

Primary Care Support offer, April 2021

Mentoring and coaching

Mentoring:

- Up to 8 hours of mentoring for GPs, Practice Managers, Nurses and other senior practice staff with leadership/decision making responsibilities.
- Delivered by trained GPs from across the Humberside area.
- No cost to the mentee, funded by NHSEI GPFV.
- Visit [GPMplus: General Practice Mentorship plus](#) for further information.

Looking after you too – coaching

- For all staff working in the delivery of primary care services.
- Funded by NHSEI, delivered by highly qualified coaches.
- Register and book a coaching session at [Looking After You Too – Our NHS People](#)

Peer to Peer Support

Practice Manager Buddying

- A forum for Practice Managers to meet and share good practice to support one another with work-related challenges.
- The next event will be held on Thursday, 6th May, 9.30am to 11am, with the topics of Supporting Colleagues and Self-care.
- Free to attend, funded by NHSEI GPFV.
- Bookings from mid-April at: [Humberside LMC: LMC Events and Training](#)

Practice Manager Appraisals

- Designed to support local Practice Managers with ongoing personal and professional development.
- Delivered by trained Practice Managers.
- Free to access, funded by NHSEI GPFV.
- For information see <https://www.humbersidelmc.org.uk/practicemanagement> or e-mail humberside.lmcgroup@nhs.net to book.

Training

Great place to work

- To enable Practice Managers to define a 'Great Place to Work' and to be supported in identifying the priorities for their practices.
- To be delivered by Capsticks over two, 90 minute sessions on 13 April and 8 June 2021.
- A free event, funded by NHSEI GPFV.
- This event is fully booked. Please join the waiting list as this may result in a place or will provide an indication of demand for the event to be run again at a later date: [Humberside LMC: LMC Events and Training](#)

Signposting

GP Signposts for Yorkshire and the Humber

- A directory of services developed by NHSEI for GPs to signpost support in the event of difficulty, and options to support career development.
- The directory can be accessed on the GP portal at [9ae935e1-c14f-4419-9927-7171fe39ad3a \(yhcs.org.uk\)](https://9ae935e1-c14f-4419-9927-7171fe39ad3a.yhcs.org.uk)

Wellbeing resources including financial support

- Please visit www.humbersidelmc.org.uk/support for an extensive list of sources of support, guidance and wellbeing resources.

Please visit www.humbersidelmc.org.uk/eventslanding for other types of training organised by the LMC and external partners.