constructive meeting with NHSE and have escalated our concerns to them. NHSE have taken the issues seriously and are looking to put robust processes in place to manage the patient documents sent to practices.

We also believe that the issues with CAPITA are being felt nationally and therefore a National Risk Summit was held. The outcome of the Risk Summit was a detailed improvement plan with regular oversight by the lead in the National Team.

In summary, NHSE are aware of the seriousness of the mismanaged documents and currently our advice to practices remains the same as previously given. Please do not attempt to sort the documents until we have an agreed process to follow locally.

Changes to prescribing for patients in West Leicestershire

Over the past few months the three CCGs in Leicester, Leicestershire and Rutland, with the support of HealthWatch Leicestershire, have been talking to people across the region about the

availability of items on prescription which can also be bought over the counter such as paracetamol and gluten free products.

Following careful consideration of all the responses received, in the WLCCG area, patients who use a lot of paracetamol for example for the management of chronic pain conditions, will continue to receive paracetamol on prescription. However, patients should purchase paracetamol for use in the short term for “self-limiting illnesses” which are illnesses which could have got better on their own, for example sore throats for adults or teething pain for babies.

Changes to paracetamol prescribing has already taken place in East Leicestershire and Rutland.

In recent times the range of gluten-free products has increased dramatically, with most supermarkets now stocking a wide range of these items at a lower cost than in previous years. Therefore, patients who have been diagnosed with Coeliac Disease and/or Dermatitis Herpetiformis will now be able to have up to eight units per month of gluten-free bread and flour on prescription. This includes items with added calcium and also a selection of wheat free, lactose free and milk free items for those with multiple intolerances. The prescribing of pasta, pizza bases, cereal crispbreads, cake and biscuits are no longer recommended. Changes to gluten-free prescribing will take place across West Leicestershire from 1st December 2016. Changes to paracetamol prescribing have already started in East Leicestershire and Rutland and will commence on 1st December 2016 across West Leicestershire. A decision on any prescribing changes within Leicester City will be made in December 2016.

Christmas and New Year 2016/17

The LMC has received a number of queries relating to cover for Christmas and New Year’s Eve cover for practices.

We have taken legal advice on the matter relating to opening hours for Christmas and New Year periods this year, mainly relating to opening hours on Thursdays, 22/12 and 29/12. The advice for practices is as long as the practices ensure that ‘they meet the reasonable needs of the patients’ they are not in

breach of contract in accordance with the GMS regulations.

The other aspect to bear in mind is that practices have already set precedence by sub-contracting services and/or keeping skeletal staff on Thursday afternoons at all other times, hence this would be no different to the Christmas and New Year week.

We are aware that some CCGs have funded practices to open on Thursday afternoons. So, if you have this agreement in place, then practices would need to follow the advice of the CCG.

GP trainee pay issues



GPC England is aware that under new arrangements for the provision of primary care support services, a number of practices have not been provided with accurate information in order to pay GP trainees at their practice or have not received reimbursement for GP training pay. No matter the reason for the issues, GP trainees should not be left without pay.

It remains the responsibility of the practice (as the employer) to ensure they pay their trainees, however, it is recognised that it may not be possible to do so without the required information or the necessary funds. Therefore NHSE, HEE and GPC met on 9 November to resolve these issues and have implemented the following process:

- Any trainee who has not been paid, or who has been paid significantly less than they should have been paid should contact the BMA as soon as possible on 0300 1231233 or support@bma.org.uk. Your details will be passed onto NHSE who will approach the practice to ensure such trainees are paid without delay.
- Practices who have not received reimbursement for their trainees will be identified and prioritised, therefore any trainee who has not been paid for this reason

should be paid without delay. This is aimed to occur over the following week.

- HEE and NHS England will work together (immediately over the next week) to provide a HR advice service to practices to ensure they know how much to pay their trainees and will also ensure that any trainee that has not received the correct pay is identified and the pay is reconciled.

Where practices have not been provided with accurate information to pay their trainees, they should contact NHSE regional teams for immediate advice on appropriate payments and should pay their trainees without delay. This does not remove the contractual responsibility for the practice as the employer to ensure their trainees are paid.

Where practices have not been provided with the funding to pay their trainees, practices should pay their trainees and subsequently contact NHSE regional teams to ensure they receive immediate reimbursement.

Practices should also write to NHSE regional teams and to PCSE to advise them that, if within 7 calendar days, they have not received the required information or the required reimbursement which leads to financial discrepancies/hardship, that legal proceedings will be issued in the County Courts.

Changes to the LMC Executive Team



Over recent weeks we have seen a few changes to the LMC Executive Team. We are pleased to announce that with effect from 5 October 2016, Dr Nainesh Chotai has taken over the role of LMC Chair, with Dr Ammar Ghouri and Dr Shiraz Makda sharing the role of Co-Vice Chair. We hope you will join us in wishing them every success in their new roles.

We would also like to welcome Dr Fahreen Dhanji to the Board, a GP Partner at Latham House

Medical Practice and welcome back Dr Pam Bowyer who will be returning shortly after a period of maternity leave.

The role of Treasurer, held by Dr Hisham Haq is currently up for election and we will update you with the result in due course.

More information on your LMC can be seen at the end of this newsletter or on our website.

GP Sessional Newsletter

Please find below a link to this month's sessional GP newsletter, focusing on the Uber judgement, the relationship between sessional GPs and LMCs and gaps in GP Training:

<http://bma-mail.org.uk/t/JVX-4LLPG-1BJCJOU46E/cr.aspx>

Rutland & North Leicestershire District Coroner's Office Event

Following our successful event last year with the Leicester City and South Leicestershire Coroner's Office, we will be holding an event in conjunction with Rutland & North Leicestershire District Coroner's Office on Tuesday 13 December 2016, 1:00pm – 3:00pm, at the Register Office, Anstey Frith House, County Hall, Glenfield, Leicester, LE3 8RA.

Recently there has been a rise in the number of enquiries in relation to coroner's cases and the processes involved. Some topics on the agenda will be:

- death certification
- DoLs
- reports for coroners
- reporting deaths to coroners

An agenda will follow shortly and there will be some time for questions and queries afterwards.

To reserve a place at this event please contact: susan.shaw@lrlmc.co.uk

Coaching Doctors Blog – November 2016

Please follow the link below to read the latest blog from Alexis Hutson at Coaching Doctors, which focuses on Leadership Development using MBTI Step II.

<http://www.alexishutson.com/wordpress/?p=2521>

Dr Chris Hewitt features on BBC Radio Leicester



Dr Chris Hewitt

BBC
RADIO LEICESTER



Dr Chris Hewitt was asked for his comments on the **Sustainability and Transformation Plan** during the Ben Jackson Show, Radio Leicester, on 21 November 2016.

If you would like to listen to what Chris had to say, please follow the link below and fast forward to 02:11:06.

<http://www.bbc.co.uk/programmes/p04dg59f>

To read the **Sustainability and Transformation Plan** in full follow the link:

www.bettercareleicester.nhs.uk

New opening hours at Leicester City Healthcare Hub

Patients registered with any Leicester City GP practice can now get appointments with a GP or Nurse in the daytime as well as in the evening as changes that were announced last month to the City's healthcare hubs come into force.

Three healthcare hubs are already running in Leicester, providing extra appointments for patients who are unable to get an appointment at their own practice or need an urgent appointment outside of normal surgery hours. There is no change to the opening hours of the Belgrave and Saffron hubs, but the hub at Westcotes Health Centre is open from 8:00am to 8:00pm, seven days a week, to provide even more convenience for patients.

With the new hours, the hubs will together be able to provide over 1500 additional appointments for Leicester City patients each week, on top of the service they already receive from their GP own practice.

In the first instance, patients should contact their own practice to book an appointment as normal. If the practice is unable to provide an appointment that day itself, it can request an appointment on the patient's behalf at one of the hubs. Patients can also book an appointment themselves by calling 0116 366 0560 during hub opening hours, provided they are registered with a Leicester City GP practice. They can also do this by calling NHS 111.

Take Time Out - Building Resilience, Managing Change and Working Differently Workshop



Due to the popularity of our previous sessions, we are running another Take Time Out seminar.

Here at the LLR LMC we know the daily challenges that you are facing in your practices, because you, our members, tell us.

Having listened to what you are saying, and recognising this is not sustainable, we want to support you with the opportunity to *take time out* to

think about how you can **build resilience for yourself and your team**, reflect on how you deal with change and review your working practices now and in the future.

A one-day interactive, practical workshop, which is significantly subsidised by the LLR LMC will be offered to you at a cost per person of **£50 (lunch provided)**.

Aimed at: GPs with a leadership role, Practice Managers and Senior Nurses.

The event will take place on Thursday 9 February 2017, at the Salvation Army (Leicester South), Ladysmith Road, Wigston, Leicester, LE18 4UZ.

To register your interest please email: susan.shaw@llrlmc.co.uk.

GMC – The State of Medical Education and Practice in the UK report 2016



There has been recent news coverage of the GMC report on The State of Medical Education and Practice in the UK which was published at the end of October in which a 'state of unease' is highlighted that exists within the UK medical profession and set out the GMC's commitment to supporting improvements through various measures including the reform of doctors' education and training.

This is the GMC's sixth annual report of the state of medical education in the UK and is found here: <http://www.gmc-uk.org/publications/some2016.asp>

The report is based on GMC data from many sources, such as the National Training Survey, Fitness to Practice complaints process and enquiries from doctors. It sets out what is happening in the education and practice of doctors and considers some of the current challenges facing the profession.

Alongside the report there is an extensive online resource of GMC data in searchable tables set out to

make it easy to find key figures. It is hoped that patient groups, educators, employers, doctors, workforce planners, policymakers, researchers and regulators find this resource useful.

Putting Community Pharmacies at the Heart of the NHS



Improving Practice and Providing Quality Care Conference:

Date: Tuesday 10 January 2017

Venue: Central London (TBC)

Key speakers:

Raymond Anderson – President, Commonwealth Pharmacists Association

Jacob Lant – Head of Policy and Public Affairs, HealthWatch

Hadar Zaman – Lecturer on Pharmacy Practice, University of Bradford

Mike Hewitson – Board Member, National Pharmacy Association

Neal Patel – Head of Corporate Communications, Royal Pharmaceutical Society

For enquiries and bookings please call: 0203 137 8630 or follow the link:

<https://www.publicpolicyexchange.co.uk/events/HA10-PPE>

Your LMC Team



Dr Chris Hewitt
Chief Executive



Dr Nick Simpson
Committee Member

Dr Nainesh Chotai
Chair



Dr Jyoti Rawat
GP Representative



Dr Sumit Virmani
GP Representative



Dr Ammar Ghouri
Co Vice Chair



Dr Anu Rao
Medical Officer



Dr Shiraz Makda
Co Vice Chair



Dr Hisham Haq
Treasurer



Claire Deare
Development Manager





Dr Binita Parmar
GP Representative



Fahad Rizvi
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