

## CONTENT

### **1. TRAINING, EVENTS & OPPORTUNITIES**

[Women's Health Event](#)

[HCV Partnership Long-Term Plan Stakeholder Engagement Events](#)

[RCGP CPD Courses and Events 2019](#)

[Nurse Leadership and Management in Primary Care](#)

[Haxby Training Diary August-December 2019](#)

[Physical Health – Serious Mental Illness Events](#)

[Advanced Care Practitioners Invited to GP Speciality Training Sessions](#)

[First Contact Practitioners Workshop](#)

[Safeguarding Adults Training \(Hull GPs\)](#)

[Rosalind Franklin Programme for Nurses in General Practice and Primary Care](#)

[Migration Training Offer in Hull](#)

### **2. PRACTICE MANAGEMENT**

[Practice Manager Appraisals](#)

[Cervical Screening – NHSX Site Visits](#)

### **3. GUIDANCE & RESOURCES**

[Primary Care Network Data Templates\\*](#)

[GP Signposts for Yorkshire and the Humber\\*](#)

[Resilience Resources\\*](#)

[Implementing Social Prescribing in Primary Care Networks](#)

[State Backed Indemnity Q&A](#)

[Humber, Coast and Vale Primary Care Strategy 2019-2024](#)

[New Website for General Practice Nurses Launched](#)

[Medicine Supply Issues Update for Primary and Secondary Care: August 2019](#)

[Firearms Update](#)

[Active Practice Charter](#)

[Hepatitis Resources](#)

### **4. CONSULTATIONS**

[Humber Teaching NHS Foundation Trust Strategy](#)

## **5. GENERAL NEWS**

[Sessional GP Blog](#)

[VWV PCN Survey Results](#)

[Personalised Health Checks](#)

[Patient Survey \(England\)](#)

Items marked \* **in orange** on the content list are highlighted either because of their importance or because they contain information you may not have seen elsewhere.

## TRAINING, EVENTS & OPPORTUNITIES

### Women's Health Event

Tuesday 15<sup>th</sup> October 2019, 18:00-21:00

Best Western Willerby Manor Hotel (Pavilion Suite), Well Lane, Willerby HU10 6ER

The evening is aimed at GP's, Nurses and other Healthcare Professionals across our region. There will be a number of talks on the evening from local leading professionals – see the [event programme](#) (Word) for full details.

This event has been organised by Dr Jenny Brotherston and will be sponsored by pharmaceutical companies. A hot buffet meal will be provided on the evening which will include vegetarian and halal options.

This event is free to attend for all delegates and the evening qualifies for 2.5 CPD points. You will receive a certificate of attendance at the end of the evening.

To secure a place please fill out the booking form on the event programme and return to City Health Training Team via email [CHCP.sexualhealthtraining@nhs.net](mailto:CHCP.sexualhealthtraining@nhs.net).

---

### HCV Partnership Long-Term Plan Stakeholder Engagement Event

Hull & East Yorkshire Event

Tuesday 3<sup>rd</sup> September 2019, 10:00-13:30

Bishop Burton College, York Road, Bishop Burton, Beverley HU17 8QG

This event is an opportunity to hear about the work of the Partnership's collaborative programmes and share your views on emerging plans.

The free event will give you the opportunity to engage with and offer feedback as the Partnership Long-term Plan is developed. When registering for your ticket, please select three interactive workshops from the options provided. Refreshments and lunch will also be provided during the event.

[Hull and East Yorkshire Event](#), Tuesday 3<sup>rd</sup> September

---

## RCGP CPD Courses and Events 2019

### Addictions Update

Thursday 3<sup>rd</sup> October 2019, 13:30-16:30

Village Hotel, Hull

In this afternoon workshop you will explore addictions to pain medication, alcohol dependence, prescription abuse, 'street' drugs and not-so-legal highs. You will also be introduced to effective ways of diagnosing addictions as well as available and appropriate treatment for long term care.

Course cost is £90 for RCGP members, £110 for non-members. Refreshments included. Book online [here](#).

### Women's Health Update

Wednesday 11<sup>th</sup> December 2019, 13:00-16:30

Mercure Wetherby, Wetherby

This is a half-day refresher course for GPs, GP registrars and Nurse Practitioners focussing on common female health issues that present in Primary Care.

Course cost is £90 for RCGP members, £110 for non-members. Refreshments included. Book online [here](#).

---

## Nurse Leadership and Management in Primary Care

Fully funded places for HCV practices are available on an ILM recognised Nurse Leadership and Management in Primary Care programme. The programme aims to arm nurse managers, supervisors and team leaders who work in a healthcare environment with the skills and supporting theory that will help them perform well in their role.

The programme consists of 4 study days over the course of a year, with an assignment at the end. Further details can be found in the [course outline](#) (PDF). Attendees need to be able to attend all 4 study days:

- 25<sup>th</sup> September 2019
  - 4<sup>th</sup> December 2019
  - 24<sup>th</sup> March 2020
- 

- 9<sup>th</sup> June 2020

If you are interested in taking part please complete the booking form on the course outline and return to [training@haxbygroup.co.uk](mailto:training@haxbygroup.co.uk) by 31<sup>st</sup> August 2019.

Funded places are limited and subject to availability; if demand exceeds availability places will be allocated fairly across practices within CCG localities. CCG representatives for each area, in collaboration with NHSE, will approve applications on this basis. Funded places have been made available by NHSE via the General Practice Forward View.

If you have any queries please contact [training@haxbygroup.co.uk](mailto:training@haxbygroup.co.uk)

---

## Haxby Training Diary August-December 2019

The new training diary has courses in Hull, Grimsby and York with topics including: Basic Wound Care; Immunisation; Annual Flu Update; Basic Life Support; Venupuncture; and Motivational Interviewing.

Full details including dates, prices and locations can be found on the training diary which can be downloaded [here](#).

---

## Physical Health – Serious Mental Illness Events

A Good Practice Sharing Event for Primary Care Teams

Wednesday 11<sup>th</sup> September 2019, 09:15-12:30 or 13:15-16:30  
Hellaby Hall Hotel, Old Hellaby Lane, Rotherham S66 8SN

Tuesday 24<sup>th</sup> September 2019, 09:15-12:30 or 13:15-16:30  
The Old Golf House Hotel, Outlane, Huddersfield HD3 3YP

Thursday 26<sup>th</sup> September 2019, 09:15-12:30 or 13:15-16:30  
Best Western Pavilion York Hotel, Fulford, York YO10 4PJ

The National Institute for Health and Clinical Excellence (NICE) recommends annual physical health checks for people with serious mental illness (SMI). Evidence shows that



people with SMI die up to twenty years younger than the average population. Preventable cardiovascular disease (CVD) is the major cause of death, along with endocrine disease and respiratory failure. Evidence also suggests that these individuals receive a lesser standard of health promotion and physical health care and despite national awareness and guidelines early mortality rates have not improved.

Planning is currently underway for a series of good practice sharing events to support primary care teams with the management of physical health in patients with serious mental illness. The events will:

- Explore why this cohort of patients experience side effects, gain weight and die prematurely
- Look at progress on implementation of annual physical health checks for people with SMI in Y&H and how we compare
- Share a case study and good practice tools developed to equip you undertake annual physical health checks with optimum effectiveness and efficiency
- Provide opportunity for Q&A

Places for these free events can be booked through Eventbrite via the links below. For enquires regarding this event please contact Denise Friend at NHS England and NHS Improvement via [denise.friend@nhs.net](mailto:denise.friend@nhs.net) or tel: 0113 825 3371

[Rotherham, Wednesday 11<sup>th</sup> September](#)

[Huddersfield, Tuesday 24<sup>th</sup> September](#)

[York, Thursday 26<sup>th</sup> September](#)

---

## **Advanced Care Practitioners Invited to GP Speciality Training Sessions**

As part of an initiative to develop multi-professional learning, Hull and York Medical Schools are welcoming trainee ACPs in years 1 and 2 of the MSC Advanced Practice course onto relevant sessions of GP Speciality Training.

This is a great opportunity for different professional groups to learn together and from each other, and also supports and complements the learning in practice component of the advanced practice MSc.

Places are limited and ACP trainees should discuss with their supervisor the sessions



which they feel will benefit them the most. Attendees in York are asked to book one session only. The programmes (all PDF files) can be downloaded below:

[Hull Programme 1](#)

[Hull Programme 2](#)

[Hull Programme 3](#)

[York Programme](#)

Places must be booked as follows:

For Hull contact: Ann Brown at [Ann.brown@hey.nhs.uk](mailto:Ann.brown@hey.nhs.uk)

For York contact: Fatima Kuddus/Beth Taylor at [GPST@nhs.york.uk](mailto:GPST@nhs.york.uk)

The information is subject to change will be updated on the faculty [website](#).

---

## First Contact Practitioners Workshop

Thursday 10<sup>th</sup> October 2019

Lunch 12:30; Event runs 13:00-16:30

Mercure Hotel, Willerby HU10 6EA

How can we support the sustainability of MSK Services in Humber Coast and Vale as we develop new FCP roles?

First Contact Practitioners (or Physiotherapists) roles have been developed in a number of areas, including locally, supporting primary care. NHS England set an ambition in the NHS Long Term Plan to achieve full access for the population to an FCP by 2024. To support this Primary Care Networks will be able to receive funding towards one FCP per PCN from April 2020.

The workshop aims to bring together those with an interest in MSK services, including providers of MSK services, acute trusts, GP's and CCG's along with input from our local universities and Health Education England to

- explore the role of the FCP's and requirements
- consider the workforce challenges in growing this workforce
- consider how we can integrate FCP's with MSK services across HCV
- ensure we have fair access to resource across HCV

An agenda will be shared nearer to the workshop.

To book a place please register at <https://www.eventbrite.co.uk/o/hcv-elective-care-programme-26242922493>

If you have any other queries please contact David Thundercliffe at [david.thundercliffe@nhs.net](mailto:david.thundercliffe@nhs.net)

---

## **Safeguarding Adults Training (Hull GPs)**

Thursday 17<sup>th</sup> October 2019

Buffet and registration from 18:00; Event runs 18:30-21:30

David Lloyd Fitness Centre, Raich Carter Way, Kingswood, Hull, HU7 4HS

This course for GPs in the Hull CCG area aims to fulfil the requirements of 4½ hours (1 hour e-learning preparation & 3.5 hours face to face) of level 3 training in accordance with the document Adult Safeguarding: Roles and Competencies for Health Care Staff (Intercollegiate Document, August, 2018:18).

Speakers will include the Named and/or Designated Doctors for Safeguarding Adults. Further information on the course programme can be found [here](#) (Word).

Bookings are via email only to the CHCP Safeguarding Team at [chcp.safeguardingadultsgptraining@nhs.net](mailto:chcp.safeguardingadultsgptraining@nhs.net)

---

## **Rosalind Franklin Programme for Nurses in General Practice and Primary Care**

This is a ten month programme for nurses working in middle to senior level leadership positions in general practice and primary care settings. It aims to help shape nursing leaders' knowledge, skills, attitudes and behaviours to help them become outstanding leaders, and for primary care, to develop inclusive and compassionate nursing leaders working at all levels across the NHS to help improve patient care, people's health and their experiences of the NHS.

The time commitment is approximately 4-5 hours per week with 11.5 out of office days. The course is delivered through:

---



- Six online modules
- One day initial masterclass
- Three days of back to back workshops at the start of the programme
- One day celebration workshop at the end of the programme
- Four impact groups across the ten months
- 2 day residential masterclass
- Half day morning masterclass

The programme is fully funded as part of NHS England and NHS Improvement General Practice Nursing Ten Point Plan. Full details and application procedure can be found in the [course information document](#) (PDF).

---

## Migration Training Offer in Hull

Migration Yorkshire are currently delivering a training programme as part of their new AMIF funded project, Refugee Integration Yorkshire & Humber (RIYH). They are offering free training to key services across the region and health services such as GP surgeries are some of the key services which they are looking to target. They are particularly keen to arrange training in Hull.

The training is focussed on refugee integration and will look at a number of areas such as the reasons people seek asylum, asylum process and resettlement programmes, the refugee move-on period, challenges and barriers to integration. The training would normally last approximately a half day although this may be amended if needed.

If your practice would be interested in hosting some training in Hull please contact Kate Memluks at NHS Hull CCG in the first instance via email [kate.memluks@nhs.net](mailto:kate.memluks@nhs.net).

## PRACTICE MANAGEMENT

### Practice Manager Appraisals

A reminder that our new Practice Manager Appraisal Scheme is now available across our region, offering local Practice Managers a free peer to peer appraisal.

An appraisal with a trained Practice Manager Appraiser is an opportunity for reflection on the manager's work and approach, and to help identify areas for ongoing



improvement and development. Our appraisers are all experienced Practice Managers in the Humber area who have been recruited and trained for their freelance appraiser role.

If you would like to receive an appraisal from one of our trained Practice Manager Appraisers, please contact the Humberside LMCs team by email on [humbertside.lmcgroup@nhs.net](mailto:humbertside.lmcgroup@nhs.net).

---

## Cervical Screening – NHSX Site Visits

NHSX is committed to improving screening programmes. To do this, they need to understand the needs of people delivering cervical screening and where the problems are.

They are conducting site visits to locations across the UK (including practices and sexual health clinics), with an aim to learn about roles, responsibilities and observing how staff interact with IT systems. They are looking for a mixture of locations, sizes of practice and IT systems used. If you are interested in helping to improve screening please contact [digitalresearch@nhsx.nhs.uk](mailto:digitalresearch@nhsx.nhs.uk) to find out more.

## GUIDANCE & RESOURCES

### Primary Care Network Data Templates

NHS England has published a Data Sharing and Data Processing template for PCNs, jointly agreed with GPC England, which are available on the NHS England GP contract page (in the 'Network Contract Directed Enhanced Service' section).

Whilst the use of these templates is not mandatory, and PCNs remain free to enter into different forms of data sharing and data processing agreements, their aim is to help PCNs developing their data sharing and processing activities when delivering services under the Network Contract Directed Enhanced Service.

You can find the templates at <https://www.england.nhs.uk/gp/gp-fv/investment/gp-contract/> (scroll down to the **Network Contract Directed Enhanced Service** heading).

The BMA has also produced a version of the agreed template which expands on a number of areas with greater detail, along with guidance on the document. This

---

---

---

---

provides practices with a better idea of how they may wish to populate the template agreement, including proposed best practice when sharing and transferring data between partners within the network. Further information and a link to the BMA resources are available on the BMA web page [Creating and running primary care networks \(PCNs\)](#).

---

## GP Signposts for Yorkshire and the Humber

Recently added to the Yorkshire and the Humber Medical Appraisal website, [GP Signposts for Yorkshire and the Humber](#) is a resource pack providing a directory of services for GPs in need of support or help with career planning and development.

---

## Resilience Resources

The aim of the new GP Signposts directory (see previous item) is to supplement the [NHS England GP Career Support Pack](#) with further details of support, career opportunities and contacts. Topics include support with wellbeing; how the LMC can help; working as a commissioning lead; information on becoming a GP appraiser; and academic options.

The content will be reviewed and updated frequently and users are invited to suggest additional content or offer feedback. The NHS England GP Support Pack sets out the various types of support available throughout the career of a general practitioner in England. The guide focuses on support for GPs – not the practice or the wider system. View the pack [here](#).

The Career Support Pack is just one of a number of resources published by NHS England which are intended to support GPs. View the full set of resources at <https://www.england.nhs.uk/gp/gpfv/workforce/retaining-the-current-medical-workforce/making-general-practice-a-better-place-to-work/>.

---

## Implementing Social Prescribing in Primary Care Networks

Social prescribing link workers are one of the five additional roles being introduced into general practice through Primary Care Networks. [A reference guide to social prescribing](#), including a set of technical annexes, has been published that will support PCNs to set up and develop their schemes.

---



The guide includes information on working with partners, recruitment, supervision and learning, quality assurance and measuring impact. A collaborative platform for social prescribing supports shared learning, discussion and information sharing. To join the platform email [england.socialprescribing@nhs.net](mailto:england.socialprescribing@nhs.net).

As part of the introduction of social prescribing link workers into Primary Care Networks, a [learning support offer](#) has been developed. This includes a summary guide, details on training and support, measuring impact, and other resources.

The Department of Health and Social Care (DHSC) has produced [two short films](#) to highlight social prescribing in practice. The films feature Laura, a patient at Wideway Medical Centre in Surrey, her social prescribing link worker Ray Hautot and her GP, Dr Mohan Sekeram. Since introducing social prescribing, the practice has reported fewer GP appointments and attendances at A&E while patients' health and wellbeing scores improved.

---

## State Backed Indemnity Q&A

At the recent YORLMC conference Mark Sandford-Wood, Deputy Chair of the GPC at the BMA, responded to questions from attendees regarding the new state backed indemnity scheme for general practice. Download a summary of the questions and responses [here](#) (PDF).

---

## Humber, Coast and Vale Primary Care Strategy 2019-2024

The Humber, Coast and Vale Health and Care Partnership has published its final version of its primary care strategy covering 2019-2024, along with a set of accompanying slides.

[Download Primary Care Strategy](#) (Word)

[Download Primary Care Strategy slides](#) (PowerPoint)

---

## New Website for General Practice Nurses Launched

The website has been developed by community nursing charity The Queen's Nursing Institute (QNI), as part of one of the key deliverables of the GPN Ten Point Plan. Funded



by NHS England, the new website has been designed as an easily accessible online repository of educational and clinical resources for General Practice Nurses.

The aims of the website are to offer information to nurses interested in becoming a General Practice Nurse and provide an A-Z of clinical skills, with links for nurses who need quick access to contemporary information. It also offers educational resources for professional development. The clinical resources section will continue to be under development as new links and sources of information are added.

Visit the site at [www.gpnen.org.uk](http://www.gpnen.org.uk)

---

## Medicine Supply Issues Update for Primary and Secondary Care: August 2019

This is the regular bulletin produced by the Department of Health and Social Care (DHSC) Medicine Supply Team which provides an update on current primary and secondary care medicine supply issues they are working on.

This information is confidential to the NHS as it may be commercially sensitive; please do not upload to websites in the public domain. Please do share with relevant colleagues and networks.

[Download the August 2019 bulletin](#) (PDF)

---

## HRT Shortages - British Menopause Society Update

The British Menopause Society have published a helpful [update on current availability of HRT products](#) in the UK - including the following notes:

*There have been availability issues with many HRT products. Some of these are related to manufacturing shortages, while others are related to supply issues. The BMS has been reassured that these are temporary shortages which pharmaceutical companies and their suppliers are trying to resolve.*

*In the meantime, prescribers can consider equivalent preparations that provide a similar dose to what their patient is using. If an exact match is not possible, prescribers can seek guidance available on the practical prescribing chart on the [BMS](#)*

---



[website](#) and [Menopause Matters website](#), to clarify equivalent doses.

*Consideration could also be given to prescribing estrogen and progesterone separately to make the closest match or find a suitable alternative.*

*Different brands for the same medication may vary in appearance or excipients. However, they would provide equivalent amounts of hormones when used in similar doses.*

---

## Firearms Update

The BMA has agreed a [Memorandum of Understanding](#) (PDF) with the Home Office and the National Police Chiefs Council (NPCC) on the licensing of firearms, which addresses and clarifies the long-held concerns of GPs around liability, making it clear that the legal responsibility for judging whether someone is suitable to possess a firearm or shotgun certificate rests solely with the police.

A [blog](#) by Mark Sanford-Wood, GPC England Deputy Chair, outlines how the BMA are engaging with the Home Office, police chiefs, the RCGP and others to agree a consistent, funded and transparent approach to firearms licensing across the country.

---

## Active Practice Charter

Sport England and the Royal College of GPs have launched the Active Practice Charter, which is a new toolkit that aims to help GPs encourage physical activity and reduce sedentary behaviour in their patients and staff. Read more [here](#).

---

## Hepatitis Resources

Public Health England has produced some resources to raise awareness of hepatitis B and C, and to encourage GPs to refer infected patients for life-saving treatments.

[Eliminate hepatitis B and C resource summary](#) contains links to an online testing quiz, videos, posters, and banners in multiple languages. A GPC focus on hepatitis B immunisations can be found [here](#).

---



## CONSULTATIONS

### Humber Teaching NHS Foundation Trust Strategy

Humber Teaching NHS Foundation Trust is refreshing its strategy, which sets out the most important things to focus on in the coming years to ensure they deliver the best services possible.

They want to hear from as many people as possible that are affected by, or have an interest in, their services to identify key priorities to focus on.

If you were not able to attend any of the recent consultation events there is an opportunity to participate via an online survey, accessible through this link:

<https://www.surveymonkey.co.uk/r/HumberStrategyRefresh>

## GENERAL NEWS

### Sessional GP Blog

The newly elected chair of the BMA's sessional GPs committee Ben Molyneux has outlined his priorities - pensions, contracts and parity of esteem - in a blog. Read it [here](#).

---

### VWV PCN Survey Results

Law firm VWV have published the results of their recent survey of GP Practices concerning their thoughts on Primary Care Networks - you can read the report and recommendations [here](#).

---

### Personalised Health Checks

A new evidence-based review of the NHS Health Check has been announced today by the Secretary of State for Health in England. This review will explore the options for more targeted health checks taking age, risk factors and lifestyle into account. Read the full story [here](#).

---

## Patient Survey (England)

NHS England has published its latest [GP Patient Survey](#), which assesses patients' experiences of healthcare services provided by GP practices, including experience of access, making appointments, quality of care, use of care plans and experience of services when their GP practice is closed.



## The Humberside Group of Local Medical Committees Ltd

Albion House  
Albion Lane  
Willerby  
Hull  
HU10 6TS

01482 655111  
[humberside.lmcgroup@nhs.net](mailto:humberside.lmcgroup@nhs.net)  
[www.humbersidelmc.org.uk](http://www.humbersidelmc.org.uk)

Registered in England & Wales. Registered No. 8624868. The Humberside Group of Local Medical Committees Limited does not provide legal or financial advice and thereby excludes all liability howsoever arising in circumstances where any individual, person or entity has suffered any loss or damage arising from the use of information provided by The Humberside Group of Local Medical Committees Limited in circumstances where professional legal or financial advice ought reasonably to have been obtained. The Humberside Group of Local Medical Committees Limited provides representation, guidance and support to GPs and practices. The Humberside Group of Local Medical Committees Limited strongly advises individuals or practices to obtain independent legal/financial advice.

**@HumbersideLMC. Follow us for news and updates.**