

## Coronavirus - LMC Update May 29<sup>th</sup> 2020

### GP and Practice Toolkit

The BMA continues to update their [online toolkit for GPs and practices](#), which should help to answer many of the questions practices have on a large range of topics relating to COVID-19.

Newly added sections include guidance for [locum doctors working remotely](#), and there have also been updates to the [section on reducing COVID-19 transmission](#), in relation to social distancing within GP practices.

### Temporary Residents and Travelling Patients

GPC England has issued new guidance on the use of remote consultations as a way for practices across the country to support colleagues working in practices in tourist areas who may face a large increase in visitors this summer. Patients are now much more likely to contact their own practice by phone or video rather than having to temporarily register with another practice. Read the guidance [here](#).

### New Coronavirus Life Assurance Scheme

On 27 April a new life assurance scheme was introduced covering health and social care workers during the COVID-19 pandemic. Details of the scheme have now been published by NHS Business Service Authority - scheme rules including guidance for claimants and employers can be found [here](#). This payment is in addition to Death in Service (DiS) benefits linked to the pension schemes.

### NHS Test and Trace

This week saw the launch of the new [NHS Test and Trace system](#) which will be responsible for contacting people who test positive for coronavirus and following up with those they have been in close contact with a view to stopping the spread of the virus. Further information is available on the following downloads:

- [Infographic](#) - summary of how the system works
- [Notice outlining the NHS Track and Trace system](#)
- [NHS Test and Trace - Guidance for Employers and Business](#)
- [NHS Test and Trace - Q&A](#)

### Resilience Webinars

Humberside LMCs' have commissioned a series of free online resilience workshops in partnership with Beyond Coaching for GPs, Practice Managers and primary care staff.

They are 75 minute long interactive sessions timed to run nearer the end of the day. Feedback so far has included comments such as 'manageable amount of time in the

current circumstances', 'easy to access the training' and 'thank you, another excellent session'.

The next series of three sessions starts next week with just a small number of places remaining. Click on each workshop for full details and booking:

- [Session 4: Thrive - Identify key resilience factors, Wednesday 3rd June, 4.15pm - 5.30pm](#)
- [Session 5: Use the power of your mind to boost resilience, Tuesday, 16th June, 4.15pm - 5.30pm](#)
- [Session 6: Shift your thinking for a more resilient mindset, Tuesday 30th June, 4.15pm - 5.30pm](#)

### **Mentoring for GPs**

We encourage you to take time to look after your own health and wellbeing during the challenges you are facing as a result of Covid-19. The Rapid Access Support Service has been designed to provide short, virtual sessions with a trained mentor who will listen and sign post you to appropriate resources. Please get in touch using one of the following methods:

- by visiting [www.gp-s.org](http://www.gp-s.org) and completing the online contact form;
- by email [contact@gp-s.org](mailto:contact@gp-s.org) or
- by telephone 0115 979 6917.

You will initially be in touch with a Nottinghamshire based operational lead who will offer you a choice of GP mentor based in the Humberside area.

Our standard mentor offer of four, two-hour mentoring sessions is also still available and being delivered virtually. Please use the same GP-S contact details above.

See our coronavirus guidance page at [www.humbersidelmc.org.uk/coronavirus](http://www.humbersidelmc.org.uk/coronavirus) for details of guidance and resources, plus our FAQs, to help with your queries.