

CONTENT

1. HOT TOPICS

[This Month's Hot Topics](#)

2. TRAINING, EVENTS & OPPORTUNITIES

[Humber, Coast and Vale Trauma Recovery Workshop Series](#)

[Spire Free Primary Care Online Education](#)

[Trent Cliffs Healthcare Continuing Medical Education Events](#)

[Free Mentoring Service](#)

[Humbertside LMCs Freedom to Speak Up Webinar](#)

[New to Partnership Payment Scheme \(N2PP\)](#)

3. GUIDANCE & RESOURCES

[Health Inequalities Toolkit – Call for Examples](#)

[GP Registration for Un/Under-documented Migrants](#)

[GMS1 Form Available in Polish and Romanian](#)

[Pension Guidance for Retired Doctors - Reminder](#)

[Integrated Care Systems Guidance from NHSE](#)

[PCN Handbook](#)

4. GENERAL NEWS

[Health and Care in and across the Humber and Place Partnerships](#)

[LMC Constituent Survey Results](#)

[Deadline Imminent for EU Settlement Scheme](#)

[NHS Cervical Screening Management System to be introduced on 30 October](#)

[New PCSE Pay and Pension System Update](#)

[General Practice Pressures Featured on BBC Look North](#)

[Infectious Respiratory Illnesses in Children](#)

[IES Primary Care Workforce Wellbeing Survey](#)

[Delay in Roll-out of Patient Data Sharing Programme \(GDPR\)](#)

[New PCSE Pay and Pension System Update](#)

Items marked * in orange on the content list are highlighted either because of their importance or because they contain information you may not have seen elsewhere.

HOT TOPICS

This Month's Hot Topics

A Voice for Primary Care

We are working hard for all our practices to ensure we are at the table to discuss structure and form of the ICS by the formation of our Humberside Primary Care Collaborative. The first meeting was held on 2 June with next meeting on 7 July. Agendas are available on our [Humber Primary Care Collaborative web page](#) where we also publish minutes and actions. We welcome all your views, ideas and concerns by email to Humberside.lmcgroup@nhs.net

Media Engagement

We have been working with local media outlets to raise awareness of the pressures general practice is under and inform patients how GPs and practice teams are working to support them at this intensely busy time. This has included setting up a BBC Look North report from Wolseley Medical Centre in Hull (read more below) and a discussion with BBC Radio Humberside.

Support from the LMC

We know practices are under huge pressure at the moment - do check out the ways you can access support from the LMC. See our [July support offer summary](#).

TRAINING, EVENTS & OPPORTUNITIES

Humber, Coast and Vale Trauma Recovery Workshop Series

July - September 2021

Humber, Coast and Vale Health and Care Partnership (Integrated Care System) is delivering a series of emotional/psychological trauma-focused health and wellbeing workshops, as part of the Enhanced Occupational Health and Wellbeing programme and the wider Staff Support and Training for Trauma project.

Full details of all the sessions can be found on the [Trauma Recovery Workshops Overview](#). To book a place please contact the partnership office: hullccg.hcvstppmo@nhs.net. Workshops are free to attend for health, care and voluntary sector staff.

Monday 19th July 2021, 10:30-12:00	Breathwork for Anxiety and Trauma Recovery
Thursday 22nd July 2021, 17.30 - 18.30	Breathwork for Low Moods and Tiredness
Tuesday 3rd August 2021, 10.30 - 12.00	Breathwork for Stress, Anxiety and Overwhelm
Monday 9th August 2021, 10.30 - 12.00	Understanding patterns that lead to Vicarious Trauma, Burnout and Compassion Fatigue
Thursday 12th August 2021, 10.30 - 12.00	Embodiment Practices for Anxiety and Trauma Recovery
Thursday 12th August 2021, 17.00 - 18.00	Breathwork and Somatic Resources for Fatigue and Depression
Thursday 26th August 2021, 10.30 - 12.00	Stop Reacting and Start Responding: Stress and Self-Care
Monday 6th September 2021, 10.30 - 12.00	Dance and Movement for Wellbeing and Stress
Tuesday 7th September 2021, 10.30 - 12.00	Self-Care for the Wounded Healers 'Rest' Workshop
Monday 13th September 2021, 10.30 - 12.00	Nature Connection and Eco-Therapy for Trauma and Wellbeing

Spire Free Primary Care Online Education

Spire are offering free education sessions for GPs and nursing staff over Zoom. All the sessions carry CPD points with certificates, and there is no limit to the number you can sign up to. View the [Spire Primary Care Education Programme web page](#). The upcoming schedule is below:

Wednesday 30th June, 7.00-8.00pm	Continence Options , Mrs Pooja Balchandra	Click for registration
Thursday 1st July, 7.00- 8.00pm	Assessment of abdominal pain , Dr Vishal Mehta	Click for registration
Tuesday 6 th July, 7:00- 8:00pm	A Neurological Approach to Recognising Different Gait Disorders , Dr Rubesh Gooriah	Click for registration

Thursday 8th July, 7.00-8.00pm	Diabetes in Children, Dr Verghese Mathew	Click for registration
Wednesday 14th July, 7.00-8.00pm	Opioid Reduction in Chronic Pain, Dr Swaroop Sampu	Click for registration
Wednesday 21 st July, 6:30-7:00pm	Acute Pain - Management of Spinal Pain, Dr Seshu BabuTatikola	Click for registration
Thursday 22 nd July, 6:30-7:30pm	Common paediatric surgical emergency and how to recognise them (including pyloric stenosis, appendicitis & GOR), Miss Sanja Besarovic	Click for registration
Wednesday 28 th July, 7:00-8:00pm	Diagnosis and management of PD in primary care, Dr Rubesh Goorah	Click for Registration

Trent Cliffs Healthcare Continuing Medical Education Events

Trent Cliffs Clinics are hosting online education events for GPs on a variety of issues. To register for an event visit

<https://zoom.us/meeting/register/tJYqcuYgqT0sGtREj1qUN05GK1oWZjP4qkg>,

select your chosen event from the drop down list, and submit your details.

The upcoming schedule is below. All events are on Zoom on Thursday evenings at 19:00.

Thursday 1st July	Lower GI Surgery - Speaker TBA
Thursday 8th July	Paediatrics - Dr Prashant Mani
Thursday 15th July	Gastroenterology - Dr Prabhakar Mysore
Thursday 22nd July	Radiology - Dr Joseph Alex and Dr Ajay Dabra
Thursday 29th July	Physiotherapy - Speaker TBA

Free Mentoring Service

GPMplus is a free mentoring service for GPs, PMs, Nurses, and other senior practice staff with leadership or decision making responsibilities. The LMC is now able,

through GPFV funding, to make this service available to our constituents in the Humber area.

The service is provided by trained mentors who all have experience of working in frontline General Practice and is free at the point of access. GPMplus can help you to:

- Move forward with personal and career goals.
- Work through a problem or potential opportunity you feel you have.
- Manage transitions positively.
- Build confidence.
- Improve your work life balance.
- Build your resilience.
- Achieve your aspirations.

More information can be found on the [GPMplus leaflet](#) and on their [website](#). Use the [contact form](#) to get in touch about mentoring.

Humberside LMCs Freedom to Speak Up Webinar

Tuesday 6 July 2021, 13:00pm – 14:00pm via MS Teams



The LMC is now offering the Freedom to Speak up Guardian service to anyone working in primary care in our four CCG areas who wishes to raise a concern. This short webinar event is to tell you about our service and about how to speak up and when you might do so. To book your free place go to

<http://www.humbersidelmc.org.uk/events/12153> and complete your details.

Any members of staff from GP practices can speak up about concerns they have which they feel are not being listened to by their own management reporting. When things go wrong, we need to make sure that lessons are learnt and things are improved. If we think something might go wrong, it's important that we all feel able to speak up so that potential harm is prevented.

Even when things are good, but could be even better, we should feel able to say

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something and should expect that our suggestion is listened to and used as an opportunity for improvement. Speaking up is about all of these. The event will be delivered by Humberside LMCs' Freedom to Speak up Guardians.

To book your free place simply go to <http://www.humbersidelmc.org.uk/events/12153> and complete your details. A Teams link will be sent to those registered closer to the event.

New to Partnership Payment Scheme (N2PP)

The New to Partnership Payment Scheme (N2PP) is a new commitment from the February 2020 '[Update to the GP Contract agreement 2020/21-2023/24](#)', forming part of the suite of interlocking GP recruitment and retention initiatives. The overarching aim of the scheme is to grow the number of partners – and individuals with equivalent status – working in primary care, stabilising the partnership model and helping to increase clinicians' participation levels so that primary medical care and the patients it serves have access to the workforce they need.

The scheme gives eligible participants a sum of up to £20,000 plus a contribution towards on-costs of up to £4,000 (for a full time participant) available to support establishment as a partner, as well as up to £3,000 in a training fund to develop non-clinical partnership skills. In order to participate in the scheme, applicants will be required to submit an application form and supplementary evidence to NHSEI and meet the eligibility criteria.

To be eligible to participate in the scheme, the applicant must:

- be a Health Care Professional working in general practice who are registered with their respective professional body and delivering clinical care to patients in general practice through a GMS/ PMS/ APMS contract
 - not have been a partner in a GP practice before
 - hold a profit-shares, legally-liable partnership
 - commit to remaining a partner in a GP practice for five years (or pay back a portion of the loan)
 - deliver a minimum of two clinical sessions per week in their partnership practice throughout the five year period
 - have signed a partnership agreement on or after 1 April 2020 and before the scheme closes
 - have a minimum of two years remaining in their contract
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- 

Applications can be made via the online application portal:

www.primarycareworkforce.nhs.uk.

Interested colleagues and their practice should review the [New to Partnership Payment Scheme guidance](#), complete the [online application](#) and provide supplementary evidence to support their application. All prospective applicants are encouraged to take their own financial advice before applying to the scheme.

If you experience any issues logging in to or using the online portal, guidance is available on the [Future NHS Collaboration Portal](#) (this platform requires a log in) or contact the team: england.newtopartnershipenquiries@nhs.net.

Please refer to the [Privacy Notice](#) for details of how NHS England will use the personal information that you provide.

For any New to Partnership Payment Scheme queries please review the FAQs, which are available on the [Future NHS Collaboration Platform](#), or contact the team: england.newtopartnershipenquiries@nhs.net. If you don't already hold a Future NHS account you can register via the FutureNHS login page. Should you have any issues accessing the platform please contact the Primary Care Workforce team at england.primarycareworkforce@nhs.net.

GUIDANCE & RESOURCES

Health Inequalities Toolkit - Call for Examples

The BMA is producing a toolkit for frontline clinicians, including those in general practice, who feel frustrated by the health inequalities they see in their work, and who wish to do something about it. The BMA also [published a paper in March](#) recommending actions UK governments could take to mitigate the effect of the pandemic on health inequalities and the social determinants of health.

They would like to hear from those who have seen or participated in schemes to address health inequalities in their local area, and hope the final published toolkit will support clinicians to tackle health inequalities, either through direct action on behalf of their patients, through joint working with other local organisations, or indirectly through

lobbying local, regional or national government. Please send any examples of projects or initiatives you have seen in your local area to reduce health inequalities, by filling in this [webform](#). If you have any general feedback on what you would find useful in a toolkit, as a GP, please email Liv Clark at oclark@bma.org.uk

GP Registration for Un/Under-documented Migrants

Doctors of the World (DOTW) have developed the [Safe Surgeries toolkit](#) to help practices provide a welcoming environment for everyone. The toolkit - endorsed by RCGP and RCN - is an accessible presentation of existing DHSC and NHSE guidance and supports clinical and non-clinical NHS staff to promote inclusive care through GP registration. Notably, it aims to address specific barriers to primary care faced by vulnerable, un/under-documented migrants by ensuring that GP practices are aware of all relevant guidance and rules. This includes, for example, that patients should not be turned away if they lack a proof of ID, address, or immigration status.

It is now more important than ever that patients are registered with a GP. GP registration will likely mitigate the effects of the pandemic on health inequalities by improving equitable access to care and ensuring that marginalised and excluded communities are not missed in the COVID-19 vaccine roll-out.

DOTW also offer FREE [training](#) to clinical and non-clinical NHS staff that aims to improve awareness of migrant entitlements to NHS care and enables staff to better advocate for their patients.

GMS1 Form Available in Polish and Romanian

Thanks to NHS Hull CCG who arranged for the GMS1 form to be translated into Polish and Romanian, two of the languages most commonly spoken in the area. They have queried the non-availability of the form in other languages with PCSE. Download the forms below.

- [GMS1 form - Polish](#)
 - [GMS1 form - Romanian](#)
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Pension Guidance for Retired Doctors - Reminder

From 25 March 2020, due to the COVID-19 pandemic, the [UK government's emergency legislation](#) temporarily suspended some of the regulations governing the administration of NHS pensions, allowing doctors who have recently retired from the NHS to return to work, and for retired doctors who had already returned to work, to increase their commitments without affecting their pension benefits. These measures include the temporary suspension of the 16-hour rule when members of the NHS Pension Scheme take retirement.

Following the end of the COVID-19 outbreak, a six-month notice period will be given to staff and employers at the end of which the suspended regulations will take effect again. Staff and employers will therefore have six months' notice to readjust their working patterns, where necessary. Read more in the [NHSBSA guidance on the rules](#) currently on hold.

Integrated Care Systems Guidance from NHSE

NHSE has published two documents outlining how Integrated Care Systems (ICSs) will operate from April 2022. Key points include:

- A minimum of four executive members employed by the body will be required to sit on the boards, including a chief executive, a finance director, a director of nursing and a medical director.
- The ICS will also need to have three independent non-executives composed of a chair and at least two others who will 'normally not hold positions or offices in other health and care organisations within the ICS footprint'.
- A further three 'partner members' are required, including one from general practice, one from an NHS trust or foundation and another from a local authority. But the guidance clarifies that these members will 'not be acting as delegates' of their sectors.
- ICS NHS bodies will be allowed to add to the mandatory positions as they develop, however, those joining boards will be subject to agreement with NHS England and NHS Improvement (NHSE&I).
- It adds that boards will 'need to be of an appropriate size to allow effective decision making to take place' - and should ensure that they 'take into account the perspectives and expertise of all relevant partners.'
- Those sitting on boards are advised that primary care should be 'represented and involved in decision-making at all levels of the ICS', including strategic decision-

making forums at place and system level.

- They are also encouraged to consider the support PCN clinical directors may need to develop primary care and help transform community-based services.
- The guidance also confirmed that all CCG functions and duties will be transferred to ICS bodies, along with all CCG assets and liabilities, including their commissioning responsibilities and contracts.

Download the new documents:

- [Integrated Care Systems: Design framework](#)
- [Guidance on the employment commitment: Supporting the development and transition towards statutory Integrated Care Systems](#)

PCN Handbook

The new BMA PCN handbook for 2021/22 has now been published and is available on the [BMA website](#). The handbook has been updated to include the changes agreed as part of the [2021/22 GP contract](#), including additional ARRS workforce and new PCN service specifications, as well as other operational aspects. The full service specification setting out the requirements of the PCN DES for 2021/22, as well as further guidance, is also available from [NHS England](#).

GENERAL NEWS

Health and Care in and across the Humber and Place Partnerships

Humber, Coast and Vale ICS have published a presentation which gives an overview of the transition to the new NHS body - NHS Humber, Coast and Vale - from April 2022. It outlines how HCV will, subject to legislation, discharge its responsibilities through Place based and Sector based units of operation (Place Partnerships and Provider Collaboratives). It describes how Place Partnerships will operate and sets out proposed arrangements for funding will work.

[Download the presentation.](#)

LMC Constituent Survey Results

Earlier this year we invited all our constituent GPs and practice managers to complete the LMC Constituent survey. Thank you for all your responses – the survey is one of the key methods we use to find out people’s views on our services and how we can improve. We’ll be incorporating the results into our development plans for now you can download a summary of the results of this year’s survey [here](#).

Deadline Imminent for EU Settlement Scheme

The deadline of 30 June for applications to be made to the EUSS (EU settlement scheme) is almost here. If you are a doctor currently in the UK and arrived before 31 December 2020, you must apply before that date. It is free of charge, and by applying and being granted pre-settled or settled status, you will secure your rights to continue living and working in the UK.

In addition, an application must be made for every eligible child within your family. If you and your family members have lived in the UK for many years, have a permanent residence document or EEA biometric residence card, you still need to apply to the EUSS (or apply for British citizenship) by 30 June to secure your existing rights in the UK.

[Check your immigration status here.](#)

[Apply for EU settlement scheme now](#)

NHS Cervical Screening Management System to be introduced on 30 October

NHS Digital has been commissioned by NHSX to develop and implement a new IT system, which they say will be simpler and easier to use. It will replace the current call/recall IT system for cervical screening, which sits on the National Health Application and Infrastructure Services platform. As a first step in the transition to the new system, NHS Digital will be working closely with local IT teams and registration authorities for providers to ensure readiness.

New PCSE Pay and Pension System Update

PCSE's new pay and pension system was launched on 1 June and 3,500 GPs have logged onto the system so far. All GPs are urged to log on and check their details and data ahead of the any need to use it. Any errors or issues identified should be [raised with PCSE](#) at the earliest opportunity.

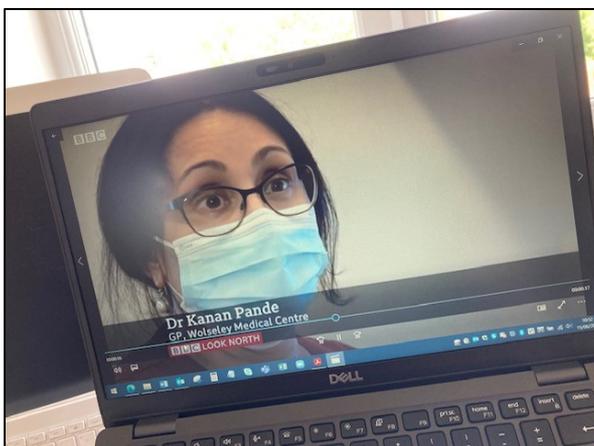
The BMA have been made aware post-launch that PCSE don't have contact details for approximately 6,000 GPs. PSCE say that they are working on solutions for this but any GP who hasn't received one or more emails from PCSE since 30 May giving access to the system is urged to contact pcse.user-registration@nhs.net in the first instance.

In the same period around 2,500 practices have logged on to the system and allocated roles to their own users. All practices are encouraged to do this and ensure that all details and data are correct at the earliest opportunity, [reporting any issues to PCSE](#).

The BMA report they have been meeting with PCSE almost daily since launch and have raised myriad of issues relating to missing and incorrect data along with poor usability. They are concerned about the volume of these issues but have been assured that they are all being addressed. They will continue to monitor and pursue the progress of this and other remedial work over the coming weeks. We will continue to update you on developments with this.

PCSE have posted user guidance for [practices](#) and [GPs](#) on their website.

General Practice Pressures Featured on BBC Look North



Dr Kanan Pande and the team at Wolseley Medical Centre in Hull appeared on BBC Look North on 9th June 2021 in a report illustrating the pressures facing general



practice.

The visit was set up by the LMC to help explain to the public why practices are so busy, and how clinicians and support staff are working on their behalf. Journalist Anne-Marie Tasker spoke to GPs, admin staff and patients in a report which highlighted the scale of the workload facing Doctors and practice staff.

Clips from the report can be viewed via the Humbertside LMCs [Twitter feed](#) and [Facebook page](#).

"We are now dealing with three times as much work as we did previously and we ask for some understanding," Dr Pande says. "We will see everybody who needs to be seen, it might just mean that you don't get your appointment today. However anyone who needs urgent help is clearly being seen."

Thanks to Dr Pande and the team at Wolseley Medical Centre for giving up time in such a busy period to highlight the reality of how general practice is operating.

Infectious Respiratory Illnesses in Children

Dr Marcia Pathak, Clinical Lead (Primary Care) for the Humber Paediatric Transformation Programme, advises that there are unseasonably high levels of bronchiolitis in the Yorkshire and Humber region, particularly in York but also in Scunthorpe. This surge is expected to worsen and peak towards late August and is expected to put considerable strain on primary and secondary care services. There is also expected to be a surge in other respiratory illnesses such as pneumonia due to a drop in general immunity in the population due to isolation due to covid. There is a lot of work going on at a Humber level as to how to mitigate this strain on the system, including workshops over the next couple of months and development of clinical pathways that work across primary and secondary care, and the consideration of how to utilise the Paediatric community nursing team, advice and guidance and Hospital at Home.

IES Primary Care Workforce Wellbeing Survey

The Institute for Employment Studies (IES) have been commissioned to conduct a study of the wellbeing of the primary care workforce. IES is an independent, not-for-



profit research institute that specialises in evaluation and research on employment and HR matters.

[This survey](#) is the third in a series that will be used to assess the current wellbeing of the workforce. It asks you to reflect on your personal wellbeing as well as the functioning of your team and your experiences of working remotely. Please submit your responses by **Monday 12 July**.

Delay in Roll-out of Patient Data Sharing Programme (GDPR)

The government has announced that the planned roll-out of the GP Data for Planning and Research (GDPR) in England is to be delayed by two months, from 1 July to 1 September 2021.

This follows extensive engagement by BMA and RCGP with NHS Digital and with the health minister, calling on NHS Digital and the Government to delay the introduction of their new data programme until patients and the public have had time to be aware of and understand the programme and choose to opt-out if they wish. Discussions are ongoing to ensure that there are appropriate safeguards in place as to how the data collected is used, and that the views of the profession are represented in all discussions pertaining to patient data. Read the BMA's statement about the announcement to delay [here](#).

New PCSE Pay and Pension System Update

PCSE's new pay and pension system was launched on 1 June and several practices and GPs have reported issues with disparities in information and difficulty in finding the relevant information on the system. All GPs are encouraged to log on and check their details and data. Any errors or issues identified should be [raised with PCSE](#) at the earliest opportunity. Concerns include:

- PCSE don't have contact details for approximately 6,000 GPs. PCSE advises they are working on solutions for this but any GP who hasn't received any email from PCSE since 30 May giving access to the system, is urged to contact pcse.user-registration@nhs.net
 - Past statements migrated to the new system are not showing the same level of detail as previously. PCSE say they are working on this but advise that users can still access those statements in full on Open Exeter in the meantime.
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- Around 1,000 practices have not yet received their QOF achievement payments for this month. PCSE are adamant that they have a solution for this and are working to ensure these payments are made this month, within contractual timeframes. They have written to affected practices.

The BMA continue to meet regularly with PCSE to raise issues relating to missing and incorrect data along with poor usability, and will continue to monitor and pursue the progress of this and other remedial work over the coming weeks. PCSE have posted user guidance for [practices](#) and [GPs](#) on their website.

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