



Primary Care Support offer, November 2021

Events

Practice Manager Budding:

- A forum for Practice Managers to meet and share good practice to support one another with work-related challenges.
- Free to attend, funded by NHSEI GPFV
- Topics to include an ARDENS master class and primary care IT
- Details to follow on: www.humbersidelmc.org.uk/eventslanding

Mentoring and coaching

Mentoring:

- Up to 8 hours of mentoring for GPs, Practice Managers, Nurses, and other senior practice staff with leadership/decision making responsibilities.
- Delivered by trained GPs.
- No cost to the mentee, funded by NHSEI GPFV.
- Visit [GPMplus: General Practice Mentorship plus](#) for further information and to book.

Looking after you too – individual coaching support

- For all staff working in the delivery of primary care services.
- Funded by NHSEI, delivered by highly qualified coaches.
- Register and book a coaching session at any of the following:
 - [Looking After You Too](#) – a pilot for Black, Asian and Minority Ethnic NHS colleagues
 - [Looking After You Too](#)
 - [Looking after your team](#)

Peer to Peer Support

Practice Manager Appraisals

- Designed to support local Practice Managers with ongoing personal and professional development.
- Delivered by trained Practice Managers.
- Free to access, funded by NHSEI GPFV.
- For information see <https://www.humbersidelmc.org.uk/practicemanagement> or e-mail humberside.lmcgroup@nhs.net to book.

Signposting

Wellbeing resources including financial support

- Please visit our support page at www.humbersidelmc.org.uk/support The page has an extensive list of sources of support, guidance and wellbeing resources organised for easy access by GPs, Practice Managers and All Practice Staff.

Please visit www.humbersidelmc.org.uk/eventslanding for other types of training organised by the LMC and external partners.