

CONTENT

1. CORONAVIRUS

[Updates and Guidance](#)

[Pandemic Medication Delivery Service](#)

2. TRAINING, EVENTS & OPPORTUNITIES

[Resilience - Free Webinar Workshop Series](#)

[Free Virtual One to One Support for GPs](#)

[Embedding the Change Workshop - Your Views Please](#)

3. CLINICAL ISSUES

[CPR Guidance for Primary and Community Care](#)

4. PRACTICE MANAGEMENT

[NHSPS Service Charges Dispute Update](#)

[LMC Buying Group Update](#)

[Preparing for Flu Immunisation 2020/21](#)

[PCSE Patient Records](#)

[Serious Shortage Protocol - Fluoxetine 40mg Capsules](#)

5. GUIDANCE & RESOURCES

[N3i Data Protection Officer Service Specification](#)

[Remote Consultations for Learning Disability Health Checks](#)

[Domestic Abuse during COVID-19: Advice for NHS Staff](#)

6. GENERAL NEWS

[Performers List Update](#)

[GP Speciality Training](#)

[Improving Vaccine Uptake](#)

[NHS Pension Scheme Death in Service Guidance](#)

Items marked * in orange on the content list are highlighted either because of their importance or because they contain information you may not have seen elsewhere.

CORONAVIRUS

Updates and Guidance

We're continuing to update our guidance page www.humbersidelmc.org.uk/coronavirus with the latest information for general practice. If you have a query it's worth checking the resources on this page including our regularly updated FAQs as you may find what you need there.

We're working hard to put more support in place for GPs and practice staff at this busiest of times. A further series of **free resilience webinar workshops** is now open for bookings – see Training, Events and Opportunities below. And GPs in our region can access four **free sessions with a trained peer mentor**. Sessions are confidential and take place virtually – full details available [here](#).

Our weekly update covering the latest developments will soon be moving to a fortnightly schedule. You can find all editions of our update [here](#).

Pandemic Medication Delivery Service

Patients meeting the COVID-19 shielding criteria need to stay at home and away from community pharmacy and dispensing doctor premises and must be offered a home delivery option for their prescription items unless a family member, friend, relative or volunteer can collect the medicine for them. The National Health Service (Amendments Relating to the Provision of Primary Care Services During a pandemic etc.) Regulations 2020 came into effect on 27 March 2020 and provide for such an option.

PSNC has published information on their website that includes a flowchart providing an [overview of the Pandemic Delivery Service for pharmacies](#).

TRAINING, EVENTS & OPPORTUNITIES

Resilience - Free Webinar Workshop Series

We know that times are particularly challenging with rapidly changing demands. To help you face these challenges Humberside LMCs' have commissioned a series of online,

resilience workshops in partnership with Beyond Coaching for GPs, Practice Managers and primary care staff.

They are 75 minute long interactive sessions timed to run nearer the end of the day. Feedback so far has included comments such as 'manageable amount of time in the current circumstances', 'easy to access the training' and 'thank you, another excellent session'.

Topics have included 'How to manage stress and be kinder to yourself', 'How to change perspectives to achieve clarity and focus' and 'How to build resilience in your team'. We would encourage you to take a little time away from your busy day to invest in yourself with one of these sessions.

The next three sessions are due to be held on 3rd, 16th and 30th June from 4.15pm. Click on each workshop for full details and booking:

- [Session 4: Thrive - Identify key resilience factors, Wednesday 3rd June, 4.15pm - 5.30pm](#)
- [Session 5: Use the power of your mind to boost resilience, Tuesday, 16th June, 4.15pm - 5.30pm](#)
- [Session 6: Shift your thinking for a more resilient mindset, Tuesday 30th June, 4.15pm - 5.30pm](#)

Free Virtual One to One Support for GPs

We encourage you to take time to look after your own health and wellbeing during the challenges you are facing as a result of Covid-19. The Rapid Access Support Service has been designed to provide short, virtual sessions with a trained mentor who will listen and sign post you to appropriate resources. Please get in touch using one of the following methods:

- by visiting www.gp-s.org and completing the online contact form;
- by email contact@gp-s.org or
- by telephone 0115 979 6917.

You will initially be in touch with a Nottinghamshire based operational lead who will offer you a choice of GP mentor based in the Humberside area.



Our standard mentor offer of four, two-hour mentoring sessions is also still available and being delivered virtually. Please use the same GP-S contact details above.

Embedding the Change Workshop – Your Views Please

Our constituents are telling us that the world will undoubtedly be different post COVID and that will apply to the NHS and Primary Care as much as anything. It has shifted thinking and introduced new ways of working that usually take years. It also will hopefully lead to a set of changed expectations from patients. With PCN Clinical Director leadership and practice participation across our CCG areas, the LMC would like to help facilitate the capture, evaluation and delivery of some of the best new working practices. Working with NHSE we are inviting clinical directors to a virtual event to look at the impact of the significant changes primary care has had to respond to during the COVID response and not least the move to total triage, Video Consultations etc.

Humberside LMC, YORLMC and HCV ICS have invited clinical directors, on behalf of all practices, to take part in an online workshop to discuss this. The workshop is taking place on Wednesday 3rd June 2020 but before then we would like to capture a wide view of your opinions on this please. In particular:

1. What has gone well that we would like to keep?
2. What hasn't worked that we should stop?
3. It would be even better if.....

It would be really helpful if you could consider the 3 questions with colleagues and if possible share your thoughts on them with Laura Allenby via Laura.Allenby@nhs.net in advance so we can coordinate any themes that are coming through. From an ICS perspective we aim to take the learning from the event so that we can ensure we are doing all that we can to support primary care in embedding the changes.

CLINICAL ISSUES

CPR Guidance for Primary and Community Care

The Resuscitation Council, together with the Royal College of GPs, have published guidance for healthcare workers (HCWs) who are performing cardiopulmonary resuscitation (CPR) in primary and community care setting. The guidance clarifies that



as CPR is an aerosol generating procedure (AGP) in the context of COVID-19, AGP PPE is the safest option for HCWs when undertaking chest compressions and other resuscitation procedures on patients with suspected or confirmed COVID.

However, it is recognised that this may not always be achievable in a primary or community care setting depending on the availability of PPE. In the absence of AGP PPE, non AGP PPE if available for clinical care, must be worn as a minimum for resuscitation events. Read the guidance at <https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/primary-healthcare/>

PRACTICE MANAGEMENT

NHSPS Service Charges Dispute Update

The BMA is supporting 5 test claimant GP practices who have received demands from NHS Property Services (NHSPS) to pay [inflated service charges](#) based on their Consolidated Charging Policy. The case is ongoing and on 4 May NHSPS sought an extension due to COVID-19 to file defences and counterclaims.

In the meantime, some practices have continued to receive demands from NHSPS for the payment of disputed service charges. These demands are highly inappropriate, not only because these charges are the focus of the ongoing legal case, but because they serve to unnecessarily exacerbate the already immense pressure on practices as they work to combat COVID-19. The BMA have written to Martin Steele, the new CEO of NHSPS, to express these concerns and asking NHSPS to desist from sending practices further demands for disputed service charges until legal proceedings have been concluded and the current health crisis has abated. They have now agreed to restart regular engagement to address various issues faced by practices.

If your practice has experienced any issues regarding NHSPS, please raise this at the earliest opportunity with the LMC.

LMC Buying Group Update

The LMC Buying Groups Federation has negotiated discounts with approved suppliers on a wide range of products and services including flu vaccines. Membership is free and



enables you to view pricing and request quotes online through their [website](#). The group's latest update for practices is available [here](#).

Preparing for Flu Immunisation 2020/21

NHSEI has published the [annual flu letter for the 2020/21 programme](#). It is recognised that delivering the flu immunisation programme is likely to be more challenging this year because of the impact of COVID-19. NHSEI will publish further guidance nearer the planned start of the programme in September 2020, but in the meantime, practices should continue to plan for the programme as usual. The letter sets out which groups are eligible for flu vaccination (same as last year but different vaccinations for different groups) and how to prepare for this autumn's vaccination campaign.

PCSE Patient Records

The LMC have been informed that some practices are still awaiting significant numbers of outstanding patient records from PCSE, with issues that pre-date the COVID-19 pandemic.

To aid and inform our ongoing discussions with PCSE, it would be helpful to have further feedback on this from our constituent practices. If you are still awaiting a sizeable amount of patient records from PCSE, please email madeleine.clifford-roper@nhs.net, who will be collating the details.

Serious Shortage Protocol - Fluoxetine 40mg Capsules

The DHSC have issued a [Serious Shortage Protocol \(SSP\) for fluoxetine 40mg capsules](#), which came into effect on 20 May, and will expire on 20 July 2020. The SSP will enable community pharmacists in England, Wales and Northern Ireland to supply patients with 2 x fluoxetine 20mg capsules.

GUIDANCE & RESOURCES

N3i Data Protection Officer Service Specification

As you will be aware the IMT contract that the Humber CCGs put in place from 1st April

included the requirement to provide a Data Protection Officer (DPO) function. Some practices may not want or need the service, and [N3i asked that if this is the case practices should respond indicating this](#). The contractual position remains that, other than the practices who state they do not want it, all practices are covered by the N3i DPO service.

Remote Consultations for Learning Disability Health Checks

Providing support to people with learning disabilities is an important part of general practice activity, which includes offering the opportunity for an annual health check. [NHSEI confirmed in their bulletin](#) (18/05/2020) that, with regards to health checks for people with a learning disability, where this cannot be delivered safely face to face or where the patient has other medical conditions which require them to shield or socially isolate, the review could be conducted remotely.

Decisions about the best way to conduct a health check should be made on an individual basis, taking in to account the challenges some patients might have with this. The [BMA toolkit for practices](#) now also includes an [FAQ for locum doctors working remotely](#).

Domestic Abuse during COVID-19: Advice for NHS Staff

There has been a concerning increase in domestic abuse cases during the pandemic, and the Home Office have launched a national campaign to raise awareness of the support available. [NHSEI has sent a letter with advice for NHS staff](#) on dealing with domestic abuse during pandemic, which lists a number of resources that may be useful for NHS staff in signposting to specific support teams.

GENERAL NEWS

Performers List Update

The PCSE [Performers List public facing website](#) is now live. The new website will be more interactive than the current site, and individuals can do a search and download the search into an excel file.

As this is the public site it will not provide any contact details or their GP type. We

encourage any GP who has not already done so to log onto PCSE online and check their details. Further information can be found at <https://pcse.england.nhs.uk/services/performers-lists/>.

The LMC will continue to make contact with practices to keep our own constituent lists up to date.

GP Speciality Training

Following discussions between the BMA, RCGP, GCE, HEE and devolved nations education leads, it has been agreed that a remote CSA assessment will be available for GP trainees who were due to CCT in August. GP trainees will therefore be able to CCT and gain their full MRCGP this summer, despite the COVID-19 situation. For more information on how CCT will work, please see the [full statement by the co-chairs of the GP trainees committee](#).

Read more about how to achieve CCT amid COVID-19, in this [blog by Sandesh Gulhane, co-chair of the BMA's GP trainees committee](#).

Please also see [a letter from Health Education England](#) about increased support for GP Specialty Training during the pandemic.

Improving Vaccine Uptake

The JCVI recently published [a statement on the importance of maintaining immunisation services](#) to reduce the risk of vaccine-preventable disease during the COVID-19 outbreak. Following this, NHSEI has advised that it may be necessary for CCGs and PCNs to facilitate the transfer of locally held vaccine stock from one provider to another to ensure the continued delivery of immunisation programmes. In addition, MHRA has confirmed that it will not prevent the transfer of locally held vaccine stock from the NHS routine immunisation services during the pandemic.

NHSEI recently launched a [campaign to encourage uptake of immunisations](#). Practices are asked to do what they can to encourage all those eligible for vaccinations, particularly children and vulnerable adults, to get protected to avoid an outbreak of another infection against which we have effective vaccinations.



NHS Pension Scheme Death in Service Guidance

Dr Krishan Aggarwal, BMA pensions committee deputy chair, has written a blog to provide guidance about the NHS pension scheme death in service arrangements which can be found [here](#).

If you wish to stop receiving newsletters from the LMC please send an email to humbertside.lmcgroup@nhs.net with 'Unsubscribe from newsletters' in the subject line. You can read our privacy policies at <https://www.humbertsidelmc.org.uk/privacy>.





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