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Items marked * in orange on the content list are highlighted either because of their importance or because they contain information you may not have seen elsewhere.

TRAINING, EVENTS & OPPORTUNITIES

Immunisation and Vaccinations Training Providers

Humberside LMCs will not be directly commissioning Immunisation and Vaccination training in 2020 as our focus is moving more towards the provision of GP and Practice manager resilience and the support of Primary Care Networks. We recognise that there is a need for Immunisation and Vaccination training and we have liaised with local partners to ensure this demand can still be met in our area. Whilst Humberside LMCs is not in a position to endorse specific alternate providers, and this is by no means an exhaustive list, we have provided some local contacts below for information:

Haxby Training: www.haxbygroup.co.uk/training-services/

Contact: Lisa Billingham - training@haxbygroup.co.uk

Just Jobs Ltd.

Contact: Di Coulthard - info@justjabs.com

Primary Care CPD Training: <http://primarycarecpdtraining.co.uk/>

Notts Primary Care Development Centre: <https://www.pcdc.org.uk/>

Guardian Angels Training: <https://www.guardianangelstraining.co.uk/>


Contact: hello@guardianangelstraining.co.uk

Vacscene Ltd: <http://www.vacscene.co.uk/index.html>

Contacts: Wendy Francis, wendy@vacscene.co.uk

Free Accredited Training for NHS Volunteers – Understanding the Health and Social Care Environment

NHS volunteers are encouraged to apply for the [Understanding the Health and Social Care Environment online training course](#), which is accredited by Certa. The course is split into three sections: about the stakeholders, about tools and methods for influencing health and social care and presenting your community issues to ensure maximum impact for positive change.



The next round of the course starts on 19 November 2019. The course ends with a full day of assessed presentations where participants have an opportunity to share the projects they have been working on as part of the course, gather practical advice on how to develop their work further and network. For more information about the course and how to apply email england.ppve-learning@nhs.net

Practice Index Free Online Training

Practice Index Ltd is a training provider which supports practice managers at medical practices throughout the UK. They have added a number of free online study courses recently:

- How to reduce Did Not Attends
- Mental Health in the Workplace
- Moving and Handling (Non Clinical)

To access the free training your practice needs to register for the learning hub at <https://hub.practiceindex.co.uk/pi/register>.

Hull York Medical School CPD Courses

The following courses are available from Hull York Medical School. Visit each course's booking link for full details and to book a place.

Dermatology Update

Wednesday 30th October, 10:00-16:45

Loxley Building, University of Hull

Skin problems are one of the most commonly encountered areas in British general practice and can be as challenging to manage as they can be satisfying. This comprehensive one day course, suitable for GPs, nurse practitioners and other advanced practitioners working in primary care, led by local dermatology specialists, will advise and update on the most commonly encountered dermatological conditions. Using a mixture of presentation and case-based discussion it will increase knowledge and confidence for primary care clinicians in how to diagnose and manage the wide variety of skin complaints that present in general practice.

Further details and bookings: <https://store.york.ac.uk/product-catalogue/hull-york-medical-school/hyms-short-courses/dermatology-update-2019>

Confidence with Hand and Wrist Injections

Wednesday 20th November 2019, 13:30-17:00

Loxley Building, Hull University

Musculoskeletal problems of the hand and wrist are frequently seen and sometimes confusing. In this half day course you go back into the Anatomy Department to look at the commonly encountered conditions, de-mystify their diagnosis and management before focusing on injection skills. Led by a GPwSI and 2 experienced extended scope practitioners, the course provides access to prepared prosections which will help to refresh knowledge and understanding of anatomy as well as allowing useful rehearsal of injection skills.

Further details and bookings: <https://store.york.ac.uk/product-catalogue/hull-york-medical-school/hyms-short-courses/confidence-with-hand-and-wrist-injections-hull>

The GP Update Course

Saturday 30th November 2019, 10:00-16:00

Scarborough Spa, South Bay, Scarborough

After several years hosting the RCGP-accredited Red Whale GP Updates in Hull and York, HYMS is pleased to announce that the next course will be in Scarborough on Saturday 30th November. This will take place in a scenic location on Scarborough seafront between 10am and 4pm. Due to the support from Scarborough & Ryedale CCG, clinicians from this area can attend at the greatly reduced rate of £110. Clinicians from other areas are also welcome to attend and benefit from a considerably lower rate (£160) compared with the equivalent national course. Further discount is available for HYMS graduates, clinical tutors, GPSTs, practice nurses and advanced clinical practitioners - more detail is available on the website.

Further details and bookings: <https://store.york.ac.uk/product-catalogue/hull-york-medical-school/hyms-short-courses/gp-update-course-scarborough>

Medically unexplained symptoms in primary care - a practical guide

Wednesday 29th January 2020

HYMS Building, York University

This full day workshop will be led by Dr Stella Morris, consultant liaison psychiatrist alongside several other members of the team at the Department of psychological medicine at Hull Royal Infirmary. It aims provide GPs and GP registrars an opportunity to reflect on their experiences in dealing with patients who have MUS. It will include communication and management strategies which give clinicians the tools and

confidence to help their patients (and themselves) deal with chronic symptoms for which there is no identifiable organic cause.

Further details and bookings: <https://store.york.ac.uk/product-catalogue/hull-york-medical-school/hyms-short-courses/managing-medically-unexplained-symptoms-in-primary-care-a-practical-guide-york>

An Introduction to Mindfulness

Thursday 19th 2020 March, 10:00-16:30

Hollies Park, Weetwood, between Headingley and Adel, Leeds

In recent years, mindfulness practice has been increasingly employed to alleviate a variety of mental and physical conditions. There is an increasing evidence base for its benefits. This 1 day course, facilitated by a Clinical Psychologist, CBT Therapist and mindfulness teacher is specifically designed for primary care health professionals who wish to use mindfulness for their own personal benefit and to raise awareness of it as a potential support for patients.

Further details and bookings: <https://store.york.ac.uk/product-catalogue/hull-york-medical-school/hyms-short-courses/introduction-to-mindfulness>


Sexual and Reproductive Healthcare Course

The SRH Essentials Course is aimed specifically at healthcare practitioners working in primary care settings. It provides an interactive day with scenario based learning, presentations, time for discussion, questions and role play. It is relevant for those needing an introduction to SRH and also provides a useful update for more experienced staff. These courses are delivered in a variety of locations across the UK, with forthcoming dates in Sheffield, Wakefield, Airedale and Harrogate. SRH Essentials is not a competency based course and it is not assessed.

At the end of the course, you will be able to:

- Develop the skills and confidence to consult with patients about their sexual and reproductive healthcare needs
- Recommend an appropriate method of emergency contraception
- Review the COC, POP and injection contraceptive methods
- Carry out sexual health risk assessments
- Identify when patients are at risk of STIs

The course is suitable for GPs, nurses, Physician Associates, Paramedics, Pharmacists, and other healthcare professionals working in primary care.



For details including course dates and locations visit
<https://www.fsrh.org/education-and-training/srh-essentials>.

Online Consultations Event

Engage Consult/NHS England Online Consultations Event
Wednesday 30th October 2019, 11:30-14:00
Hallmark Hotel, Ferriby High Road, North Ferriby HU14 3LG

The Humber Coast and Vale Partnership are putting on an event for Practices who are not currently using Online Consultations. The event is aimed at Practice Managers or their representatives

The event will have presentations from Engage Consult, NHSE National Team and identified best practice from within the area and give a live demonstration of the system


Online Consultations become contractual for practices from 1 April 2019. The HCV STP has purchased free licences from Engage Consult for practices which includes the offer of Project Management Support until March 2021. Deploying early will allow practices the opportunity to deploy and understand how to use online consultations effectively for your patient demographics before this becomes contractual. The event is followed by lunch to allow for networking

Further details can be viewed on the [event flyer](#). Places are limited so if you are interested please email Rob Bulmer at robert.bulmer@nhs.net.

Humberside LMC Roadshows

Please note that our roadshow event on **Wednesday 13 November 2019 at the Humber Royal Hotel, Grimsby** has been cancelled due to low numbers. Apologies for any inconvenience caused.

Our roadshow on **Tuesday 11 February 2020 at KCOM Stadium, Hull** is still going ahead and you can book places via the booking link – click on the image below.





Humberside LMC Roadshow - North Bank

Tuesday 11th February 2020

17:30-20:00

KCOM Stadium, West Park, Hull HU3 6HU

A free event for GPs and practice teams to hear the latest updates, highlight issues and engage with the LMC.

Agenda:

17:30 Arrival

17:30-18:30 Time for networking including:

- **Free equipment check** - bring your blood pressure monitor and thermometer to be professionally checked and recalibrated
- **LMC surgery** - bring your queries for LMC officers to help you with

18:30-19:00 Buffet

19:00-19:30 GPC Update - topics include PCN Update, Digital Services, NHS Pensions - Dr Krishna Kasaraneni, GPC Executive Team

19:30-20:00 Primary Care Workforce Update - topics include Humber Coast and Vale workforce strategy, New models of care, additional PCN roles - Professor Dominic Patterson, Health Education England - GP Director and Acting Dean, Vice-chair, COGPED

20:00 Close

This event provides 2 hours CPD and certificates will be issued afterwards.

GPS, practice managers and all practice staff are welcome to attend. These events are free to attend but places must be booked in advance online.

Book your place:


www.fourteenfish.com/events/9268

BMA Law Conference – Supporting General Practice

Thursday 31st October 2019, 09:30-15:00

BMA House, Tavistock Square, London WC1H 9JP

This is a free one day event to support you in the running of your practice, allowing you to meet expert lawyers and ask questions on the pressing legal issues facing you today.



The conference is open to GPs and practice staff. Space is limited and if the event is oversubscribed places will be allocated on a first come first served basis.

Register for the event at <http://bmalaw.co.uk/bma-conference-register-now/>

PRACTICE MANAGEMENT

Planning for Flu Season

The annual flu letter published in March 2019 sets out which adults and children are eligible for vaccination through the 2019/20 national flu immunisation programme, see [here](#).

NHS England advise that most flu vaccine manufacturers/suppliers are now commencing delivery and within the normal timescales. While it is the manufacturers' responsibility to keep practices updated on this delivery schedule, practices are urged to contact their relevant manufacturer/supplier if you have not already heard from them to confirm delivery dates as soon as possible to help scheduling of appointments at a time when vaccine becomes available. This will ensure effective delivery of the flu immunisation programme for all those registered.

A [notification has been issued to all practices](#) by NHS England regarding the recording of vaccines administered by community pharmacists. It stresses that practices, if they have not already done so, need to provide a preferred secure email address to receive FHIR/MESH messages regarding flu notifications and explains how to do this.

Indemnifying Flu Vaccines for Staff

Following the decision by the Department of Health and Social Care and NHS Resolution that CNSGP will not cover practices who vaccinate their own staff against flu, the GPC have been in discussions with the Medical Defence Organisations on the matter. They have all provided reassurance that all current members will be indemnified through them for this activity. If you are in any doubt about any of your indemnity arrangements you should contact your MDO who will be able to guide you.

Immunisations for Older Children/Young Adults



Key changes were introduced as part of this year's GP contract to support vaccinations for older children and young adults through their practice:

1. HPV vaccine for girls/women: Extension to upper age limit from 18 to 24 years of age (inclusive) for girls and women that haven't been vaccinated or completed the course in the school aged programme.
2. MenACWY completing dose cohort eligibility clarification: It's now 14 to 23 years (inclusive) on 1 September 2010 (previously 1 April 2012). The enhanced service for MenACWY freshers remains unchanged.
3. A new MMR catch up programme for 10/11 year olds with robust call/ recall expectations set out [here](#) (pages 93/94): . A resource leaflet is also available for practices [here](#).
4. MMR immunisation for 16 years and over for those that have no record or incomplete vaccination, remains unchanged. MMR for children under the age of 16 years is still funded through global sum.

All the current clinical system suppliers (EMIS, TPP, Vision and Microtest) offer functionality to practices which enables clinical and practice support staff to identify which patients have received the combined MMR vaccination, either via a flag or built in reports (as part of targeted payments). This also includes the reverse to provide a list of those who haven't had the vaccination. Information can be added to notes/ prompts so admin/clinical/support staff can see who needs to be recalled, which can be done in bulk, with the relevant groups, including through text message.

More information on the GP contract can be found [here](#).

Premises Issues Update

Practices affected by issues with CHP and NHSPS will be interested in the latest update regarding work being done at national level to address these matters.

In summary, the BMA has asked NHS Property Services for an urgent response to concerns over the worrying rise in service charges faced by GP practices. Failing this, legal action will be considered. BMA lawyers have set out in detail the reasons why it believes NHSPS is acting unlawfully in a letter of claim. If no satisfactory response is received, the BMA says it intends to take NHSPS to court. The BMA are currently engaging in the 'alternative dispute resolution' process proposed by NHSPS's lawyers.

The BMA has a dedicated area on their website [Support with Community Health Partnership \(CHP\) and NHS Property Service issues \(NHS PS\)](#) which practices may find useful.

BMA guidance is clear that practices should engage with NHSPS, identify areas where there is a dispute and pay undisputed amounts. Practices should not be forced into any agreement which places the viability of the practice at risk and solutions must be sustainable. Practices should be mindful that the BMA are proceeding with legal action to address historical charges and should ensure that in reaching any agreement independently of this they do not put themselves at risk of any future liability or compromise their future position.

We are happy to provide advice and support to practices facing issues with premises. Practices can contact us on 01482 655111 or email humberside.lmcgroup@nhs.net.

GUIDANCE & RESOURCES

Implementing Social Prescribing in PCNs

Social prescribing link workers are one of the five additional roles being introduced into general practice through PCNs. A [reference guide to social prescribing](#), including a set of technical annexes, has been published that will support PCNs to set up and develop their schemes.

The guide includes information on working with partners, recruitment, supervision and learning, quality assurance and measuring impact. A collaborative platform for social prescribing supports shared learning, discussion and information sharing. To join the platform email england.socialprescribing@nhs.net

New GP Connect Guidance Available

Interested in using GP Connect and looking for information on where to start and what the approvals process looks like? NHS Digital's GP Connect programme team has provided new guidance for potential users. Please visit [GP Connect](#).

Toolkit to Improve Care for People with Neurological Conditions



NHS experts have joined forces with seven leading charities to produce [a toolkit](#) that will [improve services for people with conditions including Multiple Sclerosis, Motor Neurone Disease and Parkinson's](#).

The toolkit will help local health groups to deliver faster diagnosis and treatment for progressive neurological conditions by rolling out fast-tracked blood tests, better coordinated care, consultant appointments over Skype for those who want them and improved access to specialist physical and mental health care.

People who are living with these conditions will also be supported to better understand and manage their symptoms at home and take a more active role in making decisions about the treatment they receive. Up to 2,500 emergency admissions to hospital a year could be avoided as a result, with up to £10 million freed up to fund improved services.

Resilience Resources for GPs and Practice Managers

We have recently added [a new Resilience Resources section to our website](#) to bring together a number of materials to support GPs and practice managers with health, retention, and support in their careers. We will add to this as more resources become available.

Resources available so far include:


- Making General Practice a Great Place to Work - A Practical Toolkit to Improve the Retention of GPs
- National GP Retention Scheme
- NHS GP Health Service
- GP Career Support Pack
- GP Signposts for Yorkshire and the Humber

You can find our new webpage at

<https://www.humbersidelmc.org.uk/resiliencegpsandpracticemanagers>.

Additional Roles Reimbursement Guidance

NHS England has published the joint guidance on the [Additional Roles Reimbursement Scheme \(ARRS\)](#) that will commence in April 2020. This guidance includes the process by which Primary Care Networks can claim reimbursement for additional staff. The



Additional Roles Reimbursement Scheme entitles PCNs to access funding to support recruitment across five reimbursable roles: clinical pharmacists, social prescribing link workers, physician associates, physiotherapists, and paramedics.

Data Sharing Agreement for PCNs

NHS England and the GPC England have agreed on a non-mandatory, high-level data sharing template for use by PCNs. To make things simpler for practices, the BMA has also produced a version of the agreed template which expands on a number of areas with greater detail, along with guidance on the document. This provides practices with a better idea of how they may wish to populate the template agreement, including proposed best practice when sharing and transferring data between partners within the network.

Further information and a link to the BMA resources are available on the BMA web page [here](#).

Medicine Supply Issues Update September 2019


The latest supply issues update has been published by the Department of Health and Social Care. Please note the information is confidential to the NHS; please do not upload to websites in the public domain. Please do share with relevant colleagues and networks.

[Download Medicine Supply Issues Update September 2019.](#)

Supporting the Development of Social Prescribing Link Workers in PCNs

NHS England has published a welcome and induction pack for social prescribing link workers in PCNs. It is designed to be read online and includes interactive content, although it can be downloaded. There is an accompanying social prescribing leaflet for reception staff to give to patients who are referred to their link worker. Click [here](#) for these resources.

There is also a series of webinars for link workers and others within primary care, focussing on the key approaches to effective social prescribing. Dates are still available



from October-December; more information [here](#). To join the social prescribing online collaborative platform, please email england.socialprescribing@nhs.net.

Managing Medicines for Adults Receiving Social Care in the Community

[The Royal College of General Practitioners](#) and the [Royal Pharmaceutical Society](#) have launched 'Top tips for managing medicines for adults receiving social care in the community'. The guide, for GPs and pharmacists, draws on the National Institute for Health and Care Excellence's (NICE) [guideline](#) and [quality standard](#) on managing medicines in the community. Areas covered include shared decision-making, the inclusion of care at home providers, needs assessment and recording. The resource is part of [Involved and informed: good community medicines support](#), a collaboration between NICE and partner organisations.

Firearms Licensing


The BMA have published a one-sheet [flowchart on firearms licensing](#) that is intended as a helpful guide for GPs and police authorities to follow through the various stages of the licensing process. You can access more information from the BMA on the firearms licensing process on their [GP Support Guide](#).

CONSULTATIONS

Public Health Apprenticeships: Community-Centred Roles

The government is seeking the views of employers and front-line workers to inform the development of a public health apprenticeship for community-centred roles. Public Health England is exploring the employer demand for an advanced level apprenticeship (level 3, see [academic levels](#)) for community-centred roles (such as social prescribers, link workers, community connectors, health trainers, and other similar roles).

This consultation aims to:

- better understand and articulate the duties and capabilities of people in community-centred roles
 - determine how these workers are currently being trained and developed to
-
- 

discharge these duties

- establish the extent of employer need and commitment to an apprenticeship standard at level 3 for this workforce

Read more and respond to the consultation at

<https://www.gov.uk/government/consultations/public-health-apprenticeships-community-centred-roles>. The consultation closes on 1st November 2019.

GENERAL NEWS

Information for Doctors if There's a No Deal Brexit

The BMA has created a new resource to respond to questions about what a 'no deal' Brexit could mean for Doctors, both individually and professionally. The new resource, ['Information for doctors if there is a no deal Brexit'](#) aims to answer the questions arising in the event of a no deal on the following issues:


- Immigration
- Professional qualifications
- Employing EEA staff
- Access to medicines
- Access to healthcare in the UK and EU
- Medical research
- Local no deal preparations

The information for patients on [nhs.uk](https://www.nhs.uk) around continuity of medicines supply if there is a no-deal EU exit has also been updated.

Veteran Friendly GP Practices Accreditation

Evidence shows that GPs are unsure of how many ex-forces are registered with their practices, and want more guidance on how to meet the health needs of this patient group. To help address this issue, RCGP and NHS England have developed the 'veteran friendly' practice accreditation.

Being accredited means that a practice can better identify and treat veterans, and refer them, where appropriate, to dedicated services. Accredited practices are provided with an information pack which helps increase their understanding of the health needs of



veterans and services available to them.

Practices can request accreditation directly through RCGP website, on the Veteran friendly GP practices page (<https://www.rcgp.org.uk/clinical-and-research/resources/a-to-z-clinical-resources/veteran-friendly-gp-practices.aspx>). For information, email veterans@rcgp.org.uk

Prescribing Review

Public Health England (PHE) has published the first-ever evidence review of dependence and withdrawal problems associated with five commonly prescribed classes of medicines in England:

- benzodiazepines (mostly prescribed for anxiety)
- z-drugs (sleeping tablets with effects similar to benzodiazepines)
- gabapentin and pregabalin (together called gabapentinoids and used to treat epilepsy, neuropathic pain and, in the case of pregabalin, anxiety)
- opioids for chronic non-cancer pain
- antidepressants

The review assessed the scale and distribution of prescribed medicines making recommendations for better monitoring, treatment and support for patients. Further information and the full review can be found [here](#).

Inability to Log On to Access the Total Reward Statement

Where members have changed their name for work purposes but have retained a former name for pension records access to the [Gov.UK Verify portal](#) is restricted as it does not link the two names. Individuals affected by this should contact NHS England (england.pensionescalations@nhs.net) who will support them in resolving their issue, which may include the submission of the marriage certificate to NHS Pensions.



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